



Summer Magazine

2011 EDITION

SUMMER'S here DON'T WASTE IT!



Thanks to all those students who contributed designs for the front cover.

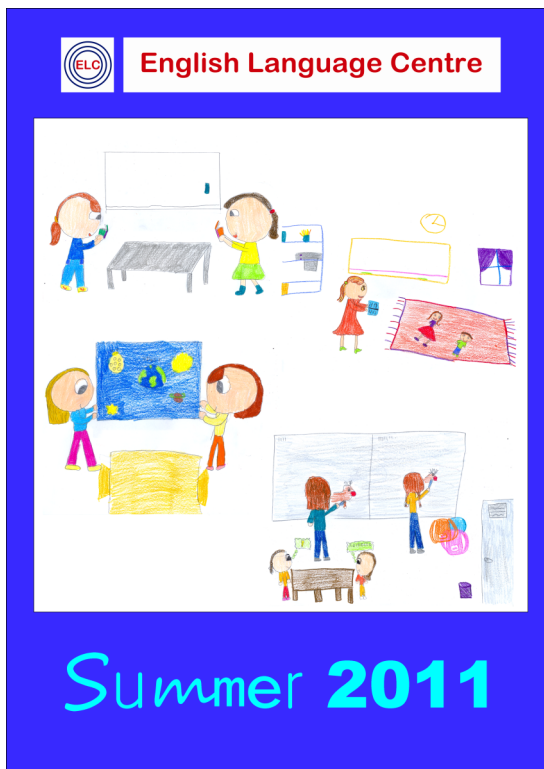
Here are the other entries :



Ines Saraiva, TA2



Lara Ventura, TA2



The K3 Class



Matilde Guiomar, TB1-2

Cover design: Miguel Guiomar (TB1-1)

Typesetting: Emily Davies

Welcome to ELC's Summer Magazine 2011!

Many thanks indeed to all students who have contributed; it makes for a fabulous read! From our younger learners in Level K2 up to teenage and adult students in Level C2, we can see the progression of both language and writing skills. Enjoy the read; news about Cascais, film, book and restaurant reviews, opinions about competition and cooperation and much more. Well done to Miguel Guiomar who designed the winning front cover. And congratulations also to all our Students of the Month! We are very pleased to acknowledge all your dedication, hard work and progress.



This June we are sorry to say goodbye to two great teachers.

Martin Jones and his family are going to Turkey and Emily Davies is leaving to teach in a school in Zimbabwe. Both will certainly be missed and we all wish them all the best for the future!

Don't forget, we have *Summer School* in July and August:

Fun Young Learner Courses 15 hours per week (10.00 – 13.00 each day);

Special fees for private One-to-One Courses;

Adult Conversation Courses 4 hours per week (19.00 – 21.00)

Just call or send an e-mail for more details. Book your place as soon as possible!

Have a great summer!

All the best,

A handwritten signature in black ink that reads "Caroline Darling". The signature is written in a cursive, flowing style.

91 6060 170 / caroline.darling@elc-cascais.com

ELC Teaching Staff 2010 – 2011

Caroline Door

Sofia Brito

Gerry Aldridge

Martin Jones

Jeremy Cowling

Emily Davies

Neil Rush

Nick Strutt

Tony Winn

Vicki Goulding

In conversation with...

ARTUR
BRUEL



Tell me a little about yourself.

I'm from Brazil, and I'm going to turn 17 this week. I live here in Portugal for eight years and I love Portugal and Cascais, it reminds me Rio de Janeiro and is the part of Portugal I most like.

When did you start studying at ELC?

Er... I was in my eighth year... four years ago!

Why did you come to ELC?

Well, I needed to improve my English, because I want to study at a university, United Kingdom or United States. I think I'm going to NYU, New York University, to Cinema. Today we need to speak English. I have already studied in a British school and I always have English but I need to improve more, to have a place where I could talk English, to practise, and, well, to talk fluently.

What do you like most about studying here at ELC?

Well, I like to study here because we don't have big classes and we are friends, so we are talking at the same time as we are learning. I don't feel like I am in a class studying – we are practising English, we are talking, and we learn at the same time, and that's great.

Since you started, what areas do you feel you have made the most progress in?

Oh, well, I have to be honest – talking! I was really shy, now I have more confidence, so it's the part I think I am most improved in.

Why did you decide to take the FCE exam?

I think it's great to have it on my CV. Also, I have to do my English exams when I go to university in England or America, so I want to practise before, to see how it is. Of course, I want to say, I don't just want to do the First Certificate, I want to improve so I will love to go to upper levels, to move on.

What advice would you give to younger students?

I think that first of all, first day of class, don't have to be shy, don't think that you are going to school. It's more fun here! We are in a class but you are going to make new friends, not just study. I think that we don't need to make this hard work, so I think we have to be as if we were in a country where the official language was English.

Thank you Artur!

Teacher: Gerry Aldridge

Interviewer: Emily Davies

In conversation with...

RICARDO
GONÇALVES



So, tell me about yourself.

I was born in Lisbon but I have been living in Cascais for 12 years. I love it here. I am 24 years old. Currently, I am working full time helping disabled people.

When did you start studying at ELC?

I have been studying here at ELC for 2 years now.

Why did you start studying here?

I wanted to study English because I want to get a job in the Energy saving industry and knowing English is very important. In particular, I need a good knowledge of technical English.

What do you like about studying here?

I love everything! I really like studying grammar and getting to talk to native English speakers. The atmosphere at ELC is fantastic and all the teachers are so friendly. I feel relaxed and confident to speak English. I also like that the classes are not too big and that we can always ask questions if we are unsure of something.

Why are you studying for the PET exam?

This qualification is essential if I want to have a career in the Energy saving industry.

What areas do you feel you have made most progress in?

Everything! Especially my speaking. I feel much more confident now when I speak English. I have also found that I hear English better and understand a lot more.

How do you think English will help you in the future?

It will help me to find a new job! But also, I can now go to England and meet new people.

What advice would you give to younger students?

Come here! You will improve your English so quickly! One of my friends came here, hardly knowing any English and in such a short space of time he improved so quickly! It's great here and I love it!

Thank you Ricardo!

Teacher: Nick Strutt

Interviewer: Vicki Goulding



In conversation with...

MARIANA
JULIÃO

Where are you from / How old are you / Which school do you go to?

I'm from Cascais, Portugal. I'm 14 years old and I go to Salesianas, Cascais.

When did you start studying at ELC?

I think I started at ELC when I was 11 years old, I think is in my fifth year here. My first teacher here at ELC was Caroline Darling and there were I think 2 or 3 other students in the class. I'm now in TB1 second year.

Why did you start studying here?

First I was with The British Council but then they went to Parede and ELC was close and it was easier for me to start here rather than going all the way to Parede.

What do you like about studying here?

I like studying in ELC because the teachers allow me to make mistakes and now I have no fear to speak even if I make a mistake. Also, the classes are different here than in school and we do a lot of different things in class. I like that the class size is small because you get more attention from the teacher, this may not be possible if the class is very big.

What areas do you feel you have made most progress in?

I think I have made a lot of progress with my speaking and also my writing. When I listen to English it sounds very good to me. But I like to read and read as much as I can.

How do you think English will help you in the future?

I think English is the most important language in the world, everyone knows it. If you want to study abroad you will have to speak English. I think English is very important for the future, for science and other things. I might go for science or be a doctor in the future and I will need to know how to speak English.

What advice would you give to younger students?

I would say to them to not be afraid to make mistakes and to express yourself as much as possible.

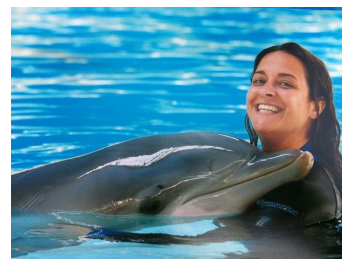
Thank you Mariana!

Teacher: Vicki Goulding

Interviewer: Neil Rush

In conversation with...

FRANCISCA
SAMPOL



So, tell me about yourself.

I'm from Majorca (a beautiful island!) in Spain and I'm a doctor.

When did you start studying at ELC?

I started private lessons in February this year.

Why did you start studying here?

Because I want to learn English alone; I need to remember all the things I studied in the past and with a group it's difficult.

What do you like about studying here?

I like the classes because they're not boring! And I'm interested to continue this type of class. I feel I am learning, maybe slowly, but I am remembering lots of things from before and that's good.

What areas do you feel you have made most progress in?

I understand more things. For me it's good when I speak with another person and now they understand me. Now when I speak, I can change the verbs (tenses).

How do you think English will help you in the future?

It's necessary for my job. English is the language of the moment (before it was Spanish!); I need to communicate with other people.

Thank you Francisca!

Interviewer and teacher: Emily Davies



My name is Laura.
 I'm six I've got one sister I haven't got brothers.
 I've got brown eyes brown hair and a small mouth I've got a dog. My favourite toy is a doll
 My favourite food is ice cream.



my name is Rodrigo. I'm five
 I've got one sisters
 I haven't got brothers
 I've got dog
 My favourite toy is a dog.
 My favourite food is ice cream



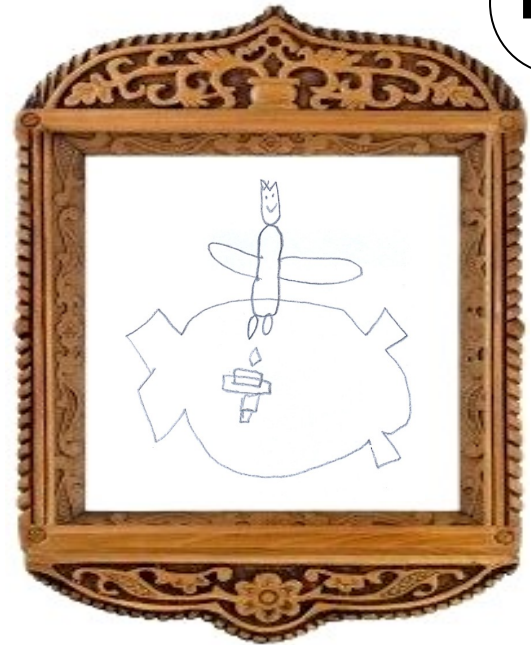
My name is Sebastian, I'm seven, I haven't got sisters, I've got two brothers, I've got brown eyes, brown hair and a small mouth, I haven't got a pet
 My favourite toy is a train, My favourite food is ice cream and chocolate.



