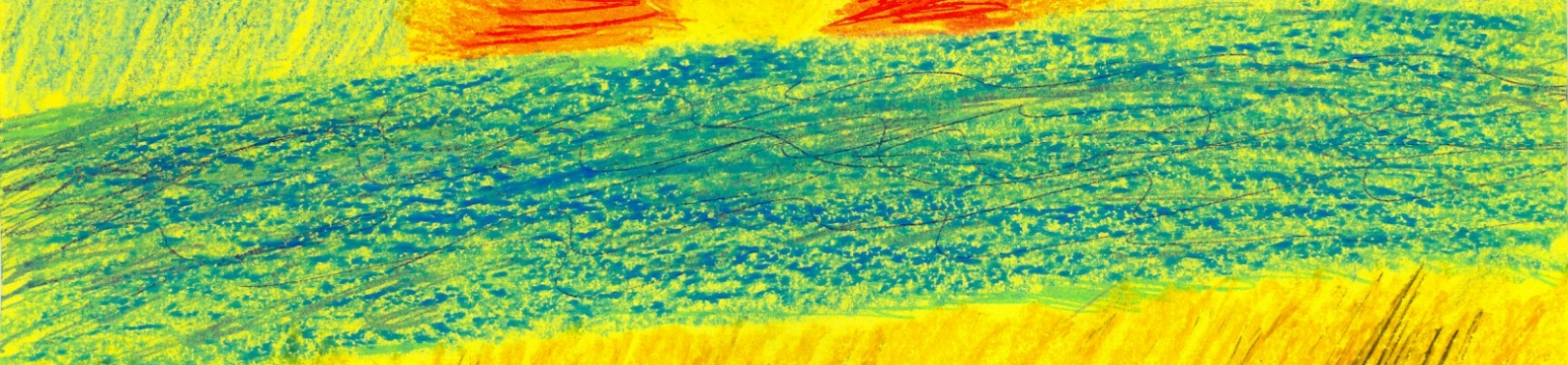
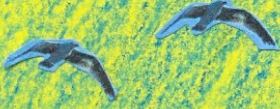


# SUMMER 2013





## Magazine cover competition entries

Here are the entries for this year's magazine cover competition. As you can see, we have some budding designers in the school. Thank you to all of you who entered and we hope you'll try again next year.



Alina Yarosh



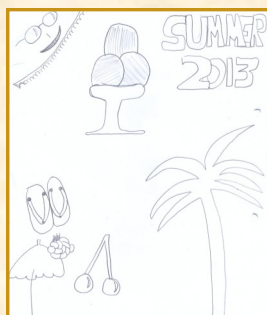
Álvaro Espírito Santo



Andreia Leitão



António Sobral



Catarina Solipa



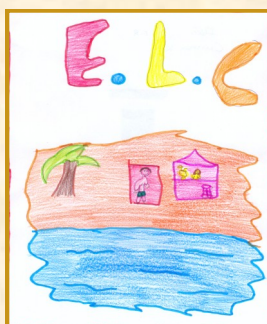
Clara Canals



Diniz Maltez



Francisco Torrão



Inês Cunha



Joana Rodrigues



João Almas



Lara Ventura



Miguel Cardoso



Pedro Cardoso



Rodrigo Martinho



Tiago Cardoso

## Introduction

### Welcome to ELC's Summer Magazine 2013!

This academic year continued ELC's tradition of celebrating our students' strengths in speaking, reading and writing as well as acknowledging their effort and responsibility for learning. We now have a fabulous, dedicated teaching team of ten teachers headed by Jo Smith, Director of Studies for Young Learners and Gaynor Doyle, who joined us in September as Senior Teacher and Head of Dyslexia Support.

*Students of the Month*; we are as proud as ever of our Students of the Month. Teachers nominate students who stand out each month not only for their good progress, but also their approach to learning. This year we also introduced the new *Group of the Term* award; see all the photos on the inside cover (page 47).

*Celebrating students' writing with our 'Food Glorious Food' competition!* Congratulations to Tomás Pinto, Leonor Seco, Vlad Yarosh and António Pacheco; all wrote the winning articles for our food writing competition in February. It was a difficult competition to judge as we received so many entries; see the winning texts on page 46!

*Cambridge examinations*; this year we have had more exam students than ever before; First Certificate, Cambridge Advanced and Proficiency as well as IELTS. Congratulations to students who passed their exams in December and March, and good luck to those of you taking June exams!

*Christmas Collection*; thank you to everyone who contributed to our charity collection. We were thrilled with the huge number of items to take to Aldeias de Crianças SOS Bicesse; see their letter of thanks on page 48.

*Summer School 2013*; the big change this year for Young Learners is that we have introduced a full-day option, either a course from 10.00–13.00 or from 10.00–16.00. Call ELC for more details!

Finally, thank you to everyone who contributed to this 2013 magazine. Well done to Tiago Cardoso who created the winning Front Cover design. See all the entries to the left.

From all of us at ELC, have a great summer and see you in September!

All the best



Caroline Darling

### Management team

Gaynor Doyle - Senior Teacher & Head of Dyslexia Support

Jo Smith - Director of Studies for Young Learners

### Teachers 2012/13

Gerry Aldridge

Margaret Grant

Helen Renshaw

Sofia Brito

Colleen Lambe

Neil Rush

Jeremy Cowling

Julie McCann

Kate Senior

Matt Davies

Katy Pugh

Tony Winn

Caroline Door



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# Food and meals

**Food**

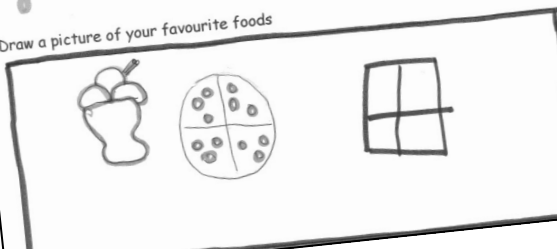
What foods do you like?  
I like ice cream.

What foods don't you like?  
I don't like Spinach soup.

What is your favourite food?  
My favourite food is PIZZA.

What is your favourite meal of the day?  
My favorite meal is dinner.

Draw a picture of your favourite foods



Inês Cunha

**Food**

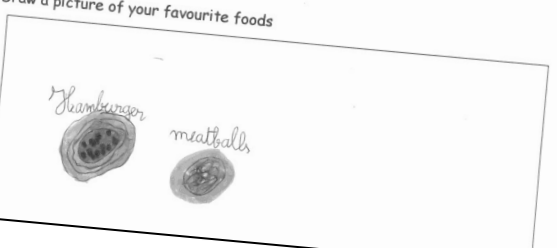
What foods do you like?  
I like apples, I like pizza, I like marsh.

What foods don't you like?  
I don't like fish, I don't like soup, I don't like carrots.

What is your favourite food?  
My favourite is Macdonalds.

What is your favourite meal of the day?  
My favourite meal is lunch.

Draw a picture of your favourite foods



Clara Canals



**Food**

What foods do you like?  
I like pizza, water, macdonal and ice cream

What foods don't you like?  
I don't like cheese, milk, juice and fish.

What is your favourite food?  
My favourite food is water.

What is your favourite meal of the day?  
My favourite meal is Breakfast

Draw a picture of your favourite foods




Diniz Maltez


**Breakfast, Lunch and Dinner**

Name: Bárbara Goarmon Class: K2 T/Th

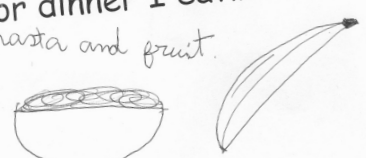
For breakfast I eat... eggs, toast and I drink chocolate milk.



For lunch I eat... pizza and fruit and I drink water.



For dinner I eat... pasta and fruit.



Bárbara Goarmon





**Breakfast, lunch and dinner**

**Breakfast** For breakfast I like to eat cereal.  
 Realum.  
 I like to drink water, chocolate milk.

**Lunch** For lunch I like to eat Mc Donalds Happy Meal.  
 I drink orange juice.

**Dinner** For dinner I like to eat pizza.  
 I like to drink peach juice.

Inês Cunha



**Breakfast, Lunch and Dinner**

Name: Francisco Batista Class: K2 T/Th

For breakfast I eat...  
 toast  
 cereal

For lunch I eat...  
 Pizza and chips

For dinner I eat...  
 soup, meat and chocolate

Francisco Batista



**Breakfast, lunch and dinner**

**Breakfast**  
 For Breakfast i like eat cereal, milk,  
 bread and i drink water.

**Lunch**  
 For Lunch i like eat pizza, mc Donalds  
 and ice cream.  
 I like drink water

**Dinner**  
 For dinner, i like drink water, eat  
 soup and sausage.

Diniz Maltez



**Breakfast, lunch and dinner**

**Breakfast**  
 I like to eat cereal,  
 I like to drink orange juice.

**Lunch**  
 I like to drink apple juice.  
 I like to eat biscuits.

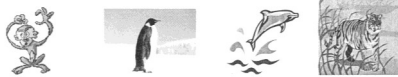
**Dinner**  
 I like to eat ravioli with cheese,  
 or beef. I like to drink water

Clara Canals



# Animals

My name is Rodrigo and my favourite wild animal is a wolf



My favourite wild animal is a :

It's black and grey  
wolf wolves eat meat and  
 They live in forest  
 and they can jump and run fast  
 I love wolves

Rodrigo Leitão



Name: Pedro CARDOSO K3 T/TH

My favourite wild animal is a Senguins

It's black and white

They live in Antarctica

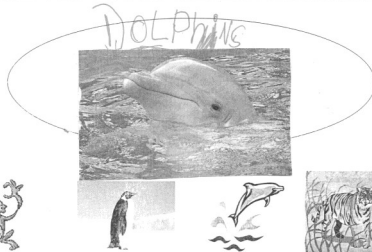
and they can swim

I love seals

mouth eye

Pedro Cardoso

My name is Carlota Martinho and my favourite wild animal is a dolphin



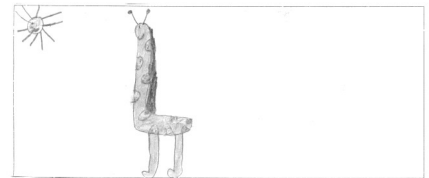
My favourite wild animal is a :

It's dolphin  
 It's grey and white  
dolphin eat fish and squid  
 They live in the sea  
 and they can swim and jump  
 I love dolphins

Carlota Martinho



My name is Marta and my favourite wild animal is a giraffe

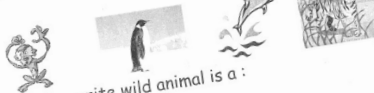


My favourite wild animal is a :

giraffe  
 It's yellow and brown  
giraffe eat vegetables and leaves  
 They live in the jungle  
 and they can run  
 I love giraffes

Marta Nobrega

My name is Leonor and my favourite wild animal is a giraffe

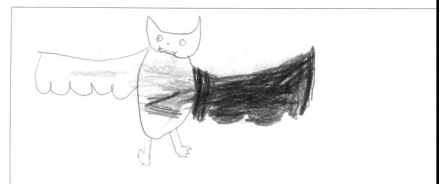


My favourite wild animal is a :

giraffe  
 It's yellow and brown  
giraffes eat leaves and vegetables  
 They live in the jungle  
 and they can run

Leonor Cruz

My name is Matilde and my favourite wild animal is a bat



My favourite wild animal is a :

bat  
 It's brown  
bats eat insects and bugs  
 They live in caves  
 and they can fly  
 I love bats

Rodrigo Leitão

Matilde Vasconcellos

Name: Ariane AFRICANO K3 T/TH

My favourite wild animal is a Dolphin

It's grey and white

They live in the sea

and they can swim

I love dolphins

It feeds in fish

Its colour is black

Its size is big

Its habitat is sea

Its native country is Dubai

Ariane Africano



My name is Afonso and my favourite wild animal is a White Tiger

My favourite wild animal is a : white tiger

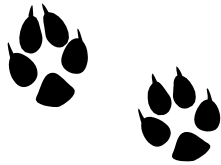
It's white and black

White tigers eat MEAT and FISH

They live in THE JUNGLE

I love WHITE TIGERS

Afonso Petinga

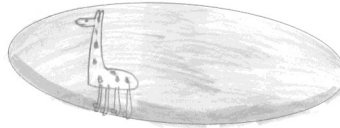


In conversation with ...

## Kate & Alex

- K:** So, Alex, tell me a little bit about yourself: Where are you from?  
**A:** Coimbra  
**K:** Ah, but you live here in Cascais?  
**A:** Yes  
**K:** Lovely, do you like the beach?  
**A:** Yes!  
**K:** And how old are you?  
**A:** 8 years old  
**K:** 8, right, and which school do you go to?  
**A:** Escolinha do Largo  
**K:** Ah, and do you like it?  
**A:** Yes  
**K:** Great, and how many years have you studied at ELC?  
**A:** 3 years  
**K:** And so what do you like to do in the classroom?  
**A:** Games, dominoes, bingo  
**K:** Fabulous – and is that how you learn new words?  
**A:** Yes  
**K:** And what's your book?  
**A:** Yes, it's Natalie, Bobby and Vicky  
**K:** Which is your favourite character?  
**A:** Bobby  
**K:** Bobby, yes me too! And do you like to learn English?  
**A:** Yes  
**K:** What other things do you like to do in the classroom with Jo?  
**A:** Stories  
**K:** Great! And do take some books home to read?  
**A:** Yes  
**K:** And did you write some stories?  
**A:** Yes  
**K:** What did you write about?  
**A:** Frogs, animals  
**K:** Nice. And how many classmates do you have in your classroom?  
**A:** 4  
**K:** And what do you prefer – to speak, read, listen or write?  
**A:** Write. And play games!  
**K:** Thank you very much Alex!

My name is Frederica and my favourite wild animal is a giraffe



My favourite wild animal is a : giraffe

It's small and yellow

They live in AFRICA and they can reach high

I love giraffes

Frederica Teixeira

Name: Beatriz INACIO K3 T/Th

The dolphin eats fish and plants.

It's grey and white.

It's big.

dolphins

It can swim and jump.

It lives in sea.

It comes from many countries.

Beatriz Inácio



Name: Alex VAZ K3 T/Th

The wolf eats small animals and birds.

The wolf is gray.

The wolf is big.

The wolf

The wolf can run up to 30 mph and jump.

The wolf lives in the forest.

The wolf comes from Europe.

Alex Vaz



Interviewer: Kate Senior  
 Student: Alexandre Vaz de Jesus Costa  
 Teacher: Jo Smith



## Play: Room on the Broom



My character is the dragon.

I'm red and I've got no hair.

I live in the mountains and I like to eat witch and I don't like salty witches!

My favourite food is apples and I have tea to drink.

In my free time I love to fly and spit fire.

My favourite sport at school is to play football.

*Afonso Leal*

My character is the dragon.

I'm red and I've got fur.

I live in the mountains. I like flying, but I don't like jumping.

My favourite food is hot dog and I have Ice tea to drink.

In my free time I love flying and my favourite school subject is History because History is very important to dragons.

*Daniel Abreu*

My character is the dog.

My favourite food and chicken. In my free time I love catching a ball and my favourite school subject is P.E. I live in the kennel and I'm very funny!

*Diogo Gomes*

I'm the narrator.

I'm tall, I've got long and brown hair, I have brown eyes and I have earrings.

I like to play games and I like play computer games on the computer.

My favourite food is meat, ice cream and I love lollypops.

Oh! I'm funny and friendly.

I like this story and shhhhhhhh it's a secret: my favourite character is the dog!

*Raquel Ventura*

My character is the bird. I live in the tree. I am small and I love flying.

My favourite food is pasta and I like to drink coca-cola.

In my free time I love flying and my favourite school subject is Geography and Maths.

*Sebastião Fraga Fontes*



I'm the frog. I'm green and I haven't got hair. I live in the lake. I like to jump and I don't like to sleep. My favourite food is insects and I drink water.

I love jumping!

*Salvador Ramos*

My character is the cat. I'm brown and I have fur and whiskers.

My favourite school subject is history. I love eating meat and fish and I drink meal every day.

I live in a mini house and I usually sleep 16 hours a day!

*Laura Matias*

My character is the witch. I'm short, ugly and thin. I live in magic houses (it's very cool).