MY NAME IS ALEX AND I'M SEVEN
 I've got one brother
 EYES BROWN
 HAIR BROWN
 MOUTH SPREAD
 MY FAVOURITE TOY IS A TRAIN
 MY FAVOURITE FOOD IS RICE PUDDING



My name is Praxuel I'm seven
 I've got one sister. I haven't got brothers.
 I've got brown eyes, blonde hair and a small
 mouth. I've got a dog. My favourite toy is a
 dog. My favourite food is ice cream.



My name is Afonso Jr. I'm six.
 I haven't got sisters.
 I haven't got brothers.
 I've got ice cream.
 My favourite food is ice cream.
 My favourite toy is a beysblade.



My name is Filipa I'm
 seven, I haven't got sisters,
 I haven't got brothers, I've
 got green eyes, brown hair
 and a small mouth I've
 got three dogs my favourite
 toy is a doll my favourite
 food is pizza.



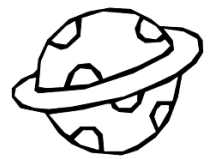
Dear mum,
 I am on Planet Lata
 I find an alien called Xoxaflé.
 The alien eats lemons.
 There are one hundred
 green aliens
 The aliens wear dresses
 Love Catarina Solipa

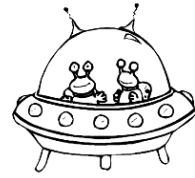


Dear Maria,
 I'm on Marcoion Planet!
 It's very big.
 There are some fat green
 aliens.
 They've got fat mouths.
 They've got orange hair.
 It's sunny and cold.
 Love Leonor



Dear mum and dad.
 I am on a new planet.
 This planet is fantastic.
 I met four aliens. They've got two
 eyes, three legs, four arms, and
 one mouth. The aliens are very
 nice. The name of the planet is
 Planet 10.
 I can jump 20m and swim in the
 air.
 Love Mariana Marinho.





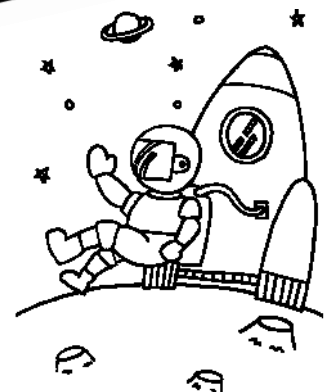
Dear Diogo,
 I am on Wakabu Planet.
 The aliens have got four eyes, two
 noses, five mouths, one arm and six
 legs.
 The aliens eat rocks. I meet one alien
 called Bibacatua.
 There are five moons and six suns.
 The aliens travel by swimming in space
 And I see the Earth is very small.
 It's fun to swim in space.
 The new planet is very cool.

Love Matilde



Dear mum and dad
 I went to a new planet. It is cool.
 I met the k326, he is an alien and he's
 got: five eyes, six arms and four legs.
 The name of the planet is Bacão. Me
 and K326 play basketball, but he is
 always the winner.
 After, I am going to eat spaghetti and
 chicken.

The plants are fantastics, but I can't
 see the moon.
 K326 and I have fun.
 K326 doesn't wear clothes.
 I will come back tomorrow.
 Love Mariana Jerónimo





This is Batatolas. She's got the big teeth, and big mouth.

Hello, I've got seven legs, big neck, small hands, very big jersey, small face, very big three teeth and three ears.

Madalena Martins

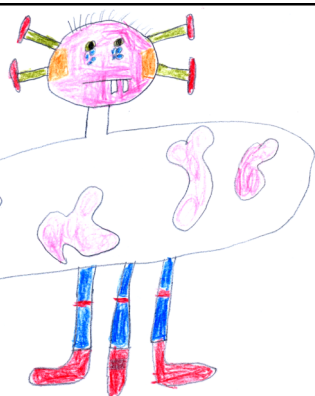


This is Janssay. She's got big eyes, big teeth, red face, small arms, blue tummy, brown skirt and many coloured boots with flowers.

Ana Pimenta

Hello, my name is João and my clown is Jony. He's got long and dark hair. He's got a very, very big red nose and two very big ears. He's got two small and green eyes, one small pink mouth and a purple face. He's got a green and white shirt. This shirt has got a football. He's got a purple hands. He's got orange hairy legs and two big feet. He's got coloured toe nails. He's a very good clown.

João Dias



This is Chiro.

He's got short and dark hair. Chiro's got two teeth, he is a cow and a monster, he loves games, he's got green eyes and four green and red ears. He's sad. He doesn't got a tummy, the tummy is a tummy of a cow but is not a tummy. He's got three legs, he got red boots and red and blue jeans.

João Paulo Pereira

This is Maria.

She's got big eyes and the mouth is very very big. The hands is yellow. The head is very, very, very big. She's got red hair. She's got a tummy. The neck of Maria is very, very, very tiny. She's hasn't got friends because she doesn't live in the house and she hasn't got family.

Mariana Antunes



Cascais

What is in Cascais ? In Cascais there's a Train Velho, some restaurants, a McDonald's...

My favorite place in Cascais is a restaurant TAJ MAHAL because it's got very good food. The food is Indian and my favorite food is a chicken tikah massahla.



Amrit Atwal



In Cascais there is a supermarket, a Train Velho, there are some beaches, some cars, some people, Fnac, McDonalds, tourist information .

Our favorite place is Train Velho because it's got very good burgers. Our favorite burger is the special burger. It's got bread, meat, cheese, lettuce, tomato, and meat.

Rodrigo Martinho and Daniel Saraiva



My favorite place in Cascais is the hairdresser, because they brush and curls my hair.

And, the pet shop too because I stroke animals and buy it. It's lovely.

And finally the cinema, because I watch movies.

In Cascais there is a cinema, a pet shop, a hospital, a beach, a hairdresser, a sweet shop, a supermarket, etc.

I love living in Cascais.

Catarina Salvador

My favorite places in Cascais are McDonalds because it has very good hamburgers and the bakers because they make very good cakes, cookies and bread. And also in Cascais there is a pet shop, Fnac, a cinema and Jumbo.



Claudia Fernandes



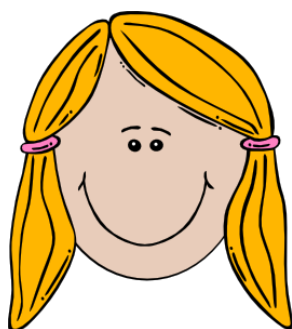
My Daily Routine

I get up at 7:30.
 I eat breakfast at 7:40. I usually eat cereal and milk.
 I go to school at 8:00. By car.
 I eat lunch at 12:00. I usually fish and chips.
 After school I do my homework.
 I'm play computer.
 My favourite dinner is lasagne.
 This is my day.
 I love my day!

Julia Teixeira Florêncio

I get up at 7:30.
 I eat breakfast at 7:45, I usually eat cereal.
 I go to school at 8:25 by car.
 I eat lunch at 12:30, usually I eat fish.
 I finish school at 16:15 / 17:00
 After school I play computer , Nintendo Ds and eat a snack.
 Then is diner is soup and finally is I get up I a bad.

Sofia Alice Ferreira Largo



I get up at half past seven.
 I have breakfast at quarter to eight. Sometimes I eat toast and milk.
 I go to school at ten past eight. Our school starts at twenty a ten past eight and it ends at quarter to four.
 In the afternoon, I do homework, I go to ELC, I go swimming and music school.
 I eat dinner my favourite dinner is hamburger, salad and chips. Finally I go to bed at ten o'clock.

Teresa Duarte da Costa Seco

I get up at twenty minutes past seven. I have breakfast at a ten minutes to eight. I never eat chesses for breakfast. I sometimes eat cereals with yogurt for breakfast. I wash my face.
 I go to school at a quarter past eight. I love school! I love reading, writing, learn in the school! In the afternoon, I play computer games, do homework, play volleyball, listening to music, I do lots of things. I have a shower at half past seven! I often watch TV in the house! I lovely watch TV. I have dinner at eight o'clock.
 I love food my mother! After dinner I play psp 3 and move.
 I go to the bed at ten o'clock. In my bedroom I read. On Saturday and Sunday I play lot and watch films with my brother and my sister.
 This is my Daily Routine!

Joana Rodrigues



**Colégio
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Recipe: Areia Biscuits**Ingredients:**

300g SR flour
200g margarine
100g sugar

Instructions:

- 1-knead very well
- 2-Put in a hot oven until golden
- 3-While hot dust with sugar and cinnamon
- 4-Afterwards eat them!

Andreia Leitão

Ayrton Senna was a very good f1 driver.

Was a gret driver.He likes the F1 car

Ayrton Senna had brow hair.Ayrton Senna was live in the brazil and kill in the Bologna in the Italy.Ayrton senna work the Williams Renault.

Im like to watch races live.i want to go to the Monaco grand prix. I did a go kart race. I like races but I'm not very good yet.

**Vasco Correia**

I like rock band , my favourite band is “xutos e pontapes”, in ingles name is kicks and kicks, Is a very good band, is the best Portuguese band.

I like “xutos e pontapes” because I “love” kalo, Kalo is a very very good drummer.

In the concert I saw some people.

**Tomás Pereira**

Rihanna is a good singer.

Rihanna is from Baebados.

She has red hair.

She has brown eyes.

She has very beautiful.

She has no married.

I think how old is 30.

She has 1º single of 2008.

She is tall.

John Mayer is a good

singer. John Mayer has

brown hair and his eyes ar

blue. He plays guitar and

sings. His best song is Free

Falling. He's from America.

He is beautiful. He isn't

married and he is old. He is

medium tall.

Leonor Martins**Carlota Vasconcellos**

pápá bébé

Aceitam-se marcações.

BARBEARIA

Centro Comercial Estoril Garden
Av. Aida, loja 413 (junto ao Casino)
2765-187 Estoril
Tel: 214 676 542
Tlm: 962 428 210

How did you do?






Rua da Palmeira 5, 1A/B, Cascais






Answers to Aches & Pains crossword: 1. stomach ache; 2. cold; 3. broken ankle; 4. sore throat; 5. hurts; 6. earache; 7. backache; 8. headache; 9. dizziness; 10. toothache

Answers to World Quiz 1) Shakti; 2) Mozambique is in Africa; 3) About 182.8 million; 4) Tokyo; 5) 6,400km; 6) Helsinki; 7) The speak Portuguese; 8) Luxembourg; 9) Oslo; 10) 2: Peru and Paraguay; 11) Maputo; 12) Brasilia; 13) Luanda; 14) Beijing.

Answers to Sports Challenge 1. Horseshooting; 2. Football; 3. Kickboxing; 4. Rugby; 5. Swimming; 6. Baseball; 7. Volleyball; 8. Tennis

Health Advice

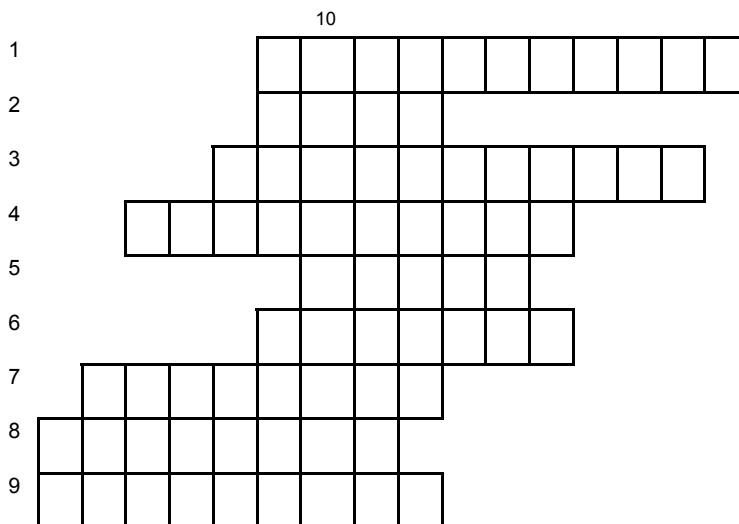
 backache	you should stay straight you shouldn't pick up anything heavy
 headache	you should have one aspirin a day you shouldn't listen to loud music
 earache	you should stay in bed you shouldn't listen to loud music
 bee sting	you should put on ointment you shouldn't touch it
 sore throat	you should drink a hot bowl of milk with honey you shouldn't shout
Sofia Matos	

 hurt toe	you should walk in crutches. you shouldn't touch it.
 stomach ache	you should drink tea. you shouldn't eat too much
 toothache	you should remove it you shouldn't eat with the side it hurts
 a cold	you should stay in a hot place you shouldn't stay in cold
 heat stroke	you should take a cold bath you shouldn't stay in the sun
Maria Bandeira	

ACHES AND PAINS

Discover the missing word, through these clues.

1. "Oh I have eaten a lot of sweets!"
2. When you have one of these you sneeze all the time!
3. If you fall you can have this.
4. If you scream a lot you can have this.
5. "I cut my finger and now it..." (complete the sentence)
6. You must be careful with cotton buds or you could have this!
7. If you stay on your feet all the time you can get this.
8. If you don't sleep you can have this.
9. if "you don't eat lunch you are going to suffer from....!" (complete the sentence)
10. ?



By **Leonor Chaves & Madalena Godinho**

Answers on previous page

Justin Bieber

- He is 16 years old, singer, young, thin.
- He has got a short blond hair, green eyes.
- He's wearing a pair of trousers, a pair of red trainers and a red t-shirt, a brown jacket.
- He was born 1 March 1994 in Canada.



Rita Faria & Madalena Mira



Iker Casillas is my idol! He is my idol because I'm a goalkeeper and he is too.
Iker Casillas is Spanish.
He is 1.82m tall.
He is a very good goalkeeper.

Iker Casillas play for the Spanish national team and Real Madrid. He is the captain of Real Madrid and Spanish national team. His name is Iker Casillas Fernández. He was born at 20 May 1981 in Móstoles, community of Madrid. On 19 October 2010, Iker Casillas became the most capped goalkeeper of all time in the UEFA CHAMPIONS LEAGUE!!!!

António Campos

My School



Hello, I'm Lara, I'm eleven years old, my school is called Extrenato Nossa Senhora do Rosário. It is in Cascais and there are 480 students going to the school.

The school starts at 8:30h and finish at 3:45h. The students come to school with 10 years and leave when they are 15 years old. In my class there are 29 students. My summer holidays start on 18 June and it has 2 month and a half. I go to school by car. My parents never meet my teachers.

In my school all the students go to museums, art museums, picnics, and other things. What I most like in my school are the breaks because there

are long and funny, and what I don't like are the classrooms because there are very hot. Next year I'm going to be in Salesianas.

Lara Ventura

The name of my school is "INSTITUTO ESPAÑOL GINER DE LOS RIOS". This is in Dafundo in Lisbon. My school starts at 8:20 am and finish at 4:10 pm. The age of the students starting in my school are 3 and they finish when they are 18 years old. In my school have a 1600 students. I travel to school by in car.

In my class there are 25 students. We have summer holidays for two and half months. My parents never meet the teacher in my school. Sometimes my school organizes trips for example: museum...etc, but not very often. The thing I like most about my school are my friends they are very nice!!!! The thing I dislike the most is the school canteen because the food is very bad!! Next year go to the same school.



Vitoria Figueiro



My school is Salesianos do Estoril. This school is in Estoril, in Lisbon, in Portugal.

I love my school because it's bigger than Elc and it is very funny. Salesianos starts at 8:15 and in Friday finishes at 12:40 am but in the other days it finishes at 3:40 pm.

My school has got approximately 2000 students. The students starting my school at 2 years.

I leave my school at 10 years. I have 33 students in my class. I start my summer at June 18th. I have two moths and a half for my holidays. I travel to my school by a car with my mother and my

sister. I have in my school my friends and my teachers. I dislike my school canteen.

In my school my favourite subject is E.V.T because I love painting and drawing and my teachers are very funny and nice.

Inês Saraiva

master | draw

ARQUITECTURA e PLANEAMENTO, l.d.a.



My favourite football team is Benfica . When i was little my father made me a member of Benfica.

Benfica was born in 1904.

Benfica have a lot of sports .they have a football team, they have a handball team, they have a long jumper, they have a athlete, they have a volleyball team and more...

João Tiago

I like karate very much. it's a sport who can do me happy.

I star to do karate because it's a cool and good sport.

In karate I have a lot of friends and two masters one of fight and the other of kata.

We have very types of karate but I do shito-ryu all types of karate are very similar.

I start to do karate at one year ago In at the fire station gym.

The order of the belts is white,yellow,orange,green,blue, Brown and black.

The karate are very fun and you can try.

Miguel Inácio



My favourite activity



My favourite activity is dancing. I started dancing when I was five, seven years ago. I do modern dancing because I think ballet dancing is boring. I prefer the music of modern dance - it is lively. I started dancing lessons with a friend of the family and we still go together. The lessons are in Parede but I live in Cascais and I go to lessons by car with my family. The lessons are 90 minutes and I go twice a week on Tuesdays and Fridays. My teacher this year is a woman called Susana, she is small and extrovert. I like her a lot because she is funny. My dance studio is big because there are 10 students 3 boys and 7 girls. The room looks like mirrors because we need to see ourselves. We do 2 shows a year- one at Christmas and one at the end of the year in July.

Leonor Chaves

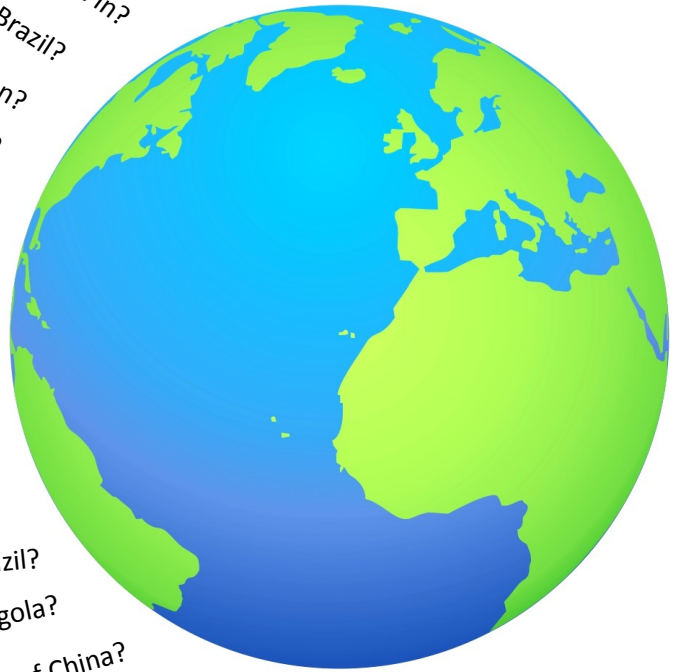
My favourite activity is horse riding. I like it because it is very energetic and fun. I started it in a summer course last year. My lessons were in Quinta da Marinha, I went for 2 hours from Monday to Friday for 2 weeks. My horse is called Quicas and she is bay-that means she is brown and black, I love her because she is beautiful, good and sweet .I go for rides and do exercises, like walking, trotting, cantering and galloping. I was scared the first time but now I feel very good. I would like to learn more but my mother is scared I will be hurt, I would like to do a show jumping competition and a dressage to win rosettes.