I like to fly on my broomstick and is very nice but I don't like dragons. My favourite food is ice tea and meat, I have snake juice for breakfast.

In my free time I love swimming and my favourite school subject is magic because I love potions.

*Madalena Brassard*

## Food for thought

I like to eat rice, beans, soup, chips, toast, fruits, meat, pasta, hamburgers, hot dog, bread, ice cream, cake, cereal, mozzarella, egg, chicken, pizza, turkey, yogurt and cheeses.

I usually eat for breakfast toast, fruit and yogurt, for lunch I eat pasta, soup, meat, rice and beans, for dinner sometimes hot dog, pizza and hamburger, usually soup, fish, salad, mozzarella and meat. My favorite food is mozzarella.

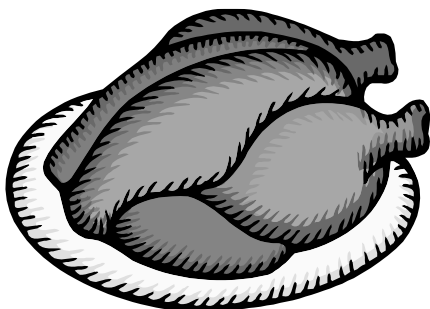
*Mariana Leite*

I like to eat pizza, hamburger and cooked porkchop. I eat cereal and milk for breakfast. I eat cheeseburger and coca cola for lunch and I eat pizza and Ice tea for dinner. My favourite food is pizza.

*Afonso Valadares*

I like to eat all kinds of food. For breakfast I eat cereals or I drink milk and some biscuits. For lunch I eat fish or meat with vegetables, pasta or rice. And a soup. For dinner I eat the same food has for lunch. My favorite food is chicken.

*Pedro Quintas*

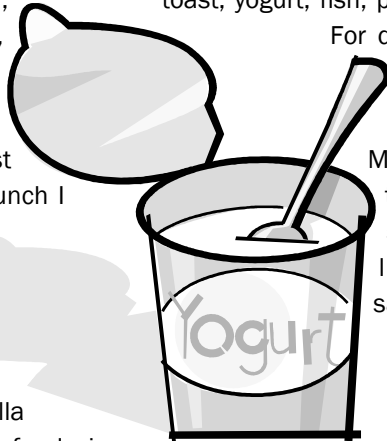


I like to eat pizza, hamburger, sweets... For breakfast I eat toast, fruit, yogurt and cereal. For lunch I eat toast, yogurt, fish, pasta, eggs, fruit...

For dinner I eat soup, fish, pizza, chips, fruit...

My favourite food is toast sandwiches. I love toast sandwiches!

*Bernardo Vasconcelos*



I like to eat rice, pasta, hamburger, cake, pizza, vegetables, fish and

salad. For breakfast I have cereal, toast and fruit for lunch I eat rice, pasta, hamburger and fish. For dinner I also have vegetables and soup. My favourite food is rice, fish and ice cream.

*Maria Alves*

I like cake chips, pizza, hamburgers ice cream meat eggs rice pasta sausages cereal milk fish and hot dogs. Usually for breakfast I eat



cereal and milk. Usually for lunch I eat yoghurt, Usually for dinner I eat soup and jelly. My favourite food is pears.

*Nicole Ahern*

I like to eat rice, chips, chicken, Bread, eggs, toast, milk, apple, Banana, vegetables, soup, beef... Usually lunch is chips, rice and beef. Usually, dinner is soup, sausages and fruit. My favourite food is chicken.

*Pedro Alves*



During the week, I eat different types of food. For breakfast I usually eat toast and orange jus. I have lunch at 1 o'clock and I eat umburger or chips. For dinner I always have rice and tomato. At the weekend I sometimes have chips or meat – but only if I am very good! I really like healthy food and my favourite food is umburger and chips!

*Marc Canals*

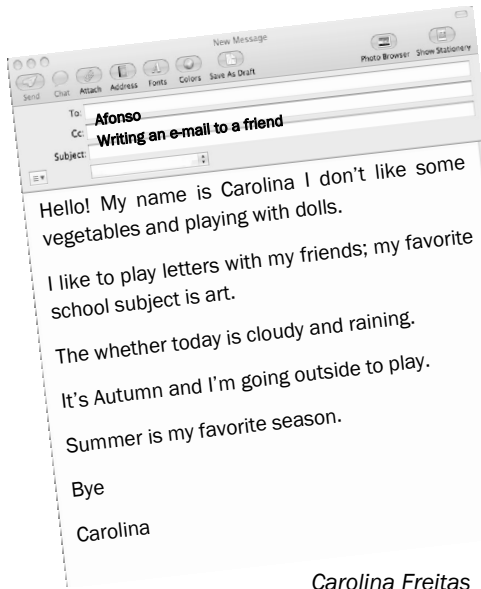
During the week, I eat different types of food. I have breakfast at seven at I eat one bread or kukis. At lunch I eat fish and meat and soup at one o'clock. I have dinner at eight o'clock and I eat vegetables, fruit, fish or meat. My favourite food is tomato and bread.

*Mateus Correia*

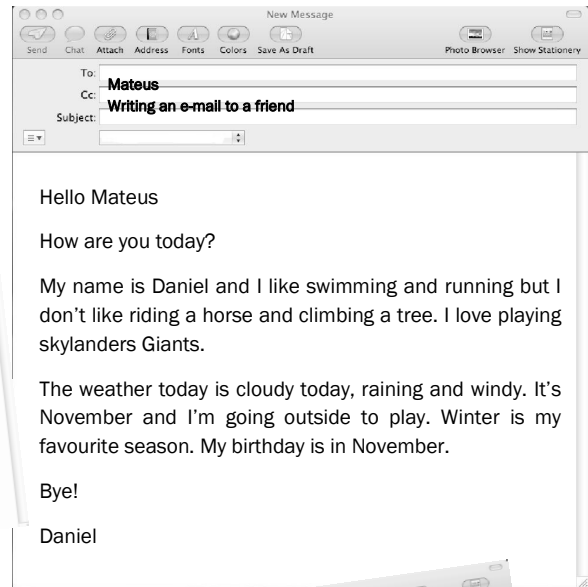




## E-mails



Carolina Freitas



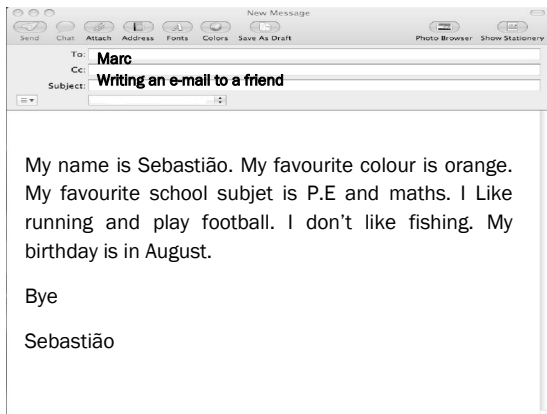
Daniel Abreu



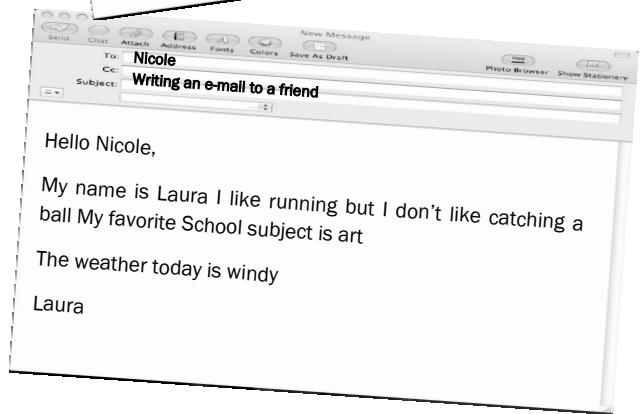
Salvador Ramos



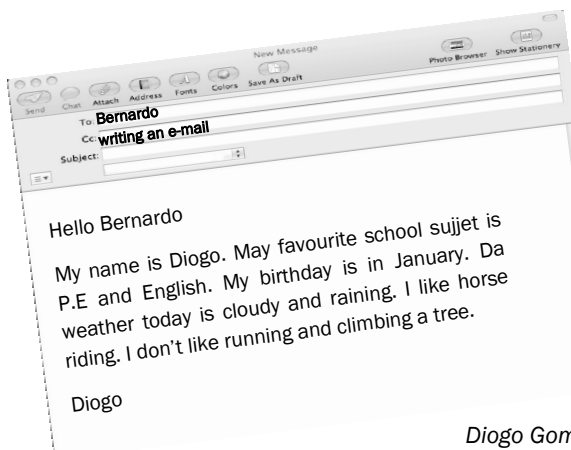
Raquel Ventura



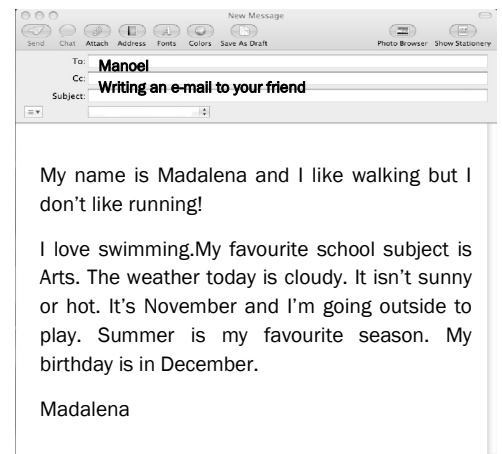
Sebastião Fraga Fontes



Laura Matias




Diogo Gomes



Madalena Brassard

My name is Francisco Ferreira  
 I am 11 years old  
 I am from Cascais  
 My school is Praia Coutinho  
 My favourite food is Meat  
 My favourite colour is blue  
 My favourite subject is Physical Education.



Francisco Ferreira

My name is Igor Guimaraes  
 I am 11 years old  
 I am from Cascais  
 My school is Estremada Grande  
 My favourite colour is blue  
 My favourite subject is English and Physical Education and sport.




Igor Guimaraes



In conversation with ...

## Sofia & Liliana

My name is Manuel Campos  
 I am 11 years old  
 I am from Cascais  
 My school is Prof. Antonio Pereira Coutinho  
 My favourite food is meat  
 My favourite colour is red  
 My favourite subject is Physical Education



Manuel Campos

### About Leonor

Hi, my name is Leonor Seco. I'm 10 years old. I can speak Portuguese and English but I can't speak French. I can play the piano and flute. I can sing but I can't play the drums. I can swim, play five a side football, volleyball and basketball but I can't play hockey. I love reading books and swimming. This is me!

Leonor Seco

**S:** So, tell me about yourself: Where are you from?

**L:** My family is Portuguese

**S:** How old are you?

**L:** 12

**S:** Which school do you go to?

**L:** Pereira Coutinho

**S:** What do you like about studying here?

**L:** Muita coisa. Gosto de jogar hangman, que me ajuda a conhecer novas palavras. Is very good, and my studying at the house and at ELC helps the school.

**S:** Do you think you have made progress?

**L:** Yes, last year I got 'não satisfaz' and this year I have 4. Por isso foi uma grande subida.

**S:** How do you think English will help you in the future?


**L:** Acho que vai ajudar em muita coisa, porque é a língua mundial. For work, if I go to China and don't speak Chinese, when I speak English they will understand.

**S:** What advice would you give to younger / other students?

**L:** Devem conseguir estudar em casa para, quando chegarem aqui, saberem mais e os professores ficarem contentes com os seus próprios alunos. E acho que vai ser bom no futuro saberem Inglês, por isso acho que devem aprender novas palavras como eu, acho que alguns já sabem mais do que eu e devem aprender mais para saberem ainda mais.

**S:** Perfeito!

My name is Mariana Pires.  
 I am 11 years old.  
 I am from Cascais.  
 My school is San Nicara.  
 My favourite food is Ice cream.  
 My favourite colour is pink.  
 My favourite subject are Maths and Art.



Mariana Pires

### About Hugo

Hi, my name is Hugo. I'm 11 years old. I can speak Portuguese very well, Inglês so-so. I can't speak Spanish.

I can play the flute. I can dance but I can't sing. I can ski, surf and I do wakeboarding. I don't like reading much.

I love swimming and wakeboard. This is all about me.

Hugo Moreira



Interviewer: Sofia Brito

Student: Liliana Jerónimo Marques

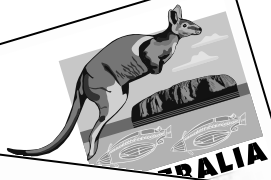
Teacher: Neil Rush



# Wish you were here

Hello Sofia!  
 I'm in Australia! It's a very big country!  
 I love the animals, they are fantastic!  
 Tomorrow I am going to the Safari. I love Australia but I don't like my breakfast. The food is fish, meat and very different fruits. It's horrible!  
 I see the sun in the window of my hotel, it's so beautiful here.  
 Goodbye, I see you in Portugal,  
 Your friend,  
 Constança

Constança Paixão



Hello Mum,  
 I am in the Maldives. It's nice. I am swimming a lot.  
 I saw lots of fish swimming in the sea.  
 I saw lots of boats, beautiful boats.  
 See you soon,  
 Diogo

Diogo Ferreira

POST CARD



Hello to you Madalena,  
 Dubai is beautiful. I see camels. I am speaking English. I'm going to the Park, the desert, shopping and to the Aquarium.  
 I like chinese food. It's a sunny day today. I'm staying in a hotel. My hotel is big.  
 Wow, it's big, big, big!  
 I am smiling and very happy.  
 Big kiss,  
 Mafalda

Mafalda Barros

POST CARD



Hi Adriana,  
 I'm in Egypt. It's a beautiful city. I saw the Pyramids. I ate Pizza. I love pizza. It is sunny today.  
 I am speaking English with people in Egypt.  
 Tomorrow I'm going shopping.  
 Bye,  
 Madalena

Madalena Veludo

Hi Mafalda,  
 I'm in Rio de Janeiro.  
 Today I'm going shopping and to the beach. My favourite shop here is Beletar. I'm staying in a big hotel. My hotel has a swimming pool.  
 It is beautiful here and big.  
 I love to eat pizza and ice cream here.  
 The Jesus Christ Statue is so big and beautiful.  
 Goodbye,  
 Beatriz



Beatriz Oliveira

POST CARD

Hi Constanca!  
 I'm in Paris. It's beautiful. It's a sunny day. I am speaking French. I am staying in a hotel. My hotel is big and beautiful.  
 I saw the Eiffel Tower. It's very big.  
 I ate French food, yummy!  
 Tomorrow I'm going to Portugal  
 See you soon,  
 Sofia

Sofia Rodrigues

## Benfica

The first match I watched at the stadium of Benfica was in 2011 in Lisbon.

The club of Portugal I like is Benfica because the flag is beautiful colours.

I like the football because it's very radical, adventures and sporty.

I would like Benfica to win the Europa League and he is champions of Portugal.

The Benfica derby between Sporting and Benfica, Benfica was winner of the match.



I would like to be member of Benfica because this is my club. My favourite players of Benfica are Oscar Cardozo, Saviola and Rodrigo.

*Alexandre Bernardo*

## My animals

I have 2 dogs, 1 chinchilla and a 2 cats and my cat had 6 kittens. The name of the chinchilla is Rosca, and she is 3 years old. Her coat is beige and soft. She eats vegetables.

The name of the my dogs are Ben and Black, and Ben is 5 years old, and Black is 1 year old.

Black's fur is black and Ben's fur is beige. They aren't always friends. They eat pet food.

The name of the my cats are Pantufa and Gogas, and Pantufa is 5 years old, and Gogas is 2 years old. Pantufa's fur grey and Gogas's fur white. They eat pet food. Pantufa curls up with the dogs.

*Constança Marreiros*

## My animals

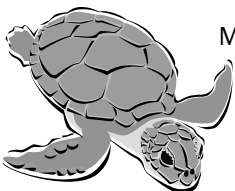
My dogs and my turtles. I love them and now I'm talking about them.

I have three dogs, Natalia, Cacau and Carolota. Carolota is very young. I like my dogs because they are very intelligent.

One day in the morning my dog Carolota went to boot of my car and when I and my family arrive to my school my dog went out of the boot and ran to my school she is very mischievous.