Madalena Godinho



World Quiz

1. What beautiful singer lives in Colombia?
2. What continent is Mozambique in?
3. How many people live in Brazil?
4. What is the capital of Japan?
5. How long is the river Amazon?
6. What is the capital of Finland?
7. What language do they speak in Mozambique?
8. What is the capital of Luxemburg?
9. What is the capital of Norway?
10. How many countries start with "P" in South America?
11. What is the capital of Mozambique?
12. What is the capital of Brazil?
13. What is the capital of Angola?
14. What is the capital of China?



By **António Campos, Miguel Inácio, Inês Martins, Madalena Ralha, and João Tiago**

Answers on page 11

Obesity

Obesity is when people don't control what do eat and start to gain weight.

McDonald's is a restaurant with fast food. In McDonald's a "Caesar salad" have 1390 calories. It's a salad but fattening.

Do you know how many obese people in the world?

There are 300 million obese worldwide.

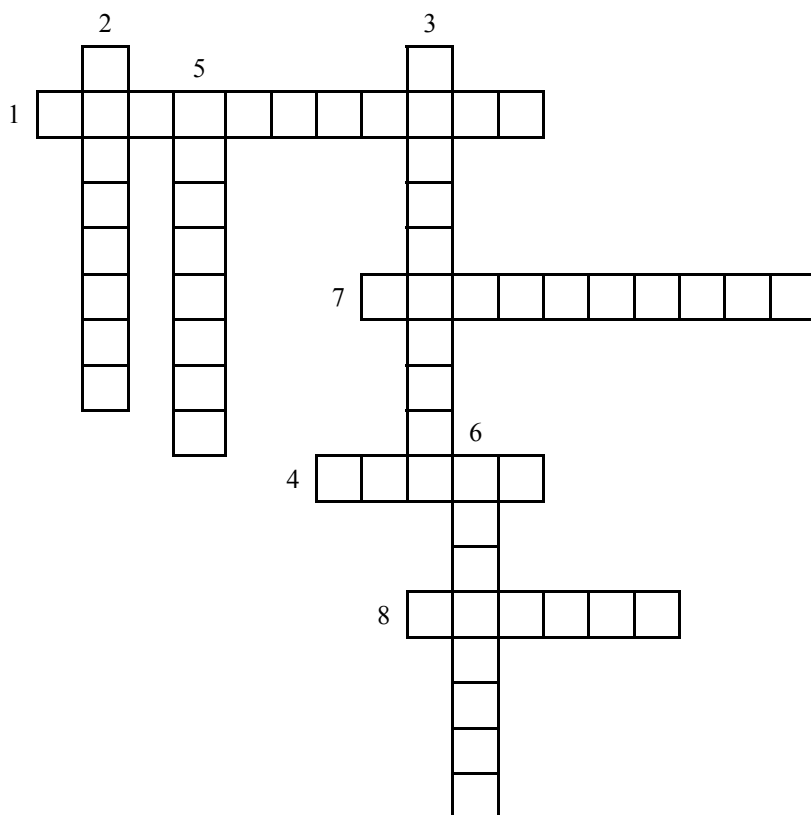
In America there are plenty of fast food restaurants, so many people in America are obese.

Obese people have great difficulty in doing many things.

If you do not want to be obese not eat food with too much fat.

Inês Martins

Sports Challenge!



Answers on page 13

1. It's a sport that has two different types. To practise this sport you need a special animal...

2. It's the most famous sport in the world; you practise this sport in a big field...

3. This is a martial fight where you can use your legs.

4. This is a sport which is played with a ball and the best team is New Zealand.

5. This is a sport where you use the arms and the legs in water.

6. This is a sport which played with a bat and a ball.

7. This is a team game where you need a ball and net.

8. This is a game where you need a small ball, a racket and a net.

By Renata Ferreira, Joana Martins, Beatriz Gonçalves & Miguel Cardoso

Philip Andrew "Andy" Irons was a Professional surfer. He was born on the 24th July 1978 and died on 2nd November 2010. He was a great surfer and he learned to surf on the dangerous and shallow reefs of the North Shore in Oahu, Hawaii.

Over the course of his professional career, he won three world titles (2002, 2003, 2004), three Quiksilver Pro France titles (2003, 2004, 2005), two Rip Curl Pro Search titles (2006 and 2007) and 20 elite tour victories including the Vans Triple Crown of Surfing four times from 2002-2006. The Governor of Hawaii declared February 13 forever "Andy Irons Day". He is the only surfer to have won a title at every venue on the ASP calendar.

He died in November 2010 he was ill with dengue for quite a while and this may have been the cause of his death. This was a tragic incident for the surf world, because he was one of the best surfers in the world and died very young.

Manuel Sousa



ELC has a library with a selection of books in English aimed at different levels, which can be borrowed for up to two weeks to help you practise English at home. The TA3 students have been busy reading a few: here are their suggestions!

Adventures of Aladdin

I read “Aladdin and the Enchanted Lamp” by Judith Dean. This is a fantasy story and level 1.

This book is about a boy called Aladdin. Aladdin is very poor and very lazy boy. One day he finds a magic lamp. This lamp can do anything you want. In this lamp lives a magical Genie. This Genie helps Aladdin, and he becomes rich. He loves a Princess, Badr-al-Budur, and they live happily in their palace.

I liked this book because this is romantic, but I prefer the film adapted by Walt Disney!

This book has a C.D., a Glossary and some activities. There are very helpful, easy and interesting.

In my opinion this story was interesting, because it is romantic and I think the people who like this type of story will like it too, but I think this story would be good for children, too!

Beatriz Gonçalves

The perfect robbery.

The title of the story is L.A Raid. The author’s name is Philip Prowse. Level 2 and is a police story.

This is a story about a private detective who goes to a bank and sees an assault. He asks the banker if the banker wants his services and the banker accepts. In one other assault the private detective sees the robber in the safe, the robber escape and the police think the detective was the robber. The detective loses his job because they think it was the detective who robbed the bank. Next...

This book doesn’t have activities or extras.

I like one part when the detective goes to Hawaii in the end of the book.

I think it’s a good story for all young readers because it’s a basic story. It’s an easy story to read but there is not much imagination in this type of book.

It’s good for young teenagers.

Miguel Alfaro Cardoso



Competition in Antarctica

I read “The Coldest Place on Earth” by Tim Vicary. It is an adventure story, level 1.

This book is about two men who are doing a competition: a race to be the first man at the South Pole in Antarctica Robert Scott is an English-man his ship is called Terra Nova, and the other ship is Roald Amundsen’s, a Norwegian.

I didn’t like this story because I don’t like the genre.

This story is true. It has a CD, a map of Antarctica, a glossary and activities. There are good because readers can understand the book, and the important people.

In my opinion, this book wasn’t very interesting but people who like this genre will like this story.

Renata Rodrigues Ferreira

Walkabout: Lost in Australia

This book was written by James Vance Marshall. It is level two.

This story is about two American children (a brother and a sister) called Pete and Mary whose planes crashes and lands in Australia desert. It is about how they find the way back home and go to Adelaide to find their uncle Keith. On the way, they find an Aboriginal boy, who helps them to find water and some food. They become friends.

I like the book because it is an adventure story and I love adventure stories. You have to read this book, it is very exciting and fantastic... I liked it a lot.. However the title doesn’t give you a good idea about the story.

I think the activities are good because they help us to remember the story, and there is a dictionary, that is very good to help you understand the words.

Madalena Cocco Cepeda

The book's name is "Matilda" by Roald Dahl. It is a book for kids who like adventures and magic.

It's about a clever, unusual, intelligent, little girl called Matilda whose parents don't like her and think she's really stupid. However Matilda isn't stupid, she knows how to read and write and she's only four years old.

In the book Matilda asks Mrs. Phelps (the librarian) what book she should read. Of course Mrs. Phelps tells her, a children book but Matilda has already read all the children books, so she wants a "famous one" like "Great Expectations" by Charles Dickens and after that Mrs. Phelps was really surprised. When she tries to tell to her parents about reading books and going to school, they laugh and say she's a stupid girl.

I think this is a really good book, because I learnt a lot from it and you'll learn some new words, but don't worry, it has a Word List with difficult important words that you need to understand the story. At the end of the book, you have some activities to do if you want.

I think you should read this book if you like good adventures and some magic. The book is really exciting! You'll like it, I'm sure.

Francisca Rodrigues

Adventures across the world

The book that I read this week is Home Run written by Ken Singleton. It's an action book.

This book is about Gus and his girlfriend. Gus has a car accident while he is speaking on the phone to Bonnie (girlfriend). When he has the accident, Gus dog gets lose. The story is about the adventure as they find the dog.

I liked this book because it has a lot of action but I think the book is very confusing because they have many characters, one page in the book is in London and the next page is in Tokyo. I think is a confusing book, but it is a very cool book too.

I think you should read the book if you like adventures. The book is also about skateboarding, crime and animals. The book is interesting to read.

Manuel Sousa



Star Zoo

My book's name is Star Zoo and its writer is Harry Gilbert. The genre of my book is science-fiction but it has some action too.

This book is about a young girl who is seventeen years old and an old man who wants to marry her. On the planet where she lives, if a man wants to marry a girl she has to marry him, but she doesn't like him so she goes to her spaceship that takes her to another planet called Star Zoo. She has never seen animals, but the new planet only has animals and a computer, so she thinks she is crazy. Some time later she likes all the animals and the computer so she comes into her planet to tell her parents.

They don't accept that and phone the old man who comes with the girl to Star Zoo. He goes crazy there and then he wants to kill animals but he can't. The girl comes back to her planet and tells the directors of her planet about Star Zoo. They don't want her to tell other people and put her in a small prison. But she can't tell anything to the others...

I think this book is very good, because it has a lot of action, science-fiction and is about animals. My favourite part is when the young girl meets the animals and gives them names after their sounds. And my worst part is when the man wants to kill the animals.

The book's end has activities to practise what you learn and a small glossary with the most difficult words.

For me, this book is for all who like animals, action and science-fiction. In general, it is for everybody!

Patricia Ferreira

Helen's Story: Sherlock Holmes – Short Stories by Sir Arthur Conan Doyle Level 2 – Crime & Mystery

This book is about a family with three people: Helen, her sister Julia and her stepfather, Dr. Roylotts. Her mother was killed by her servant and all her belongings went to Helen's stepfather. After that her stepfather never leaves the house and never sees anybody. Helen only talks with her sister Julia and for this reason Helen goes to talk with Mr. Holmes and his assistant. She tells them her life story – she was afraid because her sister has died and she doesn't know the reason. Mr. Holmes and his assistant start investigating.

I liked this book because I like adventure books, but I thought it would be better than what it is. It was a little disappointing. I advise people who like crime books and "adventure" books to read this book. The book has exercises and activities in the end that are very interesting, helpful and easy. If you do these exercises you can understand well the story. Well, at the end of this review I can say that I liked reading this book, it's good and has a lot of suspense.

Joana Martins



Adventure in the Ocean

I read Pirates of Caribbean-*the Curse of the Black Pearl*. This book was writing by Irene Trimble.

Captain Barbossa robbed the Black Pearl, Jack Sparrow's ship, an eccentric captain. Captain Barbossa invades Port Royal and kidnaps Elizabeth. Will Turner, a friend of Elizabeth's since they were children, helps Jack Sparrow to find Elizabeth. Captain Barbossa and his crew are cursed, and they can't die.

For me this book is OK. I don't love it but I don't hate it. I don't like this type of books, is not my favourite genre. This book has many extras like photos and in the end it has activities and questions. I recommend this book for people who like adventure but for the rest I don't recommend it.

Zé Correia

Pocahontas

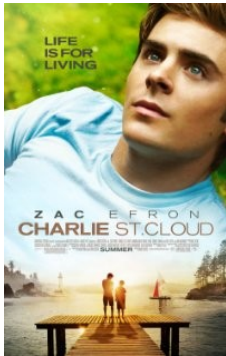
The book I read is Pocahontas by Tim Vicary, the level is 1, this is a true story, is a romance.

This book is when girl, Pocahontas then live in Virginia, falls in love with a Englishman, John Smith, he has blue eyes. The English invade Virginia in North America and the Indians don't like English except one. The father of Pocahontas want she go married a Indian man, Opekankanu but she loves John Smith.

I love this book because I adore stories of romance and this is a different story, she is a Indian and he is a English man. I had already seen a Disney movie and I love. I think this is a better Disney story. The book has got a glossary and activities for doing. I like this book is interesting and not very difficult to read.

Maria Braga

Whenever I see you



Whenever I see you is the best movie I have ever seen.

Charlie and Sam St. Cloud were two brothers, who sailed together. One day their mother asked Charlie to take care of his brother, but Charlie had a party so Charlie had to bring Sam. When they came back something horrible happened, they had a car accident, Sam died but Charlie survived. Charlie felt guilty for the death of his brother, so he made a promise to Sam. Charlie went to see him every afternoon to play baseball with him. After the death of Sam, Charlie stopped sailing. Five years later Charlie found a nice girl, her name was Tess, she sailed too. Tess and Charlie started to fall in love. But a disaster happened with Tess. When Tess sailed, her coach asked to Tess, she must come back to coast, but she didn't and crashed. Everyone thought she died and Charlie too, because he could see spirits and he saw a spirit of Tess but she gave him a paper, that said "come find me". So Charlie went to the port with a friend and said to her coach she was alive. They went to find her, Charlie didn't keep his promise to his brother but Sam understood his brother and helped him to find Tess. When Charlie found Tess she was hypothermic, but he saved her, and everyone was happy.

Laura Figueira

The King's Speech



Bertie was a prince of England. He had a wife, Elisabeth and two girls. He had a debilitating speech impediment so he couldn't spoke on the radio and to a lot of people. Bertie's wife decided help Bertie so she visited an eccentric speech Therapist. Bertie's speech lessons was really strange. One day his father, King George V died and his son Edward VIII became king. This king was a problem because he liked to spend all of his time with his girlfriend. King decided his brother, Bertie should become king. In the end he spoke on radio with the help of this speech teacher and all of the people liked it.

Maria Teixeira

Our Holidays

My holidays in Rome

In my Easter Holidays I went to Rome. I visited many places: Praça de Espanha, Praça de Veneza, Coliseu and Vaticano. I ate Italian food - in my opinion the pastas were the best. I went to Hard Rock Café, it was more small than the cafe of Lisbon. The hotel I stayed it was big and nice with four stars. In Rome we walked a lot it were many things to see. I bought a t-shirt which says – I love Rome – it is purple. In Rome the drinks and the food were very expensive, but I had a lot of fun with my family, because it is a very beautiful place. The rest of my holidays were good too. I stayed at home. I watched TV and I played computer games. I had a big chocolate egg and very many sweets. I didn't go to the beach and the swimming-pool, but it wasn't necessary, because my holidays were great.

Joana Coelho

My Easter In Plaster

This year my Easter was a little bit boring, because I stayed at home almost all the time. In my home I ate some almonds, I played computer and play station and I didn't study a lot. Unfortunately I didn't go to the beach because my arm was in plaster.

Every year my family gets together and this year too. In my uncle John's house we ate goat, many almonds and chocolate eggs. We played bowling too and saw movies.

This year it wasn't my best Easter, because of my arm, but in the Easter the church celebrates Jesus' resurrection and my family celebrated too.

Pedro Silva

My Christmas Holiday

In my Christmas holiday I went to a farm. It was the farm of my aunt. It was fun, because I was with my family and with the animals. It was the first Christmas I went to a farm. I got a lot of presents but my favourite was the CDs I got. It was the CDs of Katy Perry and Rihanna. In the New Year I was at home with my aunt, my uncle, my cousin, my parents and my animals. We danced, we played xbox and we saw Portuguese Idols. It was a really good Christmas Holiday.



Joana Coelho

Sonim

In Easter holidays I went to Sonim. There I played hide and see, I watched TV and I played on the computer with my cousins. Sometimes I walked too and I saw five goats, five chickens, two horses, ten dogs and a donkey. I very like a dog, so I named him Beetle.

There the food is much better than here, so my grandmother's cousins did all the days pancakes with chocolate! They were so good! When we walked to my grandmother's cousins' mountain we saw all the times a beautiful snake!

When it was rain we went to the coffee, to played table football or we went to home to played something. I'm going there all the years in Easter holidays and in Summer holidays. I very like it, because it's always very fun! So now you know, if you haven't nothing to do at holidays, go to Sonim and you have a lot of fun!

Patricia Ferreira

TRUTH ALWAYS

HOROSCOPE PREDICTIONS FOR THE YEAR 2012!!



AQUARIUS

In 2012 you will win a lot of money. As well as this, you will go to the USA during one month. At the end of the autumn you will lose your house. But don't worry because you will meet a person and this person is going to help you.



ARIES

In April you will find a dog and you will help it and as well as this you will meet 5 people. This week you will lose your wallet. Be careful because you will have surprise test, but don't panic because you will have a good mark.



SCORPIO

You will be a stupid person this year. As well as this you will win euro-millions, but you will be a bad student and you will not have a future, but don't freak out because you will become a newspaper man. Your health will be fine but you get a cough in winter.



VIRGO

You will have a good year, full of good times. As well you are going to travel to Asia where you are going to take a lot of beautiful photos. You are going to buy a lot of things to decorated your house. You will have one problem we are going to lose your wallet. You will meet a nice and funny person. This person will be a good friend but be careful, sometimes we think the people are our friends, because you are going to meet a false friend don't trust anybody. It's an advice.



SAGITTARIUS

This year you are going to have a lot of money, and you are going to buy a lot of things fantastic. You are going to travel at America and you are will meet a friend. You are going to have an amazing year but the only problem you have is you are going to be ill. But not seriously. If you be at school you going to have new teachers at school and they are going to be very cool for all students and they will give you sweets and chocolates every week. But you will wake up at four o'clock to be at school at five o'clock, because the classes are going to be at ten past five and you going to have only one playground. If you have a job you are going to have more two hundred euros in your account but at the end of the year you are going to live in the street.



LIBRA

You will win lot of money. You are going to have a lucky year because you will meet a lot of people. But you are going to live an adventure with your friends. I can't say more about it ...Unfortunately you are going to break your leg. you always are very positive about what you do. Next year you are going to buy a new fantastic house and sell yours, you aren't going to like very your new house but your new neighbours are going to be very cool, more than the others. Next year you are going to lose your phone at school and your enemies are going to see it and keep it.



TAURUS

Next year you are going to change your routine but doesn't matter because you're very flexible and next year you are going to meet a lot of friends and lose some friends. Next year you are going to have a small accident with your car, because someone is playing around with you. Next year you will go to London on summer holidays to a big house with your family and with your best friends!



GEMINI

Next year you will go on a crazy trip with your friends and you are going to lose your hotel key but doesn't matter because you are very positive and always see the good side of life. Your health will be fine.



CANCER

Cancer people will be very smart next year, as well as this you will have a beautiful girl will win totoloto but your girl is going to lose all money in the shops of clothes. Cancer people will be very sick next year because they will drink a lot coffee, but they are going to win the euro-milhões to pay the doctors.



LEO

Leo people will be a very good person and you will have friends, as well as don't be lucky in love. You will do a big trip and will meet other people. Leo people will be bad students because they won't study but they are going to pass the exams because they are going to hide papers in their jeans with material of the books.



CAPRICORN

Next year you are going to wish for a new car and this wish is going to come true and with this car you are going to go on a big trip. But before you are going to get run over and you will stay in the hospital for two months but doesn't matter you will get better quickly.