Cacau is very fast she loves to run she goes to the wood to play and she loves to run along the seafront with me. Natalia is very small but she loves to play with my younger sister Madalena My three dogs love to be together.

My cat is black she is tita and she loves to be on the roof. She loves sun and loves ham. I like her because she is very cute and she usually sleeps with me.



My turtles are Asiatica and Americana. They are big and love to sleep they have a big aquarium. I like them because they are my friends and I love visiting them in the aquarium.

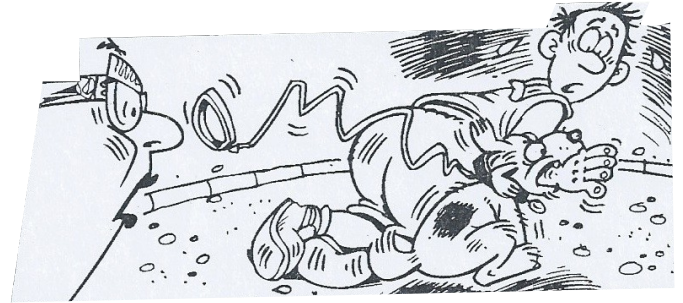
I love my animals.

*Constança Neves*

## A bad day for Tony

Tony ate too much and he was overweight. In a magazine he saw that there was going to be a marathon. He decided to go, some boys were laughing at him. He was tired, he was running for a long time, he tripped over the lead of a dog. The dog was annoyed so it bite him, and it really hurt, Tony was scared and was angry with the dog, and the lady was scared too. He continued but with a lot of pain, when it started raining. He went home with a backache.

*Inês Veloso*

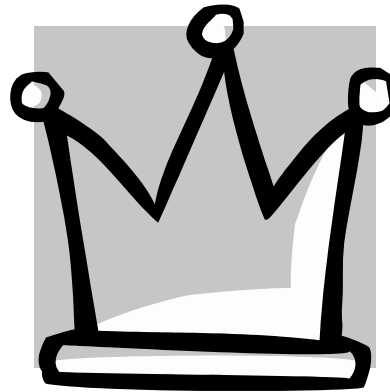


## Prince William

Prince William he his birthday is 21 July 1982.

He is the son of the prince Charles and princess Diana. He is the grandson of Queen Elizabeth II. He is studied in Scotland where he met his future wife Catherine Middleton; they get married in April 2011. He is second in succession to the British throne.

*Álvaro Espírito Santo*





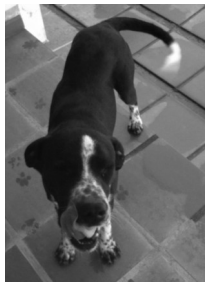
## Interesting facts about my dogs

One day, my dad picked me up from school, and my dad bought a dog. His name is Buba, Buba loves to swim, Buba is joker for me and for my brother. Buba loves meat.

One year later my mum bought a dog. His name is Tuga, Tuga loves playing with the ball, Tuga is mischievous. Tuga loves biscuits.

Later a friend of my brother found a dog abandoned on the beach, and a friend of my brother asked mi brother if he wanted to keep him, and my brother dais yes. His name is Pluto, Pluto loves to sleep, Pluto is sweet, and Pluto loves bread.

And of course I love my dogs.



Leonor Leite

## The turtle and the bee

One day, a turtle saw a bee and asked her:

-“Who are you?”

-“I’m a bee.”

-“I know you are a bee but what I wanted to say was “what’s your name?”

-“Ooh! My name is Yellow. What’s yours?”

-“My name is Shell. Where do you live?”

-“I don’t know.”

-“Why don’t you know! For example I live in the sea.

-“I don’t cary my home with me. I travelled across the world.  
- said Yellow.

-“This is very funny.”

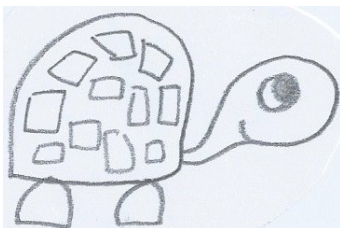
-“Yes it is.”

-“Now where are you going?”

-“Now I’m going to Paris and then I’m going to New Zealand.

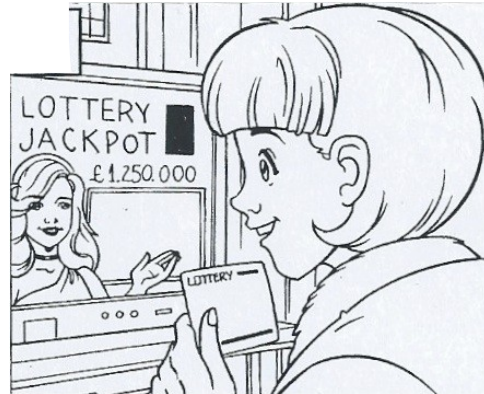
-“Good luck!”

-“Thank you.”



Mariana Machado

## Lottery win



Luisa was a poor girl, she worked in a small restaurant and its name was fish and chip, with her worked a beautiful boy his name was Vasco.

One day, she decided to play the lottery and some time later she got news that she had won.

She was happy to win!! She sow on television and some people sent begging letters.

Some time passed Luisa net some one else, his name is Antonio. They got married but in the marriage, Antonio met some one else, Matilde. She was a beautiful girl, with long dark hair.

Luisa saw them together and became sad. She became so sad that she started drinking but Luisa did not give up and she went to the fish and chip sow Vasco.

He was happy to see her and give her kiss. She loved this and opened a restaurant with him.

Francisca Amado

## Burning in the island

It was a sunny day and Jennifer and Alan hired a boat.

The wind pushed the boat and the rocks and they jumped out and Jennifer jumped in to Alan is arms.



They were on an island was very green and beautiful and very clear. When they didn’t know what they had to do. Jennifer tried her phone for help but her phone didn’t have signal and Jennifer started to cry.

Jennifer and Alan saw a helicopter but it didn’t see they burned the island and the helicopter saw the fire and they were saved.

Tomás Sernadas

## Secret missions

My secret mission is to bring very secret plan of time machine to Paris. To change the End of the World.

Paris is very beautiful city, the Eiffel Tower is a ideal place to time machine because the time machine need many energy and the Eiffel Tower is very big and attract many electricity.

*Alina Yarosh*

I'm going to the fast food restaurant on a secret mission, because Katy still wanted the money for food. When nothing happened I called the international police and they took Katy to the prison. She is not really happy.

*Vitória Ahern*

My secret mission is I have to go to Madrid and I have to discover who stole the golden eggs in the museum. But the thief ran away to Paris.

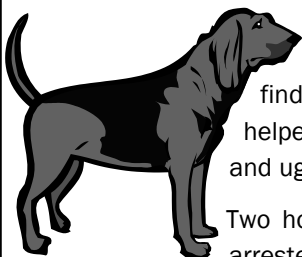
I have to go to Madrid to ask questions about the robbery. Next I go to Paris to find the thief and after than I have to discover where the thief hide the golden eggs?

On the end of the mission , the eggs disappeared because the thief explode the eggs and now these don't exist.

*Bernardo Santos*

My secret mission is to kill Panda Kung Fu. I'm going to London. I saw Panda Kung Fu on Big Ben. I ran and I saw the Panda eating. It's starting the fight! I shot my gun but he did not die. I put a grenade in his trousers and a big explosion start. He died. I discover one thing, your body is only food.

*João Almas*



My mission is to find the robber who killed five persons. I have to find the blood with my police dog, he helped me. The robber is small man and ugly.

Two hours past, I find the robber and arrested him. I took him the police car.

*Catarina Solipa*



On my secret mission I'm going to the forest for capture anaconda is very difficult mission but I have guns a torch and flame thrower. I found a trail of blood and I'm following and see the end of trail. The trail took of the old house she lives in the house but she's not here. Was she?????!!!

*Gonçalo Vidal*

My mission is very important. I'm going to save the president of Portugal. A thief stole 12 diamonds and 1 super gun. My mission is take the super gun and discover the 12 diamonds and put the thief in the prison. It's very difficult because the thief have very robots to kill me. Now I going to my house and talking with the president.

*Francisco Torrão*

My phone was ringing and I took the news. The criminals' barracks were found. It is under the bridge on the left corner of a small village, in Paris. Their symbol is a cockroach because it's very difficult to discover.

I took the decision: tonight, I'm trying to go to the barracks of the criminals. I'm using a jet, I go to barracks with the help of the compass and I'm wearing gloves because I can be caught. I'm going to make fire with a walking stick to get their attention. After I'm going to open the keyhole with a good tool. When the case is finished all the world will know this story. I'm a secret agent.



*Frederica Parreira*

## My favourite band



My favorite band is One Direction ♥. The members of the band

are : Niall Horan, Harry Styles, Liam Payne, Louis Tomlinson and Zayn Malik. They are all English except Niall, he is Irish. They formed the band on 20 July 2010 on the contest "X- Factor", at 8:22 pm.

All of them have girlfriends except Niall and Harry.

Niall is 19 years old, Harry is 19 years old and also Liam is also 19 years old, Zayn is 20.

*Matilde Pina*



## Summer plans

In this summer I'm going camping at Mira with my mother and my brother. I'm going to stay in the tent alone.

In the morning I'm going to the beach and do sport's.

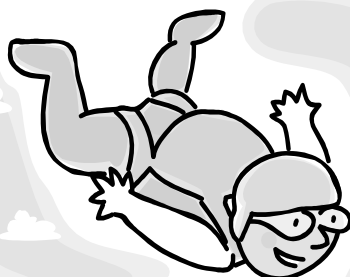
At night I like to eat marshmalloes on the fire. I don't like it when it rains.

*Mariana Trêpa Torres*



## Quiz : How much do you love adventure?

- 1 **This year you and your parents go to Peru.**  
 # Fantastic! You are going to visit Machu Picchu!  
 \$ You aren't happy. You prefer go to the beach with your grandmother.  
 @ You think a guide will go with you on the trip.
- 2 **You go to school on foot**  
 # You go a different way every day.  
 @ You have 2 or 3 fixed ways.  
 \$ You go 3 steps behind your neighbour and he goes to the same school.
- 3 **You are alone at home and you hear strange noises.**  
 @ You call the police.  
 \$ You shut yourself in the toilet.  
 # You have an umbrella and go to the front door.



- 4 **You are invited to participate in an Indiana Jones film.**  
 \$ No thanks. You don't want to end up in hospital.  
 # You go home and climb the curtains.  
 @ You go to the gym and you weight training.
- 5 **You are in the boat and there is a storm.**  
 \$ You go to sleep. You don't want to see what comes next.  
 # You think to yourself: I am a pirate!  
 @ You listen attentively to the orders of your captain.

- 6 **You go camping in the mountains and it is night.**  
 @ You sleep in a cave.  
 \$ You call for help.  
 # You sleep alone and out of the tent.

### Mostly #

To you your life is an adventure. You are 100% courageous. You love dangerous situations.

### Mostly \$

You like adventure but you are prudent. When you are in difficult situations you know can be dangerous.

### Mostly @

You prefer the adventures of books or films. When you are in difficult situations you panic.

*Beatriz Carvalho & Andreia Leitão*



## UK quiz

1. When did the British museum open?

- a) 1749
- b) 1759
- c) 1769

2. How many countries are in the United Kingdom?

- a) 3
- b) 4
- c) 5

3. What was the real name of the iron lady?

- a) Queen Elizabeth
- b) Margaret Thatcher
- c) Florence Nightingale

4. How many rooms are in Buckingham Palace?

- a) 755
- b) 765
- c) 775

5. When was born Queen Elizabeth

- a) 21/ 04/1926
- b) 25/12/1930
- c) 31/02/1945
- d) 24/06/1926

6. Where does Queen Elizabeth live in the summer?

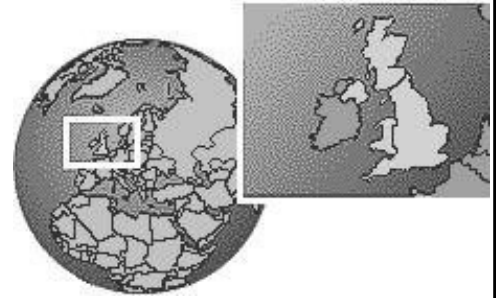
- a) Buckingham Palace
- b) Balmoral Castle
- c) Sandringham House
- d) Windsor Castle

7. When did Kate and William get married?

- a) 2010
- b) 2011
- c) 2012

8. What is the capital of Northern Ireland?

- a) Cork
- b) Dublin
- c) Belfast



### UK quiz answers

1 c 2 b  
3 b 4 c 5 b 6 a 7 b 8 c

Mariana Alves & Guilherme Gomes



*Jo & Andreia*

**J:** So, I'm Jo, can you tell me about yourself?

**A:** I'm from Cascais and I'm 12 years old. I go to Externata Nossa Sra de Rosário.

**J:** When did you start studying at ELC?

**A:** I started studying here 2 years ago.

**J:** Why did you start studying here?

**A:** I came here because my English wasn't very good.

**J:** Was that your opinion?

**A:** Yes, and my parents and teachers.

**J:** Ok! So, what do you like about studying here?

**A:** Because it's fun – I have good teachers. We do very many works in groups. And games.

**J:** What areas do you feel you have made most progress in?

**A:** In grammar, in speaking, and writing.

**J:** How do you think English will help you in the future?

**A:** Because now in the world, many countries speak English – they don't speak Portuguese.

**J:** What advice would you give to younger / other students?

**A:** To come here and learn.

**J:** That's great, thank you very much Andreia.



Interviewer: Jo Smith  
Student: Andreia Leitão  
Teacher: Caroline Door



## Mexico

I remember when I was in Mexico. There I do a lot of things such as : swimming with the dolphins , swimming in hot waters ,snorkelling , take photos with parrots snakes and an excursion in scaret .

If I can talk about all of this memories I talk but I can't I word limit , so I just going to talk about the first one : swimming with the dolphins . So we are in the hotel when my dad say that we are going to swimming whit the dolphins. I was very happy.

When we arrived my dad says that he doesn't goes to swimming so I and my mum go and she pay the tickets .

We go with another persons and first the guide show how we swim with the dolphins without get hurt the dolphins. I will chosen to show how we do that.

After the we go and put the life yackets. Next we go to the tank and the dolphins appear.

The guide say we start to swim around ourselves. When I started a dolphin came and started he too. It was very funny and in the tank was fishes and when ar just floating the fishes come and rustle in our feet.

This was my favourite travel.

Mariana Marinho

## Paris

Paris is the capital of France. It has got 2234105 people.

Croissants are a traditional food in France.

In Paris we can see lots of beautiful monuments like Arc De Triomphe, Eiffel Tower, Notre Dame...

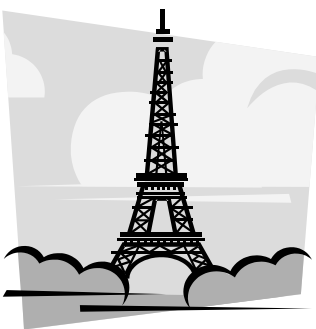
Arc De Triomphe is 49m high, 45m wide, 22m deep. Yearly 6000000 people visit it.

We can walk up to the second floor of Eiffel Tower and the visit is wonderful! Notre Dame is undoubtedly one of the masterpieces of Gothic art in western Europe. Notre Dame Cathedral was build between 1163 and 1270. Notre Dame's towers, sculptures stain glass windows and naves are artistic experiences of mystical dimension.

Louis Pasteur was a French chemist microbiologist who was one of the most important founders of medical microbiology. He created the first vaccines for rabies and anthrax. His experiments supported the germ theory of disease. He was best known to the general public for inventing a method to treat milk and wine in order to prevent it from causing sickness, a process that come to be called pasteurization.

Napoleon Bonaparte was born on 15th August 1769 in Ajaccio. Napoleon was a French military and political leader who rose to prominence during the later stages of the French revolution and its associated wars in Europe.

*Gonçalo Marques, António Sobral & Rodrigo Martinho*



## My family's habits

My family has got five members, my father, my mother, my two brothers and I.

My father is forty years old and he is an accountant. My mother is forty-three years old and she is an accountant. My brothers are four and nine years old.

We live in a big and beautiful house. There is a garden, a living room, a kitchen, a dining room, a hall, a study, four bedrooms and three bathrooms.

In my family, we have our habits.

My parents make me do my homework, study, go to school, lay the table.

My parents let me cook, go for a walk with my friends and go to the cinema.

*João Pattenden*

## If I ...

If I won the Euromillions I would go to New York. I would invite all my family and my best friend to spend Christmas to New York. In December I hope it would snow because I love snow, the cold and the hot chocolate. New York is a big city with lots of shops and on Christmas time they are all full of decoration. There is a big Christmas tree and an icerink. We would go to the top of the Empire state building and to the Metropolitan museum of art.

We would stay in the Plaza Hotel in the 5th Avenue, just in front of Central Park like in the movie "Home alone 2".

We would rent a few helicopters to fly over New York, and see the Statue of Liberty. I love cycling, we would see Central Park by bike and we would have a pic nick lunch at the lake. At night we would see a Broadway show, and visit the backstage, and talk to the actors.

I think my whole family would never forget this Christmas holiday.

*Teresa Seco*



## If I won the Euromillions...

I would go to Maldivas because this have really good waves and it's beautiful.

I would take my 2 best friends Zé and Martim, because I surf with them everyday.

I would go in the Summer, because I don't like cold weather and the waves are better in Summer. I would stay in a breach resort, because it's very comfortable but it's very expensive.

To finish I would do lots of surfing because Maldivas have the best waves and beach resorts in the world!

*André Cruz*

## My school in 2050

When my parents were at school, they didn't have an interactive whiteboard or computers in the classroom.

Nowadays we use the internet to search for information and we have the school's moodles to see the subjects and the school works.

In 2050 it's possible that every school has the best technology. Classrooms will probably be bigger with more students in each class. I think that instead of six classes in each year there will be only two.



## Earthquake

Marta lives in London, she is 22 years old.

She was in shopping centre, when the clothes started shaking. She went to the car to go to her house, because she thought it strange.

But 1 minute later she felt a big shake, the people started panicking and screaming.

She keeps calm and tried to put in security.

Thirty minutes later, when everything was calmer, she went to the car.

When she looked at the car, it was destroyed.

She was lucky for not being in the car before that.

Fortunately weren't many deaths.

Marta realized she was very lucky and the best is stay calm.

*Leonor Martins*

Students won't have a real teacher, they'll have a hologram in the middle of each table where five students will seat in groups.

For each group of 5 there will be a different hologram.

There won't be books, instead of this each student will have a mac book with all the subjects.

In 2050 I will be 57 years old so I might have grandchildren who will have this machines and will use this technology.

It's interesting to think about this and what may happen in the future...don't you?...

*Beatriz Cruz*



## A natural disaster I will never forget

A few years ago, in a normal weekend night, I was sleeping when suddenly I woke up without appearance reason and I stayed awake a few minutes longer before the earthquake...In that moment when the earthquake started, I was petrified and I couldn't move because I didn't know what to do. So I kept quiet until the earthquake stopped. It lasted for about 15sec. Then I went very slowly, and still half a daze, to my parents' bedroom to tell them what had happened. But they didn't believe in me because they thought that was just a dream. But it was true, because in the next day, the earthquake appear in the morning news.

*Filipa Lopes*

## Black Eyed Peas

Black eyed peas are an American hip hop, club and dance group. It is a originally an alternative hip hop group. The band is composed of with 4 persons the singer is women (fergie).

This band was founded in Los Angeles in 1995.

The group has sold an estimated 56 million Records Worldwide.

Their first single "Where is the love" was on 2003. "I Gotta Feeling" became the first single to sell more than one million download in the United Kingdom.

This group is very popular.

*Sofia França*

## The Volcano

Once upon a time there was a giant human shaped volcano called Kate in the middle of Mexico.

Every time that Kate got frustrated the crater on the top of her head erupted.

There was a rich Mexican called George Fartarbenbury that had the dumb/brilliant idea of using one thousand helicopters to lift the volcano/Kate and travel with it to the artic so that it would eventually freeze and it would never bother them again in their little Mexican lives.

*William Nunes*





**A good holidays**

I was camping in Moçambique in África. I went to scouts.

In Africa it was very sunny ant it was very hot. I dressed shorts and t-shirts.

My group and I help the people. We played football, volleyball and ride a canoa.

At night we walked and played night games.

At very tired we went to tents sleep and at half past eight we woke up.

The best part was at first day because I saw and met the people.

*Mariana Gonçalves*

**Camping**

I was camping when it started raining. Me and my friends thought it was going to be a bad holiday .We went into the tent until the rain stopped. When the rain stopped we started building the construction for example tables etc. and then it started to rain. Every construction was broken: the tent, the tables were also broken - it was a nightmare! We started to sleep at camp without a tent only with my knife. We didn't eat for 5 days but we survived and it was an awful holiday. If you go camping try to prepare really well everything and I hope you enjoy it!

*Tomás Pereira*



**My dream holiday**

My dream holiday is going to USA. If I were going to USA, I will visit a lot of places. First I will go to Orlando to go to Disney World. I will stay in a hotel for two weeks, to visit all Disney. After this I will go to Washington DC to meet the president and do a lot of things. I stay here three days. At the 4th day, at the morning I will go to the train to catch the train and go to Miami train station. In Miami, I will go to a



hotel close to the beach and the hotel must have swimming pool. I will stay there for five days. The last day in the afternoon I will go to New York by bus. Here I will visit the Statue of Liberty and go shopping. Two days later I will go to Carabean by boat and go to the beach everyday. I will stay in a resort for four days. Finally, I will return to Portugal.

If this travel were true, It would be my favourite.

*Mariana Jerónimo*

**Lisbon**

Lisbon is the capital city and largest city of Portugal with a population of 541.631.



Lisbon is in the center of Portugal in the south of Europe.

Lisbon is recognized as global city because of its important in finance, commerce, media, entertainment, arts, international trade, education and tourism.

Lisbon is one of the oldest cities In the world, and the oldest city in Western Europe.

Lisbon has a lot of monuments like Belem Tower, Jeronimos Monastery, and Castel of S. Jorge, Aqueduct of the águas livres, Comércio square, roundabout Marquês de Pombal...

Lisbon has three football stadiums: Sporting`s stadium,with a capacity of 45000 people, Benfica`s stadium with a capacity of 60000 people and Belenenses stadium with a capacity of 20000 people.

Luis de Camoes was a famous poet who wrote The Lusíadas. Sophia de Mello Breyner Andresen was a famous writer who wrote for example the Cavaleiro of Dinamarca.

We chose Lisbon city because we admired and it is a beautiful city. We like the city monuments and the history of Lisbon is very interesting and important for Portugal. We know that city is going through an economical crisis but we are going to continue fighting for her.

*Afonso Pereira, Tiago Cardoso & Joana Rodrigues*



## Paris

Paris is a city in north of France ( it's the capital of France).

The people of Paris only speak French but they like tourists. There are a lot of tourists!

The traditional French food is cheese ( brie cheese) the wines are good too and the baguettes are the bread that the French people eat.

In Summer, Paris is not very hot, but in Winter we can see snow.



Paris is a city with enough monuments and tourist attractions: the Tour Eiffel is the most visited monument in the world. Le musée du Louvre has a lot of famous paintings including the Mona Lisa. L'obelisque is a tower with a lot of hieroglyphs. La Seine is famous for its trips on boat. The EuroDisney is the largest fun fair in Europe.

The French love tourists including the Portuguese. Ronaldo is popular in France and in other countries.

We recommend Paris because there are activities during the whole year and we never get bored!

*Pedro Almas, João Paulo Pereira  
& João Dias*

## California

California is a state in the United States located on the west coast.

It is a state largely surrounded by water with an average temperature of 25 degrees in the summer.

The United States census bureau tells us that the population of California

## Chocoland

Chocoland is a city in Japan. The chocoland can reach 36°C. The people of chocoland are very nice and very fat. Unfortunate the people have problems, like obesity.

Traditional food is sweetpaguetti, it is one sweet shape in spaguetti, with chocolat. Traditional Japanese soup. The most famous restaurant is Gourmetchocolat. It has 7 michelan stars.

There are many activities. In summer you can do wakeboard, surf montainwalking. In the winter, there are many activities like ski, snowboard...

When you do a visit to the city you have to go to the chocolat museum, where you can see the history of chocolat, the history museum where you can learn about the past and when the city was founded.

## Seville

Seville is in the centrs of Andalusia,Andalusia is in the south of Spain.The people there speak spanish but with the andalusian accent.I think they're very nice and polite,a little dirty,but it's allright,because if you compare,bad things are less than the good things.There aren't a lot of tourists,but it's a wonderful place to visit.In the Summer it's very hot. One time I went there in Summer, the temperature was 50°, but most of the houses have swimming pools because of that. There are no beaches but you can go for great walks. The traditional food is fried fish and jamones de Jabugo, the traditional drinks are gazpacho, valle de los Pedroches and wines of Jerez. The traditional dance is sevillanas, for this dance you wear a balloon shaped dress with points. For the hair you use a comb.

I recommend Seville because everyday you can go on walks and it's a place where the temperature is always good.

*Sofia Matos*



was 38 million in July 2012.

In California the main languages are English and Spanish.

I like California because it is very sunny, and have wonderful beaches to surfing or sunbathing. I always



The tourists go there to eat the best chocolat and see the museums and see the chocolat spring.

The opinion about Portuguese is nice, and the Portuguese people are education, intelligent. Cook the best coed fish and have the best football player.

Chocoland is a great place to visit with your family, it has the best hotels, and is very rare. It's the most strange city in the world.

*Maria Moniz, Maria Bandeira  
& Madalena Marques*

wanted to visit California because it is a enormous city, and the coast is amazing. The port of St.ª Monica is beautiful because it has roller coasters and beaches in front of the houses.

I recommend this city to people who likes hot temperatures, sun and of course the sea...

*Ines Ferreira*

## Portugal



### Porto

Porto, known in English as “Oporto” is located in Europe, northern Portugal, along the Douro river estuary. It’s the second largest city in Portugal, after Lisbon, and one of the major urban areas in southern Europe.

Porto has a population of 1,3 million people and an area of 4166 Km<sup>2</sup>. It has a Mediterranean climate, the coast is warm, dry and mild in summers and very rainy in winters.

It is very successful for its wine, called Vinho do Porto, “port wine” in English, which is only produced in Douro Valley. It has three different styles: ruby, tawny and white. The main Portuguese houses are home Ferreira, Ramos Pinto and Real Companhia Velha. Today, Dutch, German, English and Scottish people also became owners of port wine houses in Portugal.

Porto is also known for his football club, and others sports to and for the beauty of the city. It’s a place that is visited by tourists that came from all over the world.

*Lara Ventura*



### Beja

Beja is a city located in the south of Portugal and has an area of 1147 km<sup>2</sup> and a total population of 35 730 inhabitants. The president of Beja is Jorge Pulido Valente, of the socialist party.

Beja has a mediterranean climate because it’s influenced by the distance of the coast. The winter are cool without snow and the summers are long and hot, so is because that is considered the hottest city in Portugal.

Beja has a lot of ethnical mix like Arabs, Berbers, Indians and Brazilians.

This city, Beja, has two important monuments, The Museum of Queen D. Leonor and The Castle. The Museum of Queen D. Leonor is the most important fact about Beja and was setted up in 1927 and The Castle was built by the King Dinis in 13th century and is the highest castle of Portugal with 40 meters.

*António Ribeiro*

### Oporto

I am going to talk about Oporto. It is in the north of Portugal. It’s a fantastic city. It is a very beautiful in the centre of Oporto it has some fountains...but it rains a lot there, so it’s difficult to go for a walk. It’s a little bit tiring if we can’t leave the house and a lot of people live there but Oporto has a problem: they can’t be quiet! We are always hearing swear words in the streets, in the restaurants, the coffee shops. I think that the people who live there are very rude, they are very nice but very rude. In my opinion they should try to be a little more well mannered. The food there is very good, but, I think that they must try to cook another think. What they mostly cook is chicken, because I saw a lot of chicken restaurants there. The temperature is cold and raining and it’s very rarely sunny so it’s a little bit bad.

*Mariana Antunes*

### Faro

Faro is located in the south of Portugal in the region of Algarve just near the sea and small mountains on the north. The city has 65,560 inhabitants.

It has a Mediterranean climate with hot and sunny summers with an average temperature of 30°C and mild winters with temperatures around 10°C.

The official language in Faro is Portuguese but many people also know other languages because of tourists that come to the city. It is a very cool place to visit because it has a lot of tourist places like museums, theaters and different historical monuments, also it has beautiful beaches and very good climate.

Faro’s typical food is based in fish and shellfish but there are many other delicious food too.

*Vlad Yarosh*



## Guimarães

My chosen city is Guimarães, a northern Portuguese city. It's located in the district of Braga, in the Ave sub region and isn't near the river neither the sea which makes the winter cold and rainy and the summer hot and a little humid because it is located in a valley and surrounded by hills.



This medium city with a population of 158 125 habitants and a population density of 2 223 a/km<sup>2</sup>; has also twenty parishes and an urban area of 23, 5 km<sup>2</sup>. In Guimarães, fauna has not much diversity, with a very small number of animals' species and plants. Vila Flor Cultural Center is one of the contributors to Guimarães have a big cultural life such as museums like Alberto Sampaio Museum (rich collection of pieces from the 14th to 16th century), Castro Culture Museum and also Martins Sarmiento Society. In gastronomy,

there are some good and famous food like Guimarães' pies and bacon from heaven. This city is most known for its history and its historical center is a UNESCO world heritage site; in Portugal, Guimarães is called the Birthplace of the Portuguese Nationality (cidade-berço in Portuguese) and one of the most important reasons for that is because Afonso I of Portugal was born there.

Due to the Portugal action of the Reconquista organized by the kingdom of Galiza, the Countess Mumadona Dias ordered to build the most known castle in Portugal, on the hill area to defend the settlement: Castelo de Guimarães, which makes Guimarães a top place that tourists should visit.

*Margarida Ferreira*

## How great is Viana do Castelo

The historic city of Viana do Castelo lives and breathes the past, there is so much in the way of old mansions and monuments complemented by the locals' deep appreciation and continuation of the folklore of Minho.

It's located in the north of Portugal near the sea and the mountains, at the mouth of the Lima River. It's in the countryside with 91,238 inhabitants (in 2006) and an area of 318,6 square kilometers.

In there, the average temperatures change very much: in winter 10°C (in media) and in summer 18°C (in media). In winter the rainfall is very much but in summer is almost no rain.

King Afonso III of Portugal founded this town in 1253 with the name of Viana. In the 16th century its port gained great importance as one of the main ports from which Portuguese explorers set sail, due to the discoveries.

The city has a seaport with naval repairing facilities. Its major industry is naval construction and its shipyard is the only one still working in Portugal.

Its main sights are: Mother Church (15th century) in Romanesque style, Geraz do Lima carriage museum, Church of Santa Luzia which is the most known (19th century) and Nossa Senhora da Agonia.

The focus of Viana do Castelo festival is the religious procession of Nossa Senhora d'Agonia which takes place in August.

This city is fantastic, even being an "old town" !

*Sara Costa*

## Lisbon

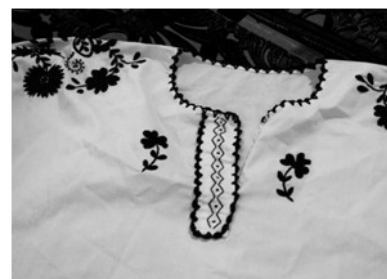
Lisbon is a city located in Portugal, a country in South-western Europe on the Iberian Peninsula. It is one of the oldest cities in the world, the biggest city of Portugal and also its capital city. In Lisbon people speak Portuguese. It's on the west coast where the Rio Tejo flows into the Atlantic Ocean.

One of the Lisbon's striking geographic features is the Floresta de Monsanto and its highest point too.

Lisbon has a subtropical-Mediterranean climate with mild winters and warm to hot summers. The warmest months are June, July and August and the coldest are from December to February.

Lisbon has 547,631 people; it has many immigrants from the African colonies, some from Brazil and other European countries. Lisbon is a very beautiful city.