PISCES

Next year will be a fun year for Pisces. You are going to stay in a paradise island and eat coconuts all the day. As well as this, you will meet somebody and buy a house with them. Careful of your health, it could be difficult.

By **Patricia Ferreira, Joao Neto, Joana Coelho & Pedro Diogo**

Kool Skatatz of Cascais

Skateboarding is very cool because you can learn many tricks to do, you can take it to many places and it is very funny to do with friends.

Some good places to do skateboarding at Cascais are at the station car parks and at the promenade. They are good because they have a good pavement to skateboard. The bad places to skateboard in Cascais are at the street and in the parks, because their pavement have many holes.

The tricks that I know are horse and 180 and the trick that I want to learn is 360, because it is going to help me when I want to turn the direction.

So go now and buy a skateboard and go skateboarding to Cascais with me and my friends. It's kool!!

Patricia Ferreira



Dear Mariana,

How are you? I hope you're well. I'm sorry I haven't written for ages, but I've been really busy with my exams in school. Everybody is fine here, I mean there. I'm confused, because I have to tell you where I am now and you aren't going to believe this.

I have to tell you all about it. It's amazing! Do you remember the news about a new planet that scientists have discovered? The planet was called Hero and they decided to send a spaceship and invited me and some other girls to go! I'm feeling very excited inside...

The planet is smaller than Earth but it has all conditions to live there like plenty of water, light, oxygen and a really great temperature. We have to find our food on the ground, so we carry with us an agricultural scientist, a nurse to help us if we hurt ourselves and a policeman, because we don't know if there are bad aliens or wild animals and we need someone who knows how to use a gun. I think the people that I've got with me are very kind, so I've been loving this place. The landscape is completely empty, however, we can see some trees and bushes.

I miss my family so much and i have to think how I will tell my friends about it all. I wish you could see how spectacular it is!

Hope to see you soon.

Lots of love, **Francisca Moreira Rodrigues**

Egyptian Mummy

Someday , me and Mike went to the Egyptian Museum.

We started with the Jewellery section. Next we went to see the mummy tombs.

In this part I saw very beautiful tomb and when I turned to say something to Mike he's gone. Just disappeared ! First I think he go to the toilet but he never comes and I went to the guard to ask for help. Me and guard checked the whole museum and NO Mike. When we thought Mike was dead, the guard went to the mummy tomb to search where Mike disappeared. The door of mummy tomb was open . We entered in the tomb and walked, walked ... When we arrived to the finish there were two doors. We choose the right door because is my favourite side.

We walk a long way , and finally we find a boy , this boy was Mike , he was sleeping.

We were very preoccupied and wake up Mike.

He said , he has a very good adventure. He said he had fun with the mummy, he play football and visit the tombs of mummy's. He said it was very cool and he think the life of Emperor was very because they have lots of money. In the final Mike wrote a book and this book in the moment is top of sales .

Zé Correia



Hi there ELC students!

We are planning a trip for so long! Since we're together in the same class (for almost three years!)

Our dream is to go to Caribbean together for a month. Prepare yourself, because we're going there in the next summer and we'll show you how the trip is going to be!

We are going there by plane and our hotel is under water, you have no idea how the hotel is awesome, really, it's fantastic!

It has five stars and it's so big! We need a boat to get there. In our room, when we look at the ground, we see colorful fishes and a coral, by the way.

When we wake up, we have an amazing view of the beach, it's wonderful, with blue and warm water and the weather is very hot too!

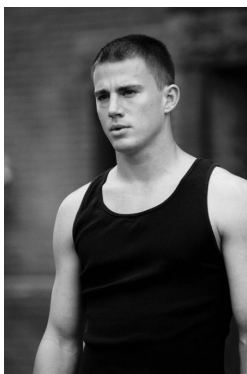
We can do canoeing, windsurfing, surfing, body boarding, sailing, but the best activity is snorkeling and swimming with dolphins, or just sunbathing, it's cool too. Everything here is beautiful!

To tell the truth, the food here is weird, well, it's different from we're used to, but people here are really friendly. Guess what? We're very excited, we're living our dream!



Carolina Mira and Mariana Silva

Channing Tatum



Channing Tatum was born in 26 April 1980, in Alabama. Channing Tatum is our favourite actor. He is beautiful, has a nice body and makes good films. He made a lot of films like Step Up, Fighting, Public Enemies and Dear John. Before he was an actor he worked as a dancer in Ricky Martin and as a model in Abercrombie and Fitch.

Filipa Marques and Marta Amaral

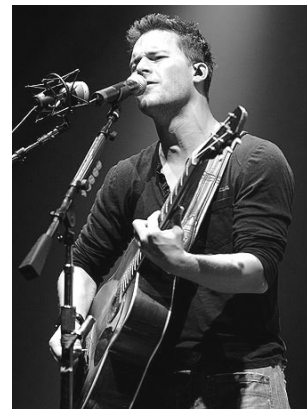
Ashton Kutcher

Ashton Kutcher was born in 7 February 1978 in Cedar Rapids, Iowa USA. Kutcher was a biochemical engineer. He is an actor and a model. In 2005 Kutcher started to flirt with Demi Moore. In 1998 he signed with Next modeling agency in New York and appeared in ads for Calvin Klein. He often modeled in Paris and in Milan and appeared in a Pizza Hut commercial. Ashton Kutcher have already done 27 musics and received eight awards.



Ana Bel Golim and Daniela Marques

Ryan Peake



Ryan Peak is the guitarist of the band of Nickelback, he is Caribbean and he is 37 years. Ryan is in the band from the beginner, 1995, like his brothers Chad and Mike Keogen. The band had a lot of albums : early years and curb, the state, silver side up, the long road, all the right reasons and the dark house. Ryan Peak helped the band turned famous and is one of the guitarists that make story. He is married with Treana Peake. The band will present a new album still this year.

Martim Seco and Teresa Fonseca

APPLE COMPUTERS

As we all know Apple is an international company. It all started in 1976, when Steve Wozniak and Steve Jobs created Apple 1. It was quite advanced for its time but they sold only about 200 units for 666 dollars. Since that time Apple has been developing more and better computers. One of those is Macintosh. Its name drifted from a kind of Apple called McIntosh. Macintosh production started in January 1984 and since that date Apple has been producing Macintoshes and of course always better than the previous. But Apple not only produces computers, it also produces iPod and iPhone and the recently launched iPad.

Miguel Guiomar



CINDY CRAWFORD

The person I'm going to talk about is the American Top Model Cindy Crawford. One of the reasons that I like her is because she is not obsessed by fashion. I think she is a good example for me because she is not stick-thin. She has lots of muscles and she is a very good looking. Her attitude was always to be a healthy woman without damaging her health.



She worked for all the big fashion magazines and she never allowed herself to be manipulated by the fashion designers about her body.

She got married and had two children and

she continues to be a beautiful woman.

I think her example is a very good example for all the teenagers that would like to be top model.

Sofia Castanheira

AIRSOFT



Airsoft is a sport which uses replicas of firearms. In Airsoft you can play in a team or one against one. If you aren't eighteen years old you need to have your parents' permission. Airsoft uses BB guns and do simulations of war but

real simulations with tanks and other things. BB's are guns which shoot little balls.

HISTORY

Airsoft was created in Japan on 1980. In almost of the countries of the world the BB is illegal but if you are member of Airsoft the BB's are legal.

OPINIONS

In our opinion Airsoft is very good and we like but we think you only buy BB's if you're member of Airsoft.

OTHER INFORMATION

Airsoft is a legal sport. if you want more information go to:

<http://www.camuflado.com/shop/>
<http://www.softplayer.com/online/>
<http://fpairsoft.com/>
<http://pt.wikipedia.org/wiki/Airsoft>
<http://www.ocaleiro.pt/>

Rui Martinho and Jose Vinagre





I woke up and was really excited. It was going to be the best day of my life.

It was the first day of school. But it wasn't an ordinary school. It was a school of arts and the teachers were artists. It has always been my dream! I wanted to be a singer, so it was my opportunity. I passed the castings and I was really nervous.

When I get into the school, there were some of our teachers at the entrance to say "Welcome" and to say "Good luck". First of all, we went to a concert hall to listen some artists talking about their career.

Secondly they showed us the facilities and I loved that! At the end we had to show to the other students our talents, or singing, or acting, or dancing, or reciting poetry... It was very good and I saw lots of talent.

When I got home I was exhausted, but very happy! It was the best day of my life!

Carolina Santos

First Time

For the first time I have really fallen in love
 For the first time I have blushed
 For the first time I have given my first kiss
 For the first time I have shared important moments
 For the first time I have shared my feelings
 For the first time I have written my first love letter
 For the first time I have found a love song
 And for the first time I have had a broken heart

Inês Prates Florindo

Environment News

Last Friday the reporters of our newspaper had an interview, in North Pole. There was a Polar Bear who answer our questions.

Reporter - How long have you lived here?

Polar Bear - Since I was born ! Here is the only place that I can Survive.

R- How are you dealing with Global Warming?

P.B – Not very well ! I lost all my family last summer , It was really warm and the iceberg where we were living melted and I was I was out when it happened. It`s very difficult to found a good find something to eat and I was looking for a good seal to eat for that month and when I came back there was no house.

Unfortunately the Polar Bear couldn't tell us anything more because he cried so much that the level of the water went up!

Matilde Guiomar



Confraria

Confraria is the best sushi restaurant in the town of Cascais, it is situated near the church of Cascais and Casa do Largo, another famous restaurant.

It isn't a cheap restaurant but its menu includes the best sushi in town, amazing salads and a great fondant for dessert.

It's a small restaurant, with indoor and outdoor space. The decoration is artistic because all the chairs are different and modern, with lots of funny patterns.

I went to Confraria for the first time one year ago, in that time I didn't like sushi and I only ate a delicious salad. In the second time I went there I tried a piece of "hot Philadelphia" and I loved it, then I started to go there more and now I'm addicted to sushi. I go there usually once a month with my parents, when we go out for dinner we always choose Confraria.