*Maria do Mar Parreira*



## Português

### “Indian Palace” em Sintra

No sábado passado, jantámos com alguns amigos no “Indian Palace” em Sintra. O “Indian Palace” é um restaurante indiano, mas está junto a um restaurante italiano. Então, se não gosta de comida indiana, pode escolher comida italiana simples. No sábado passado, todos comemos comida indiana.

Apesar de estar frio lá fora, o restaurante estava cheio. O ambiente no interior do restaurante é bom. Os empregados e empregadas foram muito bem-humorados e muito atenciosos. A comida estava boa, bem preparada, mas não fantástica. O serviço foi um pouco lento, mas pode ter sido causado por o restaurante estar cheio.

O único problema real com o restaurante é que não está muito bem anunciado. Tentei procurar o restaurante na internet, mas não consegui encontrá-lo. Eu acho que o restaurante poderia anunciar-se melhor.

*Somesh Sharma*

### A minha semana na Bélgica

Segunda-feira: eu vou à escola. Eu estudo Matemática, jogo ténis e tenho aula de Português pelo Skype com a Sofia.

Terça-feira: eu vou à escola e estudo Inglês, Teatro e Francês. Eu prefiro Francês.

Quarta-feira: eu vou à escola e estudo Geometria e Matemática.

Quinta-feira: eu vou à escola e faço ginástica. Estudo Matemática e Francês.

Sexta-feira: eu vou à escola e faço desenho e estudo geometria. Eu desenho muito bem.

Sábado: EU não vou à escola!!! Eu fico em casa a jogar e a ver televisão.

Domingo: Eu também não vou à escola! Eu fico em casa, eu jogo e leio livros. Mas quando eu estou em Portugal eu vou à piscina. E vou ao Santini!

*Estelle Maclot*



### “Crumble” de Maçã e Amoras

O crumble é uma sobremesa popular na Inglaterra e é muito fácil de fazer. É tradicional usar uma base de maçã mas pode usar qualquer tipo de fruta. Maçãs com amoras, peras, pêseços ou só um pouco de canela é bom.

Ingredientes:

350 gr fruta

50 gr margarina ou manteiga

100 gr farinha com fermento

50 gr açúcar

1. Aqueça o forno a 170°C.
2. Descasque as maçãs e corte em fatias. Cozinhe-as com as amoras e um pouco de água numa panela.
3. Enquanto a fruta está a cozinhar, faça o crumble. Ponha a margarina (ou manteiga) e a farinha numa taça e desfaça com as pontas dos dedos até a mistura estar como migalhas de pão. Adicione o açúcar e mexa.
4. Quando a fruta está cozinhada, ponha-a numa travessa. Disponha o crumble por cima da fruta e asse por 20-30 minutos até o crumble estar dourado.
5. Sirva com gelado de baunilha ou leite creme.

*Cath French*



## Airbnb.com

Nestes momentos de crise temos de ser criativos. Criativos em poupar dinheiro; em usar melhor o dinheiro e em ganhar dinheiro.

No ano pasado, depois de ver na televisão ou de ler um artigo num jornal, descobri um website que se chama Airbnb.com.

Airbnb é um site que permite pôr em contacto donos de casas que alugam casas completas, quartos ou só um sofá a pessoas que viajam.

Os donos de casa podem ganhar dinheiro para rentabilizar uma casa de férias quando não estão ou pagar o empréstimo do banco; pagar algumas faturas como a água ou o gás alugando um quarto mais e permite também conhecer gente de todo o mundo.

Para as pessoas que alugam casas permite, por exemplo, para as famílias com crianças uma melhor opção que ir para um hotel, porque muitas vezes é mais barato que um

hotel. Também permite ir a sítios mais tranquilos; onde não há hotéis ou em lugares excepcionais que só uma casa particular pode oferecer. Ter em conta que também

se podem alugar casas nas árvores, barcos ou casas maravilhosas. Por exemplo pode alugar um palacete no Estoril em primeira linha do mar.

A página web está muito bem feita, com um cuidado na parte do desenho e das fotos que é o primeiro argumento

para alugar uma casa. Airbnb oferece como serviço aos donos de casa um serviço gratuito de fôtoğrafos profissionais para aumentar as possibilidades de êxito em alugar as casas.

Só em Cascais há mais de 400 sítios para alugar, incluindo o nosso. Convidamo-vos a fazerem parte da comunidade de airbnb.

*Bianca Harvey & Stéphane Ballanger*

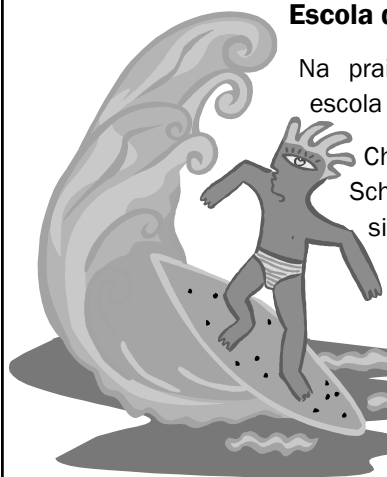


## Escola de Surf

Na praia do Guincho há uma escola de surf há muitos anos.

Chama-se Moana Surf School. O nome é do Havai e significa o oceano.

Pode-se aprender a surfar. Também se pode alugar pranchas e fatos de surf, para quem já sabe surfar.



O mar ali está perfeito para aprender, só areia, nenhuma rochas e longos bancos de areia.

Os instrutores são muitos simpáticos e têm muita experiência.

Quem quer saber mais pode ver preços e detalhes na página web:

[www.moanasurfschool.com](http://www.moanasurfschool.com) e contactar o instrutor Alex Unwin. Ele fala Inglês, Português, Espanhol e Francês.

*Melanie West*

## PROCURA-SE

Moradia com 5 quartos / suites.

Com muita luz. Construção moderna. Garagem para dois ou três carros. Grande jardim com piscina, perto da cidade e

supermercado. Grande cozinha com espaço para comer/ zona de refeições. Escritório. Sala de estar. Sala de jogos para crianças. Painéis solares. Furo para água gratuita. Zona tranquila.

Bom preço e condições de financiamento favoráveis (com Spread inferior a 2%).

É favor contactar o número 21\_ \_ \_ \_ \_

*Jeroen Meijers*







## A Vida Do Expatriado

A vida dos expatriados é um vida com altos e baixos. Nós trabalhamos numa indústria onde é normal mudar frequentemente de país. Às vezes nós temos sorte e temos oportunidade de viver num país com sol, com cultura e com habitantes amigáveis. Portugal é um destes países.

Infelizmente, às vezes precisamos de mudar para países menos desenvolvidos onde é mais difícil por causa da distância do próprio país, inexistência de produtos básicos como Internet para contactar com a família.

Ser expatriado é ótimo para fazer novos amigos, mas que vivem em outros países e temos que deixar os nossos amigos e família.

Perdemos aniversários de família ou mesmo o Natal, por vezes. Pode ser difícil viver assim, mas a vida em geral em outros países é muito divertida, e fazemos muitos amigos.

Nicola Wilson

In  
conversation  
with ...

*Kate, Cath & Somesh*

**K:** Então Cath, fale-me um bocadinho de si. De onde é que é?

**C:** De onde? Sou da Inglaterra. De Newcastle, no nordeste. Mas eu e o meu marido estivemos em Oxford por 10 anos.

**K:** Há quanto tempo é que estão cá em Portugal?

**C:** Estamos em Portugal há três anos e meio.

**K:** Então gostam de Cascais?

**C:** Sim, gosto muito. Moramos em Carcavelos e eu trabalho agora em Algés. No início trabalhei em Oeiras, durante um ano e meio. Sou cientista e o meu laboratório mudou para Algés.

**K:** E quando é que começou a estudar no ELC?

**C:** Seis meses depois de chegarmos a Portugal. Agora já estudamos há dois anos e meio.

**K:** E porque é que veio estudar aqui no ELC?

**C:** No ELC? Por uma coisa extraordinária. Fizemos uma pesquisa na internet e o ELC foi a primeira escola que encontramos. Tivemos uma aula experimental e gostámos muito.

**K:** E a Sofia já é vossa professora desde sempre?

**C:** E ela é muito simpática.

**K:** Fale um pouco de si. De onde é que é?

**S:** Eu nasci no Quênia, em África. Morei no Quênia por cinco anos, com os meus pais, mas não me lembro de nada e depois mudámos para a Inglaterra.

**K:** E em que cidade é que viveram?

**S:** Inicialmente em Manchester mas um ano depois morámos em Londres.

**K:** E quando é que começou a estudar aqui no ELC?

**S:** Eu comecei em 2010.

**K:** Já três anos! E porquê no ELC?

**S:** Esta é uma história muito estranha, porque eu usei o Google para pesquisar "Português para estrangeiros" mas, em 2009, eu só sabia Inglês e eu procurei "Portuguese for foreigners" e os resultados só dão o ELC, porque as outras escolas dão todas as informações em Português e eu não entendo Português. Mas agora eu gosto imenso do ELC. É muito, muito bom.

**K:** E o que é que mais gosta de estudar aqui no ELC?

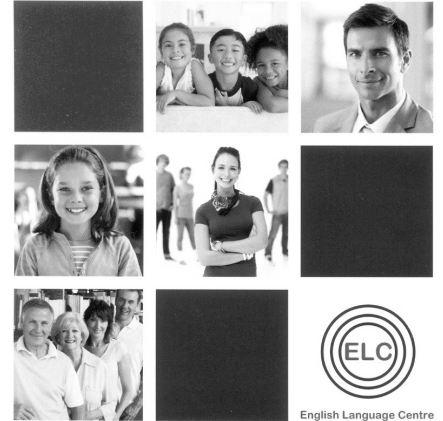
**S:** Para nós, para mim, é a Sofia. A Sofia é muito, muito simpática. E acho que todos os outros professores são muito simpáticos.

**K:** E que tipo de coisas gosta? Gosta mais de escrever ou de usar a língua para falar, para comunicar?

**S:** Neste momento, eu não uso a escrita em Português. Agora não. Mas eu prefiro falar em Português, porque todos os dias eu falo Português nas lojas, nos restaurantes e bares.

**K:** E em que áreas é que acha que progrediu ao longo destes três anos?

**S:** Não sei... Falar! Para falar em conversa com



English Language Centre

Venha aprender Inglês connosco

Portuguese for foreigners

peças portuguesas, todos os dias. Ainda é difícil, porque é difícil ouvir as palavras todas dos portugueses.

**K:** Como é que acha que a língua portuguesa o vai ajudar no futuro?

**S:** Acho que eu uso as regras de português em outras línguas: espanhol e italiano. As três línguas são mais ou menos similares.

**K:** E, por exemplo, quando viajaram para Espanha e quando ouviram Espanhol...

**S:** Eu percebo mais agora! Eu percebo mais Espanhol porque compreendo Português.

**K:** E que conselhos gostaria de dar a outros que queiram vir estudar para o ELC?

**S:** Não sei... Para estudar, eu penso que tem que ser dentro duma sala de aulas. Porque depois pode usar a língua em restaurantes, falar com pessoas na rua e falar em diferentes lugares.

**K:** Muito obrigada!

**S:** Obrigada!



Interviewer: Kate Senior  
Student: Somesh Sharma  
Teacher: Sofia Brito

## Heroes

### Skrillex

Skrillex is a famous singer and songwriter but his real name isn't Skrillex – it's Sonny John Moore. Skrillex is 28 years old. He was born on the 15th January 1988. Skrillex has a lot of music types but the best are dubstep and electro house. Skrillex's first album was 'My name is Skrillex'. In February 2012 he was dating Ellie Goulding. In 2012 he won the prize 'electronica album' and in 2013 he won 'Best remixed recording'. I like him because he has a different type of music.

*Miguel Inácio*



### Justin Bieber

Justin Bieber was born on 1st March 1994 in Canada and he grew up in Ontario.

He is blond, has green eyes and his height is 1.75m. He is a singer and an actor. He started to sing when he was 12 years old.

His first album was "My World", features four single, "One Less Lonely Girl", "One Time", "Favourite Girl" and "Love Me."

His second album was "my World" in March 2010 and "Believe" recently in 2012.

In 2013 he went on a world tour.

His parents never married each other but both married other people.

*Madalena Godinho*

### Taylor Swift

Taylor Swift is, in my opinion, the best singer nowadays. She started to be famous when she participated in "Hannah Montana the film". Taylor Swift is 23 years old. Her birthday is on 13 December and she went from Tennessee.



Her last album was "Red". Recently she opened two big ceremonies "Grammies" and "Britts awards" with "We are never getting back together" and "I knew you were in trouble"

I like her because she is a great singer, a good person and is very beautiful.

*Manuel Sobral*

### Harry Styles

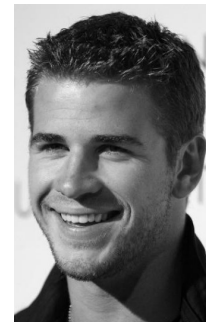
Harry Styles was born on 1st February of 1994. He has a sister called Gemma and his mother's name Anna. Harry had his first audition in 2010 on the X-Factor, the music that he sang was 'Isn't she lovely' by Stevie Wonder. One Direction was formed on X-Factor by Simon Cowell and now One Direction is the best band in the world and One Direction is formed by Niall Horan, Louis Tomlinson, Liam Payne, Zayn Malik and Harry Styles. They have two albums and they are having their second tour called 'Take me Home Tour 2013'.

Harry's nickname is Hazza. Harry has curly brown hair and green eyes. He's gorgeous and has a wonderful voice. Now he lives in London in a big house. One Direction did a work charity in Ghana and help a lot of people.

*Inês Martins*



### Liam Hemsworth



Liam Hemsworth was born 13th January, 1990, he is 23 years old. He has two brothers, Chris Hemsworth and Luke Hemsworth.

Liam lives in California and his family lives in Australia. He is an actor and he was in "The last song" in 2010 with Miley Cyrus his fiancée. And in 2012 he did "The hunger games" and his name on the film was Gale. He is a girl's dream. He has blue eyes, blond hair, is tall and good body. His personality is very good, he is always smiling. I like him because he is a good actor and a good person.

*Vitória Figueira*

### Cristiano Ronaldo

Cristiano Ronaldo was born in Madeira on 5 February 1985. He is 28 years old now, is, in my opinion, the best football player in the world. He started to play football when he was 8 years in Andorinha and then he went to Sporting. The people said when he was in Sporting he would be the best player in the world.

Now he is in Real Madrid and his coach is Mourinho. Cristiano won the golden ball on 2008, and the golden boot last year.

*Daniel Saraiva*

## Enjoy your meal

### My favourite restaurant

My favorite restaurant is Cappricciosa in Cascais and there are lots of things that make that restaurant my favorite one.

I love Italian food, definitely my favorite kind of food and in Cappricciosa, it is what they cook but with a great quality. I now the Italian food is not very healthy but they make me forget it because it is so tasty!

When I go to Cappricciosa, I normally eat a big, tasty and nice four cheeses pasta or ham and mushrooms pizza and I drink ice tea. I like the ingredients because they are all fresh!

The deserts are excellent too, without counting with the Santini ones, the Cappricciosa or Artisani ice creams are the best ice creams that I ever taste, they are sweet like a sweet!

The ambience there is very calm with sometimes some music and we can listen the sea sounds because Cappricciosa has sea view.

I feel always good when I go out and I have a good taste in my mouth, normally mango ice cream.

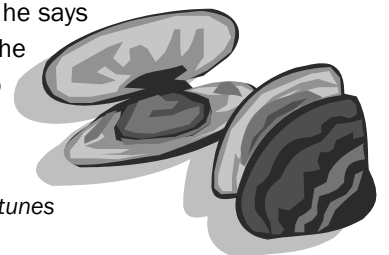


All this points  
m a k e  
Cappricciosa my  
favorite restaurant.

Pedro Almas

### My favourite restuarant

The restaurant that I prefer its "A casa do Victor" and my favourite food is clams and steak with cream sauce. Because in the "Casa do Victor" they do that very well. And it's very calm and the desserts are very delicious and when there is a football match on the television the restaurant fills so it's very noisy. That restaurant is a little bit "chic" so it's very expensive and my father when it's sporting who is playing and the Sporting score a goal, he says "GOOOOAAAALLL" very load. It's like in my home when he sees football games on the television, he says "GOOOAAALLLL" very load and the football games are at midnight, so we are trying to sleep and we close the doors but we hear. So it's that, it's my favorite restaurant.



Mariana Antunes

### My favourite restaurant

My favourite restaurant is "Mar de Areia" situated in Ericeira.

This restaurant serves fish usually and many people come here to eat fish and clams.

Usually the restaurant have queue to go. In my and the people opinion this restaurant is that cook better fish.

Usually closed in Tuesday the all day.

When I come here I eat the clams and grilled fish with a baked potato or shellfish and many things. In dessert I eat chocolate mosse or brûlée and normaly I drink ice tea.

The owner already know us because we go to the restaurant in holidays the school. Because I and my sister will stay my grandparent's house.

The restaurant is expensive because the fish is fresh every day.

Madalena Marques



### My favorite dish

My favorite dish is a roast chicken with a baked pineapple, it's a very good dish is a perfect meal to anyone who likes chicken.

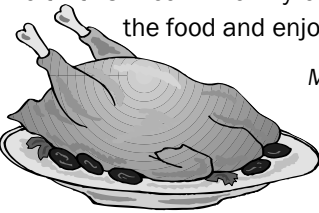
To do this dish you must have dedication and love with food,

The ingredients it's very simple to find you need a chicken, a tomato paste, and canned pineapple.

When you have the chicken cut and with tomato past you put in the oven, and wait until is well coked when you see that gold of chicken, you have to take out off the oven. And you add the canned pineapple with a chicken and put more 8 minutes in the oven until the pineapple are golden to.

Then you take out off the oven and plate the chicken and pineaple, you can have with a good Porto wine. It's going to be a very tasty meal.

E at this meal in family and savour the food and enjoy it.



*Maria Moniz*

### Food Glorious Food

I'm going to talk about my favourite restaurant. It's in Cascais, in Birre. It's name is Correio. It serves Portuguese food, such as: carne de porco à alentejana , that is meat and clams. There is fish too. There are sardines and mackerel. There is salad too. My favourite food in that restaurant is carne de porco à alentejana but each serving isn't big. I can eat a portion of that dish. For the dessert, there is fruit, mousse and ice cream. My parents and my grandparents drink all the times a coffee in the end. Normally I drink an ice tea or seven-up my father drinks a beer or wine with my grandfather. I think it's a great restaurant with delicious food.

*João Dias*

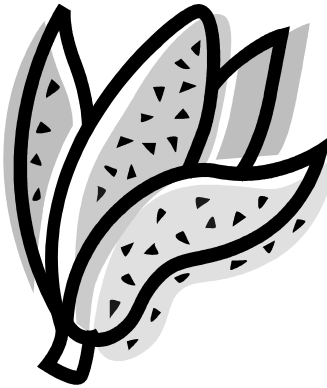
### My favourite restaurant

My favourite restaurant is Verbasco in Quinta da Marinha.

Verbasco has all type of food. It's calm, chic and it's very big, I like Verbasco very much .

My favourite dish from Verbasco is, vergetables all together, like mushroom, corn, courgette, cucumber and are all fried with mozzarella.

This is my favourite restaurant because it's fast, calm and has a wonderfull view of the sea. Verbasco has a small shop with golf's stuff and a bar with fast food but also chic.



Normally the people who play golf, go to this restaurant because the golf course is just near the restaurant.

However, I did there a hudge lunch with lots of friends of mine and it was awesome. The food was great! Everyone enjoyed it.

*Maria Bandeira*

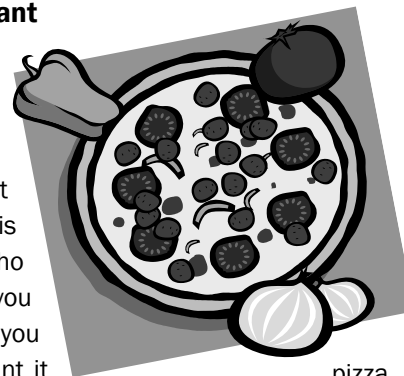
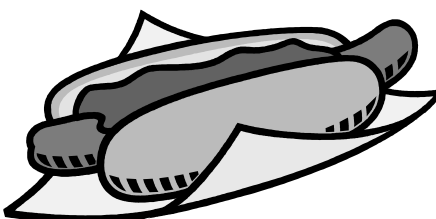
### My favourite restaurant

My favourite restaurant is "Sobe e Desce".

It serves a lot of things but the most important food in the restaurant is hot dog. The people who work there do it like you want , with the sauces you want or even if you want it

gratin. I love this restaurant because the hot dogs are tasty, light and good quality. I think it might be the best hot dog restaurant in Cascais. Oh! To the person who is reading this, I'm sorry, I should tell before were is it. It's in Cascais which is in Lisbon, the capital of Portugal. Today I'm going to have lunch there. When my father noticed it I was very happy, because, like I said, I love it.

*Sofia Matos*



### Favorite restaurant

My favorite restaurant is Capparicciosa. It's a pizza restaurant and the food is very tasty despite of not being so healthy. Capparicciosa is always next to Artisani (ice cream shop) and near the beach. The view from Capparicciosa to the beach is very beautiful. This restaurant has always no noise wich is a good thing because everybody likes silence. The only Capparicciosa I know is in Cascais but it's like all the other ones. I know another Capparicciosa but I have never eaten there (it's in Carcavelos) and Artisani is next to it. Most of the pizzas are not light, some are some aren't. Most of the people go to Artisani after eating. Capparicciosa is near the Conceição beach at Cascais.

*João Paulo Pereira*



**Guess which is the real or the imagined collector**

Peter B., has a strange hobby, he is 22 years old.

He has been collecting broken MP3 players for 2 years. He started collecting when he was in a shop. He saw a box full of broken phones, and he started thinking on starting a collection of broken MP3 players.

Since that day, he kept all those broken and old MP3's in his basement.

Today he has about 100 broken MP3 players.



Dieter K., is 38 years old and collects 1760 airline spoons.

He started collecting airline spoons 13 years ago, after going on holiday to Spain, with his sister Gunda. While they were flying towards their destination, she suggested they take one of the spoons, from there on he decided to collect as many airline spoons as possible. He says his family and friends bring him airline spoons. He is now very proud of owning 1760 different airline spoons.

**Answer:** The first text is the imagined collector.



*Maria Bandeira, Sofia Matos & Maria Antunes*

James S., is 14 and is a student in Paris, France. He has an unusual hobby. He collects all the Panini collections, including litlepetshops. He started in 2003 when he was in a newsagents with a friend and his mom. The first stamps of Panini he collects are about football players because he likes football and stickers he keeps the collections in his bedroom. James has now 300 stickers' book all completed of football players, animals, gormitis, angrybirds etc

John R. is a crazy collector, he collects celebrity hair. He won the guiness book of record for his large collection. He snipped hair from Marilyn Monroe, Albert Einstein, Abraham Lincoln, he was paid once \$15,000 to cut his hair like Elvis Presley Hair. He started doing this crazy collection in 2005 he is known as the "world's pre-eminent historical hair collector".

**Answer:** The real collector is the second one

*Maria Moniz, João Dias & Madalena Marques*

**Are you fashion crazy or a fashion lazy?**



- 1 What's your favourite colour?**
  - a) pink
  - b) red
  - c) black
- 2 How many times do you go shopping?**
  - a) every other day
  - b) once a month
  - c) once a year
- 3 What type of clothes do you prefer?**
  - a) dresses/ skirt
  - b) jeans/long coats
  - c) shorts/t-shirt and nice accessories
- 4 Who is Bruce Affleck?**
  - a) an actor
  - b) a fashion designer
  - c) I have no idea
- 5 What would you wear to a fashion show?**
  - a) classic dress with high heel shoes
  - b) jeans with flat ballerina shoes
  - c) tennis shoes and an old jacket
- 6 What item do you prefer?**
  - a) bags and accessories
  - b) high heel shoes
  - c) I don't know... whatever

**Key**

Do you have more A, B or C answers? Count them

**More As,** you are fashion crazy...run away from fashion lazy people, because it is contagious!!!!

**More Bs,** you are normal, you think fashion is ok but it's not the most important thing.

**More Cs,** you are fashion lazy...watch out! Go to Paris or Milan

*Catarina Lagarto*

**Maristas' Olympiad**

Every year, Marista's schools get together in one of the institutions to celebrate the Olympic Games Maristas.

This year, it took place in Colégio Marista de Carcavelos where eight other schools were welcomed (seven Spanish schools and two Portuguese in total), with the aim of establishing a Marista atmosphere, warm and convivial.

All schools had breakfast, lunch and dinner at school and slept in the classrooms.

The games were friendly and on the last day was the handing out of medals. With the collaboration of all the participants, assistants, doctors, referees it was possible to stage these Olympics and promote the spirit of fellowship.



*Francisca Rodrigues*

**World quiz**

Answers on page 41

**1 What's the capital of The United States?**

- a) Boston
- b) Washington
- c) New York

**2 What's the capital of Kenya?**

- a) Nikosia
- b) Nogoya
- c) Nairobi

**3 What's the typical food of Portugal?**

- a) kangaroo
- b) moose
- c) cod

**4 What's must you eat in Spain?**

- a) paella
- b) curry
- c) hamburguers

**5 What's the capital of Brazil?**

- a) São Paulo
- b) Rio de Janeiro
- c) Brasilia

**6 What's the capital of Norway?**

- a) Geneva
- b) Oslo
- c) Stockholm

**Leavers' trip**

As we all know we are going on a leavers' trip to Andorra, it will be amazing, but for that we still have to work hard by selling cakes to get enough money.

**Graffiti - For or against?**

In the world of graffiti, we called "writers" who "paint" walls – tagging (just the name with a marker) and bombing (something bigger, sometimes with characters, with a spray can) and usually belong to a crew.

The writers/crews have a competition among them, about who bomb the better places, the most viewed spots, which have more across the world... And who have more skill, who have the beautiful letters, and the biggest bombs. But they must have respect about the other works, and don't cross it, because if was a cross... probably there gone have a battle between the crews!

Some people says that graffiti isn't an art, is dirty and spoil the city. I don't think so... I mean, if was did about a person who knows what he's doing, and do it right and clean, can be a wonderful work of art, beautify the town giving more colours to there.

Unfortunately graffiti is illegal yet; some people don't think before do something for everyone and deface all graffiti



Laura Figueira

We are going to leave school at nine am of the 23rd of May. When we arrive we will do a lot of activities that the monitors will explain to us. The day after we hope do what we all want, skiing and snowboarding! We hope to but it's not guaranteed because the weather can change and be too dangerous to do that.

Hope my classmates enjoy it.

António Petiz

inking some "special" spaces like churches, private properties... This is horrible, and I don't agree with that, but, for other side... If the authorities legalize some walls, murals maybe writers don't "dirt" cleaning spaces.

What you think??

Maria Szilard

**7 What's the time difference between Lisbon and Hawaii?**

- a) 10 hours
- b) 8 hours
- c) 11 hours

**8 What's main ingredient of the Catalanian dish?**

- a) toasted bread, oil, sausages and ham
- b) toasted bread, olives, cheese
- c) toasted bread, oil, tomatoes and ham

**9 In which country did Pearl Harbor happens?**

- a) Japan
- b) India
- c) Hawaii

**10 In which country we can found a 7 stars hotel?**

- a) South Africa
- b) Dubai
- c) Malasya

**Food quiz**

Answers on page 39

- 1) How many McDonald's restaurants are in Portugal?
- 2) And in the world?
- 3) Where are croissants from?
- 4) What is the country known by its cod?
- 5) Name at least one tropical fruit.
- 6) What's the speciality of "Mirandela" city?
- 7) What's the country who eats many sushi?
- 8) Where can you drink the 5 o'clock tea?
- 9) Where can you eat a "bolo do caco"?
- 10) Where can you eat a good pizza?
- 11) What's the speciality in Frankfurt?
- 12) Where can you eat the Walker's cookies?
- 13) Name at least one of the better restaurants in Bourgogne.

Miguel Cardoso

## All-American heroes

### John Kennedy

John Kennedy was the 35th US President and son of Joseph Kennedy, one of the richest in the country. At WWII Jack joined the US Navy and his boat was hit by Japanese destroyer. He won a medal for heroism. After married Jacqueline Bouvier he ran for president against Nixon and won with a marginal vote. He was the first catholic and the youngest ever elected. His foreign policy was dominated by the cold war. His biggest failure was the Bay of Pigs invasion and his biggest achievement was in the Cuban missile crisis where he helped prevent a nuclear war. Kennedy made a big bet in the space program to put a man on the moon. He was assassinated in Dallas, Texas in November 1963. Lee Oswald was arrested which was very contested. Conspiracy theories have flourished, perhaps it is we are so used to history being made and changed by great men and great events. It's hard to believe a troubled man can do it to.

*Francisco Gomes*

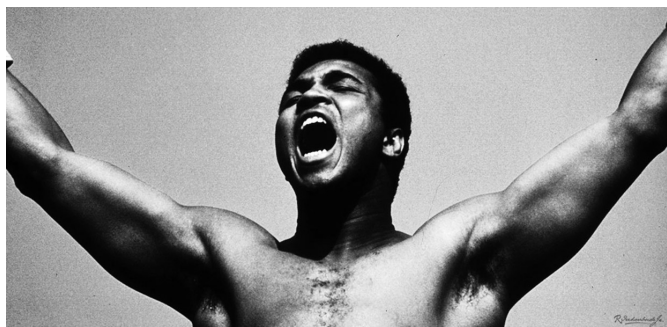
### Muhammad Ali

Classius Marcellus Clay Jr was born in Louisville, Kentucky in January 1942. Since 1975 he follow Sunni Islam and because of it he change is name to Muhammad Ali. A year before he had won the world heavyweight championship against Sonny Liston.

He descends from a honest family because his father paint billboards and signs and his mother was a household domestic, he had one brother call Rahmad Ali. He enter in this sport because when he was 12 he was trying to punch the thief of his bike and Joe E. Martin an police officer found him and train he. After that his amateur career starts.

His major achievement was the three-times linear world heavyweight championship but he had also won one Olympic medal and 2 national golden gloves he had an unorthodox fight style call " fly like a butterfly sting like a bee", in 1999 he was crowned "sports man of the century".

*Martim Seco*



### Barack Hussein Obama

The 1st African and 44th US President, born in Honolulu Barack Hussein Obama has changed his country.

Graduated on Columbia University and Harvard Law School this president is known as a lawyer, author and teacher. Obama is a loyal Christian and democrat which, brings instability to the parliament, elected on 2009 and also 2009 won a Nobel Peace Prize by nuclear disarmament and work for world peace. Barack ended the military mission in Iraq war also one of President's most important fact is the murder of the most wanted terrorist in world, Osama Bin Laden.

Going back to 2012 Barack Obama faced as his opponent for 2012 Presidency Election, Mitt Romney, ending with a great victory. Barack Hussein Obama brought America up with his very well-known method "Yes we can" after a 'wild' presidency as Bush's, witch such a simple article we can take a lot of a very successful president.

*Sara Pinto*



### Ronald Reagan

Ronald Wilson Reagan was the 40th and oldest President of USA. Born in Tampico, Illinois on February 6, 1911, he was raised in Dixon. Reagan went to Eureka

College where he earned a Bachelor of Arts degree in economy and sociology.

He went on to work has a radio broadcaster in Iowa, and in 1937 moved to LA to be an actor where he made over fifty movies; in World War II he took a sabbatical to serve the army.

In December 1943 he began his political career has Democrat but in the early 50's changed to Republican.

He run for California Governor's and served two consecutive terms. In 1980 and 1984 he won the presidential elections.

In 1994 he announced that had Alzheimer's, ten years later he died on June 5, 2004 in California.

He will be remembered as a strong instrument to the end of cold war.