I love everything on Confraria's menu, I always start with a "miso soup", then I get lots of different types of sushi, like "sashimi" and "hot Philadelphia" and at the end, I finish with an amazing fondant of chocolate with icecream. I really advise you to go to Confraria because it has a very nice ambience and you will eat and cry for more!

Maria Martins



Santini – A taste explosion in Cascais!!



Sixty years ago a humble man named Attilio Santini created the first Santini and opened it near to the Tamariz beach and it was a success, even the king and queen went there to sample this delicious ice cream. This ice cream parlor is considered the best in all the world, you can go anywhere that you want but you will never find an ice cream like a Santini ice cream.

After that first one on the 8th of September 1971 this man opened a new Santini in Avenida Valbom in Cascais and nowadays you can go there and you will see it in the same place and the ice is perfect like it always was in the past,

but also, now, you can find it even in São João do Estoril and in Chiado. If you have never tried a Santini ice cream you should and in my personal opinion try the vanilla ice, it's amazing!

Marta Jeronimo

Our World

In these days our world is in the middle of a bad time because many reasons, political economical specifically in some countries; water and natural resources crises, lack of petrol and other points related with environmental issues.

I can talk about the case of Portugal because on the 6th of April 2011 Portugal confirmed that it is in a deep economical crises and seeks the help of the European union, so it is really worrying for all of us, we don't know when we will be able to breath again in a good way without problems. Also, there are other countries the same as Portugal for example Ireland and Greece.

Furthermore there are other problems effecting our planet such as water shortages and petrol crises.

Today all of us waste and waste water without even thinking, if all the Chinese population were to do just that out little planet would not survive, it will die.

In conclusion, we have to change our ways of life, we have to look after that if we want to live longer. Think of it this way.....we don't have more time because the earth can't hold on much longer to what we are doing to it.

It's too late to be a pessimist!!

Margarida Pina



The Giant Panda

The Giant Panda is a bear native to central-western and south western China. It lives in a few mountain ranges in central China, mainly in the Sichuan province, but also in the Shaanxi and Gansu provinces. Giant Pandas are also called panda and Black and White Cat-foot. The Giant Panda is one of China's nation emblems and it's the symbol of the World Wildlife Fund.

Pandas have black and white fur. An adult measures around 1,5 metres and males can weigh up to 150 kilograms and females can weigh up to 125 kilograms. They have black fur on their ears, eye patches, muzzle, legs, arms and shoulders. The rest of the animal's coat is white. The Giant Panda has large molar teeth and strong jaw muscles for crushing tough bamboo.

Giant Pandas generally live alone but each adult has a defined territory. Females aren't tolerant of other females in their range. They are herbivorous and their diet is bamboo. Black and White Cat-feet are endangered species due to destruction of the Asian forests, slow reproduction, scarcity of bamboo (their staple food), the excess of bureaucracy and the inefficiency and poaching.

Today, Giant Pandas have conditions to live. There are areas reserved for panda's habitat and many campaigns are made for protecting pandas like WWF.

Cláudia M. J. P. Santos



Volunteering in Cascais

Who's a volunteer?

Someone who gives time, effort and talent to meet a need or cause without profiting monetarily.



What's to volunteer?

Is to choose to act in recognition of a need, with an attitude or social responsibility and without concern for monetary profit, going beyond one's basic obligations.

The opposite to people's opinion, there are many ways to do volunteering; for example: in Homeless Shelters, Food Banks, City programs, Hospitals, Libraries, Animal Shelters, etc...

How can you be a volunteer?

It's easy! First of all, you go to a Volunteer Bank and give you personal details, then you enlist in your preferable way to help and, finally, you only have to wait for a call!

If you want to be a volunteer here in Cascais, join the Local Volunteer Bank –

☎ 214 825 000; 🏠 Praça 5º de Outubro, Cascais;

✉ www.cm-cascais.pt

Let's help the others and feel even happier!

Mariana Fafe

“The best things in life are free”

There is a saying that “the best things in life are free”, but is this really true? Don’t we really need money to enjoy ourselves? Let’s examine this more...

Firstly, it’s important to state that friends are one of the best and free things in life, without friends I would never be happy. You were born with the gift of intelligence; can you imagine what you would do without intelligence? You wouldn’t speak, learn, do math...

On the other hand, there are things you shouldn’t need to pay for, for example: food. Do you know how many people die in the world? Almost 925 million people do not have enough to eat because they are too poor to buy food -more than the population of the USA, Canada and the European Union. Another thing you shouldn’t need to pay, to enjoy yourselves are public transports? Do you know how much do you spend on public transport? From Cascais to Lisbon by train you spend 2.5 Euros. With the taxes you pay, you shouldn’t need to spend even a cent.

I conclude that I am lucky to have friends and intelligence without paying anything, but food should be cheaper and public transport free of charge.

Ismael M.G. da Trindade

“Money is the root of all evil”



Does money bring more happiness?

Nowadays, money is very important because it buys everything: clothes, food, etc.

I think that money is important but it isn’t the most important thing because family and friends are the most important things in life. In many cases, when people have too much money and don’t have real friends or family, money brings a lot of confusion and problems. I know the perfect example to support my opinion.

There was a couple that played Euromillions and won the first prize.... But when they discovered that they had won, the couple broke up. Both of them wanted the prize!!!

This is an example that the money is the root of all evil!

Rita Marçal



Holiday Nightmare

Have you ever had to plan anything with a friend? It usually isn't very difficult but depends on your relationship with that person or even with tastes you might have in common. Now try to think how it would be if you had to plan a visit to a city with another 15 people. I know how it looks. You might be thinking that if it were with 15 friends of yours, it would be piece of cake. Well, the truth is that it isn't! When it comes to a foreign country where everything is new and different, it becomes a war between what you want to see and what each one of your friends wants to visit. With that being said, you'll have to deal with two fundamental things.

MONEY, MONEY, MONEY

For you to feel a sense of accomplishment when you come back from visiting a foreign city, you need to feel like you had seen the best and the most you could of that place. For that, you need money, and the problem with money is that not everyone has the same amount of money that you do, and so, this little green piece of paper will give quite problems. First of all, you'll need money for three important things: to buy food, to buy tickets for museums and transportation, and to buy souvenirs to bring back to your family. The deal is, different people have different tastes and so, despite everyone prefers giving priority to buying food, the real situation is deciding whether they want to spend more money in museums (which to me is the absolute relevant to visit a city) or in souvenirs, which leads me to the second problem.

ALL DIFFERENT BUT ALL EQUAL

This is such a great phrase, although it doesn't make sense in this context because the truth is we are all different, but still we continue different. Let me try to explain you the three patterns we have for people when planning vacations. You have the green ones, which are the best kind of people to deal with because they actually help you decide where to go and agree with you, so they don't create any problems. Then you have the yellows, which is a group of people characterized by not worrying at all with what you're doing. In this case, they don't care where they go so they don't give any help but they also don't give any restrictions, which is good. And, last but not least, you have the red ones, which are the most intractable kind of person that you can find, but you certainly get across with. The mighty reds are always creating problems from things that are not very relevant. Also, most of the times, they are not open for discussions whether is better to do their way or the way all the others want to do. The best way to deal with this kind of person is to do whatever or the most you can of what they want. When redies aren't happy, they know very well how to show it

In conclusion, planning vacations with another 5, 10 or 15 people is not an easy thing to do and requires much responsibility, good communication and, above all, lots of tranquillity and patience. It was never my intention to make you lose interest on going on vacations with your friends. On the contrary, I just wanted to give you some lights on what the difficult part is because despite this little complications, it's always fun to go on holidays with friends and I fully recommend it.

Filipa Godinho

Why Visit Cascais?

Historical / Cultural Activities

Cascais stands out from other European towns. Having plenty of cultural activities to choose from, it is only wise to choose this town if you are interested in cultural and historical issues. From art galleries and museums to great examples of architecture, this town is full of interesting pursuits and it can be easily understandable why it was the holiday resort of Kings.

Delightful Gastronomy

Having a vast coast line, Cascais has always been considered a fishing village and, as a consequence, typical cuisine is mostly embellished with fish. You can also find the incredible tasty Frangos da Guia, a dish of roasted chicken which will taste amazingly well after a day spent on the beach. But these more traditional meals are not the only you can find, and if you are looking for something a little less typical, you have all kinds of international food, from Chinese restaurants to the so famous Fast Food. When it comes to desserts, Santini's ice creams are worldwide known as perfect on a Summer day and areias (sand, when translated) are also extremely tasty and worth being tried.

Fun Outside

Outdoor activities are very appealing in Cascais because of its mild welcoming weather – it's never too hot or too cold, it is always in the perfect environment. One of the best characteristics of Cascais is its wonderful beaches with huge horizon lines which are excellent for your well deserved R&R time. Also very good for outdoor activities is a small mountain range called Serra de Sintra. This is a great place to walk, hike, ride on bicycle or having great loving outdoor picnics with your families.

Filipa Godinho, Catarina Ribeira & Fernando Chaves



“Some people think that a sense of competition in children should be encouraged. Others believe that children who are taught to co-operate rather than compete become more useful adults. Discuss both views and give your own opinion.”

Source: IELTS 5, Test 3, Writing Task 2(CUP)

During childhood people tend to motivate youngsters to develop some values, such as being competitive and co-operative.

I believe that a balance of competitive and co-operative personality is the greatest way to someone become in the future an complete person. Concerning the sense of competition it is crucial to be learnt by children in order to develop their sense of fighting for an determinate aim and the value of being persistant. In fact it is believed that when people have competition they'll put a greater effort on their task and therefore they'll develop fasterly. For example, when there is a product/ service without competitions it will make less effort to satisfy their costumers and improve their peoduct quality as a enterprise which produces a good and have some people the same product sellers.