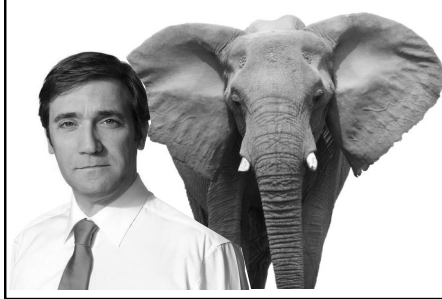
*Sofia Bulhão*

# ELC Echo

## PM WEDS ELEPHANT

Frederico Botelho

**Y**esterday the Prime Minister got married with a wild elephant. He said: "elephants have always been my passion, and I've just met the one of my dreams". This is a weird wedding, but the Prime



Minister said that he is very proud of it. The elephant is a female called Dumba and they met at the African rain forest. He fell in love for her because of the big ears and she got a crush on him because he gave her peanuts.

## POLICE BAN CLOWN-S BALLOONS WITH TOXIC AIR SPARKING RIOT

Rita Belchior

**L**ast Tuesday the FBI discovered that a clown from Louisiana's circus created a balloon with toxic air. That air caused riots and people started to get crazy and started to vandalism

Louisiana's streets.



The balloons were sent in the air and the air infiltrated people's skin, making them react that way.

The clown was arrested and diagnosed with a mental disease caused by a product that comes from Wraps in McDonalds.

The clown is waiting judgment together with McDonalds company.

## STUDENT SPARKS PROBE IN ELC

José Maria Bandeira

Yesterday Rita, the most fantastic student in ELC was killed and the police still don't know who is the guilty for this murder but, the principal suspect is Marta.

The police say that, this might be an envy case because, as I said, Rita was the best student and Marta, the

second one, always wanted to be the better and I know this because, their classmates told me that, she was always saying that Rita thinks that she knows everything and other things from this type, as we know this Marta might have wanted to kill Rita to became the super student from the school.

## ELEPHANT BLAST IN SOAP SPARKS SURGE IN TV RATING

Joana Coelho

It seems that last Friday night on the last episode of the TV show called "Gossip Girl" an animal was exploited to increase the TV ratings. One of the scenes of these show's episode, was filmed in

Africa on a safari. It says that the producer said he wanted to make a "little" more action in the show by exploding an elephant. The producer is being judged by the law, next week we will know what his destiny is!!



## China - unforgettable experience

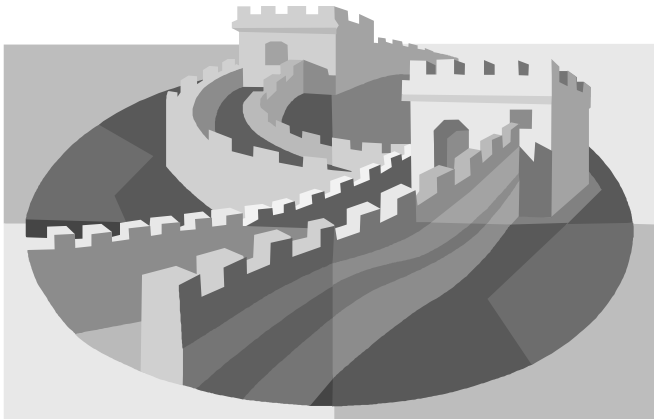
When you think of China, you think of a far rural culture, where traditions will ever remain the same. Is that right? In some way it is, but there's plenty more than that!

China preserves their ancient culture in a way that if a Mandarin from 1000 years ago could be transplanted to contemporary China, he would find the decorations, the opera shows and the food all familiar. He would recognize the iconic dragons and lions and even he would read the language!

Still, nowadays China has a contrast between sophisticated cities, such as Shanghai and the Hong Kong, where you'll deal with skyscrapers, the modern tube, western brand stores and agitated nightlife with lots of Karaoke rooms to let it all hang out. On the other hand, you'll be able to observe the wilderness of its landscapes, the ancient buildings as the glorious restored temples, the Great Wall where you'll love to get a good trek and the extensive parklands, where you can try spiritual exercises, such as t'ai chi or help with the beautiful Panda conservation programs.

In my opinion, visiting China is an unforgettable experience!

*Bernardo Domingues*



## Just a Dream

I wanted to do my best, but more than that I wanted the team to win. It was the last Musical Performance of the High School of Arts. I was just an ordinary girl who dreamt of a huge audience watching me dancing. I saw judges from important schools of arts. Our performance was an opportunity to succeed with a marvelous future. My heart wouldn't stop beating fast. The Musical started. "I don't know if I'm ready for this moment" I said nervously without knowing how to

react. As soon as some of teams made their performance, we went to the stage. The audience was waiting for the forthcoming team. "Good luck!" shrieked our dance teacher who was near the judges' table. The lights came up, all eyes were on us. I wanted to flow on stage gracefully. We started with modern and classic movements. It would start my solo part when I heard a voice coming behind me "Do your best" whispered

the boy I like. First, I just smiled at him but then I realized that I was in our show! Suddenly I made the movement that I had practiced for months, but something happened, I

fell to the floor. I heard "OH!" in the crowd but finally I woke up. It's just a dream, it was a regular day of training in the high school of arts.

*Carolina Mendes*

## Easter in Madeira – celebrating spring with family and friends

Are you thinking of an Easter break? Well then our travel agent offers you a big promotion to visit the archipelago of Madeira in Easter. If you're in the region of Madeira, you'll experience a very different Easter celebration than usual.



In the morning of Easter Eve, the region's priests invade the town centre to bless the houses. During the day, people love to play traditional games such as the "Balamento" game.

The "Balamento" game is usually played by two people, they gather at a certain time of the day to meet and say the word "Balamento". The first person to find the other says the word and wins a point. At the end of the game whoever wins has the privilege to eat chocolate bunnies and almond eggs.

In my opinion, Easter is the perfect time to try specialities of Portuguese cuisine. After the "Balamento" game the best delicacies are eaten, such as roast kid, lamb stew and meatballs.

It seems to me that this is the perfect match to a perfect Easter, so why not try it?

*Carolina Coco*





### “No one has ever become poor by giving”

*Anne Frank*

In the world we live in today, it is extremely important to give to the people around us. Not only give material things for their needs, but give the most important thing: kindness and love.

It can be a great challenge to give our time, our confidence, our feelings and our things to others, but the truth is that we don't lose absolutely anything. Besides, everyone earn something. People that help get really happy because they know that their gesture has made someone feel better, and people who are helped feel the kindness and feel that someone has worried about them.

What's more, people shouldn't face the act of giving as an obligation, they must face it like a right that other people have. We have to keep in mind that there are thousands of billions humans in the world and kindness can cover all the pain and make people feel very good. Because what's the meaning of life if we don't share?

*Carolina Santos*

### Kindness and Truth

“My religion is very simple. My religion is kindness”

In my opinion kindness is the most important thing in the world.

When we are kind everybody likes us and if we are like that all time we will have many friends.

But it have a big problem. For example, when a person hates another but start being kind to that person, is almost

### “But remember, boy, that a kind act can sometimes be as powerful as a sword”

*Rick Riordan, Battle of Labyrinth*

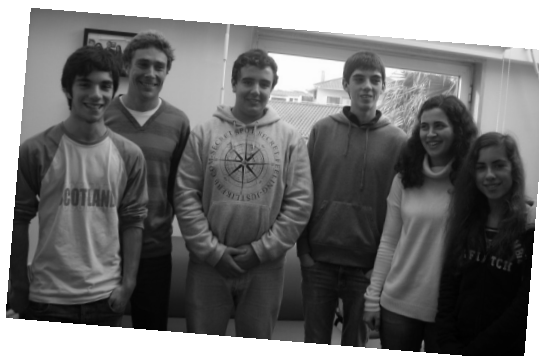
This quote is from a book of a demigod, his camp (of Greek Mythology) and his adventures (which include killing monsters and quests from gods).

Percy, the demigod whom this quote was said to, has a strong sword, Riptide, a powerful weapon that can easily kill his enemies on his hands. Percy has, like all demigods, a fatal flaw that shows he is one of the kindest persons ever: he never quits on friends or family.

With this quote I believe that Rick Riordan was trying to say that it doesn't matter your strength, you will only be strong if you are kind to others because, if you don't help them, they won't support you and you won't grow and improve yourself without other people around.

To finish, I think that being kind is very important so that you can feel better with yourself and people around you.

*Beatriz Ferreira*



### “Be kind, for everyone you meet is fighting a hard battle”

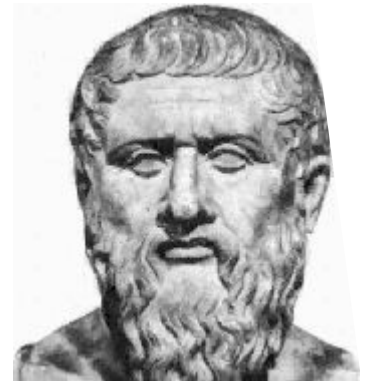
*Plato*

Nobody really knows how broken you are. We walk through people and we have no idea what their life is like. Everybody is fighting a hard battle, some against each other, others just against themselves. Some people are just trying to get through the day without falling apart. Truth is, everyone have demons of their own.

However, sometimes, people fail to notice one's needs, people fail to hear their silent cry for help. I once read we can't let life turn us bitter, just kinder, and we all desperately need kindness in our lives, because we can have it bad, but someone who's standing right next to us may have it much worse.

This quote is a wake-up call, to everyone that sometimes are too focus in their own lives, it's a reminder that we're not the only one's who're hurting.

*Mariana Silva*



the same as lie. When we became a liar, its very its very bad and we should be ashamed of ourselves. So the kindness together with the truth is perfect.

On conclusion, the kindness and the truth are the most important thing in the world, and everybody should adopt this as their religion.

*Rui Martinho*



In  
conversation  
with ...

## Jo & Bernardo

**J:** So, can you tell me about yourself?

**B:** I come from Porto and I graduated in Biology and then I undertook my masters in Barcelona, where I lived for 2 years. Then I came here to work in Lisbon; I work as a marina biology researcher in Algés.

**J:** When did you start studying at ELC?

**B:** I started 2 months ago.

**J:** Ok, and what do you like about studying here?

**B:** I love the teachers, the atmosphere – it's very relaxed.

**J:** Great to hear! What areas do you feel you have made progress in?

**B:** Most of all in the Use of English. I was studying in another school when I lived in Lisbon, and I came here – it's different, I prefer here – we are preparing to make the First Certificate exam.

**J:** How do you think English will help you in the future?

**B:** Well, I'm a researcher – I have to write scientific papers and all the presentations.

**J:** Right. What advice would you give to younger / other students?

**B:** To improve English in general. To watch a lot of movies with English subtitles – that's good. Maybe if they like music to download the lyrics from the internet – read and sing - and check words in a dictionary. And what I do, when I'm reading, the words I don't know I write on my mobile. Then I check in a dictionary.

**J:** That's a great idea! Well, thank you very much Bernardo.



Interviewer: Jo Smith  
Student: Bernardo Domingues  
Teacher: Gaynor Doyle

## The Death Penalty: A musn't have in our world

During the development of our civilization, almost every country ended with this barbaric way of condemning their offenders. However, countries like China, The United States of America and Iran still have that outrageous attitude towards humankind and none of the powerful organizations such as The United Nations or Amnesty International can do anything about it!

In my opinion, if a country doesn't respect the Declaration of Human Rights it shouldn't be part of any international organization that would decrease, dramatically, their ability to perform international changes and, consequently affect their own economies.

In other words, a country with the death penalty must be absent of international privileges.

From my humble point of view, I think that to be condemned to death isn't the right punishment for anyone – even for serial rapists or killers. On the contrary, the possibility to stay for eternity or closed behind bars would make them reflect on the harm they had done.

To sum up, I think that in a developed world like we are moving into, it should provide equal treatment to all the 7 billion people we are, without any disrespect to human rights like the death penalty is.

*Bernardo Quintino*

## Mini moral sagas

One day Ana was cooking culinary masterpieces, and then she saw a group of cool girls. She wanted to fit in with them but she had to dress flamboyantly. She went shopping. She was looking forward to buying some dresses. Unfortunately she hated them and threw them in the dustbin.

The moral of the story is `Be yourself`

*Beatriz Saraiva & Cheila Cardoso*

There was on unwanted girl with a hesitant smile, who was in love with a guy from her school, but he turned her down at a party.

One day, she was talking with her grandfather and he envisaged that she would find the right guy and she sympathized with him.

The moral is "Always trust your grandfather because there are plenty more fish in the sea".

*Daniella Marques  
& Catarina Joana Piteira*

We were driving when we caught glimpses of something strange. Despite swerving we crashed into a four-legged friend, which was a cow dressed in fashionable clothes. Now I am more careful when I drive through a zebra crossing because besides killing the cow, my car went to the scrap yard.

The moral of the story is "Drive carefully"

*Bárbara Ribeiro  
& Joana Mendonça*



On a journey to Amadora, The Beast, a stylish cockroach, was crying nervously, because he almost ran over a beetle, who

turned out to be John Lennon. However, The Beast, still tried to kill him because he thought it Bieber the beaver, not being, he tried to swerve desperately.

The moral of the story is "Never mess with a cockroach. EVER !"

*Pedro Pereira & Rita Coelho*

## What will the future be like?

By the time we run out of natural resources, such as petroleum and drinkable water, technology should have evolved enough to provide us with life support and fuel to suffice for mass emigration to a habitable planet outside our solar system.

Science fiction has taught us that this mass exodus is meant to happen, but it is not as ridiculous as it may sound. Studies assure us that at the current rate, drinking water will run out by 2120, and beyond 2050 only about 50% of the world's population will have access to it. The first levitation vehicles are in prototype phase, and from then on it's a baby step to make it fully functional.

It may not happen (probably won't) during our lifetime, but it's predicted to happen.

*António Pacheco*

## Crazy paving

Living in Portugal long enough to have a reasonably fair idea of the country's most outstanding issues, I reckon my opinion should be taken into consideration. I actually don't like to express any criticism about other cultures even if good reasons support it.

That's not the case with the Portuguese who can take pride in the food they offer, how welcoming they are and in how blessed they have

In  
conversation  
with ...

## Jo & Margarida

**J:** Hello! So, I'm Jo. Can you tell me about yourself?

**M:** I'm from Cascais and I'm 14 years old. I go to Colégio de Luisa Sígea.

**J:** When did you start studying at ELC?

**M:** I started studying about 6 months ago, in November.

**J:** Why did you start studying here?

**M:** Because I wanted to do my FCE but then they said CAE would be better – so now I'm practising for that.

**J:** What do you like about studying here?

**M:** I like talking in English mostly, and to upgrade my English – to make my English to something better.

**J:** What areas do you feel you have made progress in?



been by nature. Surely climate is not a cause for discouragement in the mind of visitors either. Service and prices are highly appreciated too. But not one day passes by without me cursing that elegant, ancient, extremely locally admired Portuguese pavement that has hundreds of times, made me twist my ankle and my embarrassment rockets to the heights at the look from sneering passers-by.

*Visi Andres*

**M:** I've made progress in vocabulary and grammar, which were my weakest points.

**J:** Ok, that's good that you knew that. How do you think English will help you in the future?

**M:** I want to go and study abroad so when I go I have to have good English and a good certificate to help me.

**J:** What advice would you give to younger / other students?

**M:** I'd tell them that English is not a waste of time, like many people think. That you should really learn from it because one day it's going to be a global language.

**J:** Thank you very much for talking to us!



Interviewer: Jo Smith  
Student: Margarida Fernandes  
Teacher: Gerry Aldridge

## Fish fingers and custard

They were always with him,  
and now he's alone.

Ask Donna: "Where's the doctor?"

She'll reply: "Doctor Who?"

Sarah Jane, Rose and now both  
the Ponds

had their fun with the Doctor  
and now they're all gone.



So ask me again why  
the TARDIS is blue.

There's a sad man inside,  
with both his hearts torn  
in two.

*Ana Facha*





### Shine bright like a diamond

We are all aware that it is the chorus of Rihanna's latest hit. However, the expression has a deeper meaning than that.

We are all a diamond in the rough. Therefore, we all have the right to shine in the things we are extraordinary at. You should never settle for something and in order to be completely fulfilled you should be passionate about something or someone to such an extent that it becomes the apple of your eye and you should never let it take second place to anything.



On no account should you be persnickety or look down your nose at other people, because then you will probably not get as many opportunities as someone whose good mood is infectious. However, if you feel like chances are taken away, be patient and just shine at the right time, because patience and success are intrinsically linked.