Talking about co-operation I think I should point out that this sense of interacting with other people, the idea that two people together make more than the sum of their individual work of these people. Concluding, when we work with one another we'll be able to share ideas, discuss and think about new subjects.

To sum up, I agree wholeheartedly that the mixture of competition and co-operation will stand for a group of people focus in getting the mutual goal, working as a team, like in team sports, volleyball for instance.

Isabel Sá

Should children be encouraged to be competitive or should they be taught to work in group and to co-operate with each other?

In my opinion, youngsters need to be taught both to compete and to co-operate because if they are only achieving one and not the other, then they will be very competitive and they won't make any friends or they won't be able to achieve anything important on their own. Lets take as an example a child whom his parents have taught him only to win and to compete all by himself. This young person will try to be the best in everything and he would certainly try to do it all alone even if a certain activity needs to be done in a group. Then, if he doesn't win or if he doesn't achieve his goal he will be disappointed on himself and he may get angry with everything. For him winning is everything, winning is what he knows what to do. On the other hand, if a child is taught only to work in group and to co-operate with everyone he won't see when someone is taking advantage of his help or he won't be individual and therefore he won't acomplish anything alone. Another example of educating a child is to teach him to be both competitive and co-operative, as I mentioned earlier. If parents embrace this educational process they may be raising more useful adults as they are educated in two different ways.

To sum up my opinion on this matter, all I have left to say it that children who can compete and co-operate are much more likely to be successful in the future because in work life people need to be both ways.

Margarida Oliveira

I believe that encouraging a sense of competition in children is a very good idea in some ways, yet a very bad idea in others.

When people are competitive, they usually have confidence on themselves and a lot of perseverance. But sometimes, having a strong sense of competition can be a negative thing. Competitive people can be irritating and actually annoying. Having a sense of co-operation is also a good thing, it is useful and other people usually appreciate it. In my opinion, the best thing would be for parent to transmit their children not a co-operational sense but also a strong competitive sense. It will help their children become sucessful and fit perfectly into their own adult lifes. One of the perks of being co-operative is that you do not have to worry about if you are going to be more sucessful than the others. And one of the good parts of being competitive is that you will always set your goals higher than the others and that you will try harder to succeed.

That is why I think that if one person had this type of qualities they would be strong on the workfield as well as their personal as social lifes.

Ana Facha

From my experience, I believe that both competition and cooperation, are good to a certain point, because everything that is taken to the extreme could be prejudicial.

If a child is submitted to compete against others, it is good in the way that in the future, he will do anything at his power to be the best, but that can be bad, because nowadays people tend not to look at mean to reach their goals. For example in my university there is a student that doesn't share his notes because he is affraid that someone tops him as best student. So these children that are competitive from the beggining tend to have strange social behaviour. On the other hand, you have those who are cooperative since toodlers, which can be good because they will now how to interact with other persons, and be more sociable. But it can bring up a cons, that is not being able to work or be alone for a certain period of time, that can cause autonomy to be a major obstacule. To reafirm this idea I know a girl that can't work by herself. Besides being a great student she struggles a lot in individual tasks.

So in my opinion the best education you can give to your children is a balanced one. An education where you teach them to be the best, but thinking of others.

Norberto Baldo

To work as a whole or to stand alone? Obviously there are up-sides and down-sides in a subject such as this one but I believe that it is a good balance between the two that actualy works, as I will point out through out the text.

Let's start out with the one that can be considered more aggressive. Competition. It's all round us. Be it on our interaction with family members, work coleges, friends, enemys, frienemys, whomever, there tends to be, from one time to another, some sort of clash between us that constantly drives us to out do each other. Take the example of two siblings for instance. If each of them are trying to best each other in grades or at sports, this can lead them finely hone their skills, resulting in more capable and apt people. On the other hand, if this sense of competition is taken to an extreme it may lead to over aggressive and socialy distant human beings.

This is where co-operation steps in. Competition "provides" us, as a society, with more driven and ambitious people. It is, however, by putting children working together on a common goal that we enable them in a future office environment, for example, to do better as a hole. A house divided can not stand after all.

Tomás Borges

Feira da Ladra



Feira da Ladra is a flea market located at Campo de Santa Clara, in Lisbon. It takes place every Tuesdays and Saturdays during all the year. This open-air fair starts very early in the morning and lasts till dusk. You can get there by catching the tram 28.

This fair began in the XIII th century, and was originally located near the Castelo São Jorge. After many changes of place, it settled in the actual location in the beginning of the XXth century. There are several theories about the origin of the name of this market; the mostly accepted is the one which sustain that people sold second-hand things which were mostly stolen things. There are other interesting theories that relate the name with a similar market in Paris – Saint Ladre, with a known personality of this market, and also with loud announcements of goods from vendors - ladra - dog bark.



Although the fair had begun as a market of food and goods, it became more and more specialized in selling second hand things. Nowadays the fair is a place where you can find all sorts of unusual and antique items, like military

objects and clothes, furniture, glassware, ceramic, books, handcraft, vinyl records, and all kinds of bric-a-brac.

You can find the vendors throughout the streets, with their goods over blank sheets, in stalls or small shops, and you can always bargain if you want a better price. The place is full of buyers who look for things they need in a low price, or just go in search of an antique or rare item. As Feira da Ladra is located in the centre of Lisbon, near to two historic neighbourhoods – Alfama and Graça, there are always plenty of tourists and you can find there all kinds of people. It's a fair I really like, and I used to sell there old things that nobody wanted in my parents' house, when I was younger, and I also was a buyer, too.



Seomara Cacela





Há muitas coisas para fazer e apreciar em Lisboa e Portugal.

Ande pelas ruas de Lisboa e pelos subúrbios de Lisboa, veja a história da região e conheça gente amigável e prestável.

Para a cultura e história de Lisboa e de Portugal, visite os muitos museus (nós preferimos Museu Nacional do Azulejo).

Relaxe na praia. Há algumas praias muito agradáveis perto de Lisboa, em Oeiras, Carcavelos e Cascais. Todos Estas praias têm restaurantes e cafés para comer e beber. Estas praias podem ficar muito cheias no verão. Moramos perto de Carcavelos e apreciamos almoçar e jantar junto à praia (o nosso restaurante favorito é a "Pérola").

Há lugares muitos bonitos que são especiais e únicos. Estamos a tentar visitar estes lugares, mas nós gostamos particularmente de:

Sintra - para cenário de "conto de fadas" e uma boa vista

Guincho - para quem gosta de "surfing" e "kite-surf"

Mafra - para o convento fantástico

Évora - para as paisagens Alentejana

Arrábida - para praias e vistas espectaculares do Atlântico e Troia

Aprecie a boa comida e vinho da Portugal. A comida é simples e muito saborosa e os vinhos também. Gostamos de todos os pratos Portugueses, particularmente salada de polvo, açorda, todas formas de cozinhar bacalhau e todos os tipos de doces.

Somesh Sharma

Vida e Ciência em Portugal

Eu sou cientista e mudei para Portugal para trabalhar na Fundação Champalimaud Programa de Neurociência. Neste momento, eu trabalho no Instituto Gulbenkian em Oeiras mas durante os próximos meses o nosso laboratório vai mudar para o novo centro de ciência que se chama "Champalimaud Centre for the Unknown", nas margens do Tejo entre Algés e Belém.

O edifício para a construção do centro foi doado por um empresário, António de Sommer Champalimaud. As cientistas estão a investigar cancro e neurociência, e o prédio tem áreas para diagnóstico e tratamento dos doentes e laboratórios para investigação básica. Cinquenta por cento do espaço está aberto ao público com jardins e um anfiteatro, e pode jantar no restaurante Darwin's Café.

O chefe do nosso laboratório é o Rui Costa, e o grupo está a estudar como ações e capacidades são aprendidas. Também queremos saber o que acontece quando esses processos correm mal, por exemplo na doença de Parkinson. Estou a investigar a função de um gene que está mutado em pessoas com um distúrbio de fala e linguagem. Eles têm problemas com os movimentos da boca e da cara necessários para falar fluentemente.

Uma das vantagens de ser uma cientista é a oportunidade para viajar e conhecer outras pessoas. Tenho muitos novos amigos aqui, portugueses e estrangeiros. Juntos, temos visitado locais turísticos em Lisboa, experimentado comida e vinho em restaurantes, e ouvido ao Fado. Aos fins de semana, o meu marido e eu gostamos de ir conhecer novas vilas e o campo. Já vimos os palácios, mosteiros, igrejas e catedrais de Sintra, Alcobaça, Évora e Mafra e a paisagem da Serra da Arrábida. No futuro queremos ver mais.



Cath French



STUDENTS OF THE MONTH 2010—2011



Amrit Atwal



António Campos



Beatriz Saraiva



Caroline Mira



Cristina Silva



Daniela Marques



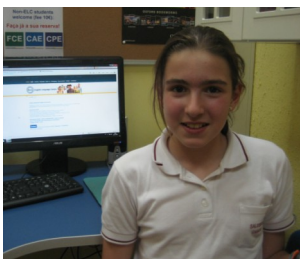
Francisca Rodrigues



Inês Martins



João Ribeiro



Lara Ventura



Leonor Coelho



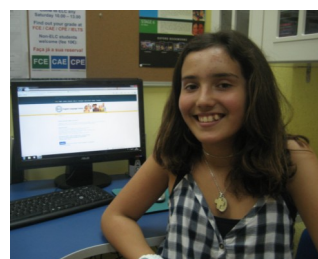
Mariana Marinho



Rita Belchior



Teresa Seco



Vitoria Figueiro



Cath French & Somesh Sharma

"enthusiastic and well-organised"

"always does her homework without fail"

"helped the class to work as a team"

"makes regular use of the ELC library"

Congratulations to all our Students of the Month!
Why did they win? Here are some teachers' comments:

"encourages other students in the class"

"tries to challenge herself to do the best she can by practising new language"

"takes the opportunity to ask questions and find out more about grammar and"



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