The best advice that can be given is to be positive and you will thrive and shine like a diamond in what you enjoy.

*Carlota Mora*

### The imaginary world of an adult

The abstract mind, a blessing and a curse. Many writers have been labeled as wacky or crazy for creating their own world, their own perceptions of time and space, life and death.

However, just think about the importance of fantasy in life. What would we be without something to withdrawn us from real life? Wouldn't we be constantly looking for a meaning or purpose to achieve completion? Beliefs are themselves fantasious. Just as Tolkien uses the first world war in which he fought, as an inspiration for conflicts in Middle Earth,

### Piece of cake? I don't think so ...

Baking a cake isn't exactly the easiest task in the world. You have to choose and measure everything and to carefully prepare the mixture with the right amount of the best ingredients to the specifications of the recipe, to keep an eye on the cake as it bakes so that it doesn't overcook ... Then why do we so often use this expression to describe something we can do effortlessly?

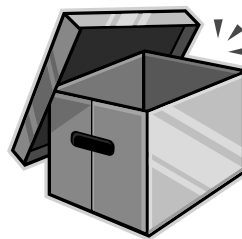
The idea of a cake being "easy" emerged in the 1870s in US slavery states, where the most "graceful" couple of slaves to walk in a circle would win a cake.

### Cross-generation similarities

Do I see a reflection of myself in any of the contemporary kids? Definitely not.

When I was I child, a single cardboard box used to be a fantastic treasure, it could be whatever I could turn it into! Nowadays, a cardboard box is just something to cover a state-of-the-art device to entertain children briefly, to isolate them and raise them as non-social human beings. Why parents let this happen remains a mystery to me.

As with many events in life, moderation is the best attitude to take towards



The actual expression was first used in print in a 1930s poem called "Primrose Path" by Ogden Nash and was adopted during World War II by British pilots to describe a target that was both unmissable and fun to attack or destroy.

*Marta Andrade*

everything. It may be the case that I am all talk, and when the

time comes, I will just resign myself to whatever makes my children appear happier.

The problem is that ignorance is not an option. Our children will always have a friend who owns one of these gaming devices!

I can conclude that the change would have to be universal, or else we will just be the bad parents who don't offer our poor children a mere toy.

*Tomás Carvalho*

ancient people could have used real events as inspiration to write the Bible. As far as we know, Harry Potter's books could be the core of a religious cult. Undoubtedly fiction plays an important part in our lives whereas helping people in finding a comfort/ideal zone to where they can vanish.

As far as I'm concerned, we all need a Narnia, or a Hogwarts or a Middle Earth. We all need something to hold on to. If you can't create your own, grab on to some created by others.

*Rita Bernardo*

**Greetings from London**

Hi Kate

How are you? I'm on holiday in London.

I'm in a big hotel near the Big Ben.

My room is very big but it isn't cheap.

My son Paulo is here with me but my daughter isn't.

The people are unfriendly and my English isn't very good.

The food is very nice. The weather isn't very hot.

See you soon

Best regards

Milú



In conversation with ...

*Gaynor & Milú*

**G:** Hello Milú. I'm Gaynor. So, tell me about yourself.  
**M:** I'm Portuguese and I live in Cascais. I am 62.  
**G:** And what's your job?  
**M:** I am retired.  
**G:** Ok, and when did you start studying at ELC?  
**M:** I start at ELC in September 2012.  
**G:** Right, and why did you start studying here?  
**M:** I like the English language.  
**G:** So, what do you like about studying here?  
**M:** I like the teacher; I like my group class.  
**G:** Ah, so you're studying in a group?  
**M:** A group and private lessons.  
**G:** What areas do you feel you have made most progress in?  
**M:** I progress in writing. Eu penso que na gramática e na conversação, mas tenho muita dificuldade a pronunciar as palavras.  
**G:** How do you think English will help you in the future?  
**M:** I think to go to the UK.  
**G:** Ok. Que conselhos gostaria de dar às outras pessoas que queiram estudar no ELC?  
**M:** Eu vim para o ELC por intermédio de um amigo meu, que estudou português. Ele é Inglês e estudou Português aqui nesta escola. Eu aconselho aos meus amigos e às pessoas minhas amigas que venham estudar no ELC, porque tem bons professores, a escola é muito agradável, os grupos de estudantes também e as aulas privadas - como eu tenho com a Kate, são extraordinárias. Por isso, aconselho a todas as pessoas que queiram estudar Inglês e Português - que penso que também seja bom aqui na escola -, que venham estudar, porque é uma escola extraordinária e muito agradável.  
**G:** Well, thank you for your time Milú. Muito obrigada! Foi ótimo!

Milú Almeida



**What is the daily routine of my daughter Matilde?**

Matilde wakes up, around 7 o'clock. She dresses for school and goes downstairs for breakfast. She eats bread and drinks milk. At about 8 o'clock she goes to school. At 8:30 am she starts school. Matilde at 10 o'clock usually has a light snack, after this she goes back to school. At 11h30 am she goes to rhythmic gymnastics. At about 12 o'clock she lunches, and then goes back to school. Matilde classes ends at 4 pm. Sometimes her grandmother takes her home, Matilde plays for an hour and she does homework. At about 6 pm she goes to the bathroom and has a shower and she eats a dinner. At about 7 I take her home. Usually she goes to bed at 8 o'clock the night.

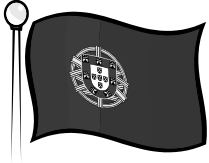
Carlos Martins



Interviewer: Gaynor Doyle  
 Student: Milú Almeida  
 Teacher: Kate Senior

- Food quiz answers**
- 1) sausage and banana, kiwi
  - 2) 33,500
  - 3) France
  - 4) Portugal
  - 5) mango, papaya,
  - 6) alheira
  - 7) Japan
  - 8) United Kingdom
  - 9) Porto Santo,
  - 10) Italy
  - 11) Maderia, Portugal
  - 12) Scotland
  - 13) Le Rompass,
  - 14) beer
  - 15) Tournees or Le Gruze

## Meals in Portugal and Canada



In Lisbon usually there are only four meals.

The people have breakfast at home and drink coffee about ten o'clock in the café near their work.

The people have lunch between 12:30 at 2 hours in the restaurant, this is not expensive.

They eat a dish of meat or fish, have a drink, dessert and coffee.

A lot of people have a small snack in the afternoon.

The dinner is usually soup or salad and meat or fish.

Sometimes, at the weekend families eat out and go to bars to drink beer, orange juice etc.

In Canada, people have breakfast with eggs, bacon, cheese, toast and drink orange juice.

People don't usually have lunch, they eat a small snack and drink coffee with milk. They also have dinner earlier.



*Maria de Lourdes Almeida*

## Portuguese Food

Portugal is a country situated south and west of Europe. It is bordered by Spain 50% and 50% by the Atlantic Ocean once that we can highlight the great North Porto wines as well as the feijoada transmontana and the famous francesinha in the center there is a fantastic Portuguese steak with egg and in the south of the country we highlight the Alentejo bread and migas.

Portugal is also know for its beautiful beaches, seafood its best quality beer of the world, not to mention the sunny days that are along of the year.

Portugal is a perfect country to spend a nice vacation with the family and enjoy good walks by the sea/seaside in the countryside or even by boat.

Welcome to Portugal, come again...

*Pedro Correia*

## Food across the world

Hello Kate,

I am writing you this email to tell you some facts about some countries where I lived. I tell you what these cultures eat at breakfast. I lived in Brazil, Spain and now I live in Portugal.



In Brazil is very customary to eat a lot of fruits at breakfast. It is very hot and there are many different kinds of fruits in Europe. This fruits call the tropical fruits.

The fruits is to eat and to make fruit juice.

I like very much this fruits but my prefer is coconut. The most famous drink for breakfast in Brazil is coffee, black coffee. Typical and known in all world. In Portugal and Spain there aren't different eat at **b r e a k f a s t**. Eat the bread with butter and cheese or ham. Drink milk **c o f f e e o r t e a**. But there is a different in Portugal and this different is much important for culture Portuguese. This different there is the cake "Pastel de Nata". This is a typical cake in Portugal. In Portugal there are a lot of bakeries.

I hope you enjoy

*Renata Fernandes Magro*

## Special food to a special day

A balanced diet is important for good health. We should give attention to the type and frequency with which they eat some foods. The food wheel must always be respected. But there are special days to break the rule and commit some excess.

I'm going to talk about meal on Easter Sunday.

In my opinion, the lunch on Easter Sunday is a special moment. The family gets together, don't worrying about the time, every body is relaxed, talking and laughing. The preparation this lunch began yesterday this special menu is a four course meal. The first course are entries: a big salad with lettuce, carrot, onion, red beet, mushrooms, corn, asparagus, nuts, pinions, raisins and several types of cheeses.

The second course is fish: bass in salt with potatoes and cabbages. The third course is leg of lamb with potatoes, baby carrots, herbs, tomatoes and chestnuts roasted in stove. Finally the fourth course is dessert: several fruits are cut and covered with hot chocolate and ice cream.



There are only a few days a year when all the family gets together which justify some of these food excesses.

*Isabel Batalha*

## Portuguese and English together in the classroom

We learn English by watching TV and films; listening to music and writing. Sometimes we read newspapers and magazines. Also we search words and sentences in English in our computer and our cellphone. For practise, when we have the opportunity, we talk a little with people in our job.

The class today was very important because we started talk with two different guests, Somesh Sharma and Cath French, both from England. About this experience we felt comfortable and very calm, because they are students too.

We liked the class today, We hope that we repeat this class another time.

*Josmar Silva & Luiz Portal*

Today we practised the English language with 2 students of Portuguese. Somesh Sharma and Cath French.

This experience was very important because we practised and became the teachers! We must also practice this way with our colleagues in class and we think this was a good idea. In our opinion, we should repeat this.

*Isabel Marrote, Meliss Faba & Helena Antunes*



We enjoyed this experience today to talk to two students of Portuguese in this school.

They speak in English with us and this is very important for the group. They live in Carcavelos and work in Lisbon.

They come to Portugal three years ago and they like Portugal especially the weather, people, food and the beach.

Their names are Somesh and Cath. They come from England and they are very friendly people. They speak well Portuguese!

*Beatriz Sequeira & Adriano Veríssimo*

### Mauro's typical day

Mauro wakes up at 8 o'clock and then he goes to the bathroom for a shower and brushes his teeth. He dresses for work and goes for breakfast. He eats bread and drinks a cup of coffee. At 9 o'clock he goes to work, he drives his car to work. Mauro goes for lunch at 2 o'clock. He eats salad, rice and meat and drinks water. He goes back to work at 3 o'clock. At 5 o'clock he goes for a coffee break, he goes back to work at 6 o'clock.

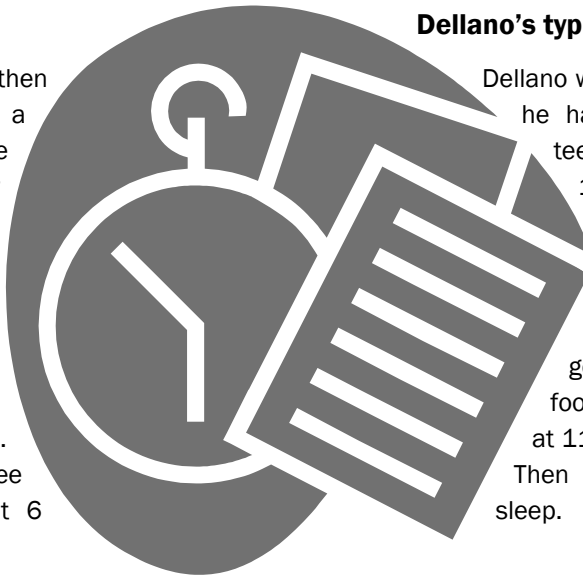
Mauro works till 8 o'clock then drives his car home. At 9 o'clock he goes for dinner. He eats salad and drinks wine. Mauro goes to bed at 11 o'clock.

*Dellano Santos*

### Dellano's typical day in Portugal

Dellano wakes up at 10 o'clock and then he has a shower and brushes his teeth. He has breakfast at about 10h30, sometimes he practice exercises after breakfast. Dellano goes for lunch at 1 pm. He eats salad, meat and drinks juice. At 6 o'clock he goes to gym. Then he goes to football practice. He returns home at 11 pm and will prepare his dinner. Then he watches TV and goes to sleep.

*Danillo Santos*



World quiz answers  
from page 31  
1) b  
2) c  
3) c  
4) a  
5) c  
6) b  
7) c  
8) c  
9) c  
10) b

## How good a person are you??

1 You see your teacher in the corridor carrying a big pile of dictionaries. What do you say to him / her?

- A) I'll help you to carry the dictionaries.  
 B) I'll go to the bathroom and then I'll come back help you.  
 C) I'll call somebody to help you.

2 You are at a friend's house with a group of people, but nobody seems to be enjoying themselves. Your friend looks more and more worried. What do you say to him / her?

- A) I'll turn on the dance music and open this champagne.  
 B) I'll tell you a joke.  
 C) I'll see you later.

3 You are having a dinner in a restaurant with a group of friends. Suddenly the person next to you tells you she feels really ill. What do you say to her?

- A) I'll take you home.  
 B) I'll phone your family.  
 C) I'll call you a waiter.

## Grand Canary Island



In 2010 I went, with my two sisters, to Gran Canaria in the first week of august.

At night, we decided to go to some restaurants in the city. One of them was very quiet. It was near of the centre of the city. When we arrived at the restaurant, we noticed that outside the restaurant there was a small garden with beautiful flowers. Then straight away appeared a nice waiter calling for us to go inside the restaurant. Already inside the restaurant we saw many tourist eating

4 Your sister and her husband have been invited to a party, but can't go because they can't find a babysitter. What do you say to them?

- A) It will be a boring party, don't worry.  
 B) I'll get a babysitter.  
 C) I'll babysit for you.

5 Your friend calls to say he can't go to a party tonight because he's got a lot of homework to do. You've already finished yours. What do you say to your friend?

- A) It's OK; we'll go out next weekend. (5)  
 B) If you want I'll help you to do the homework.  
 C) Tomorrow I'll tell you if the party was nice.

6 You find you've won €500 in a competition. What do you say to your friends?

- A) We'll do a trip together during the holidays.  
 B) I'll buy you a present.  
 C) I'll spend the money on me.

and decided to seat down near some handsome guys. When we were waiting for our dinner we were listening slow and calm music. The atmosphere was cosy and fresh, because of the temperature (summer). Me and my sisters decided to eat healthy things and then taste some drinks from Canária.

Also the food and the drinks were sublime and new for us, because of some ingredients. At the end the price wasn't too much. Then, after dinner, we went to some bars.

*Olga Esteves*

7 Your mum comes home from work with a really bad headache. What do you say to her?

- A) I'll prepare a good dinner for you.  
 B) Ok, I'll go out.  
 C) I'll give you a pill.

## KEY

- 1 A-10 B-5 C-1      2 A-10 B-5 C-1  
 3 A-10 B-5 C-1      4 A-1 B-5 C-10  
 5 A-5 B-10 C-1      6 A-10 B-5 C-1  
 7 A-10 B-1 C-5

**Scores 7- 20** You will end up very lonely. Be a bit nicer and your life will be better

**21-50** You are quite a good person and you will be happy

**51-70** You are amazing the world would not be such a good place without you in it.

*Cristina Musteata, Carlos Costa,  
 Eliseida Fortes, Francisca Castro,  
 Camilla Cavalini, Daniela Langui,  
 Rui Magalhães, Olga Esteves  
 & Miguel Monteiro*







In  
conversation  
with ...

## Neil, Frederico & Joana



### Antonin Artaud

Antonin Artaud, one of the most influential figures in the evolution of modern drama theory, was at the same time an extremely unhappy person. Because of his mental illness, Artaud was unable to adapt to life. He wrote a famous book called *Theatre and it's Double*. This masterpiece shows us the thoughts and the visionary opinions about the meaning and purpose of theatre. For Artaud, theatre is the opposite of occidental culture and how people try to include the word when in most cases it's not necessary.

*Frederico Barata*

**N:** So, I'm Neil. Can you tell me about yourself please?

**J:** I'm from Cascais – I've always lived here. I'm studying Leisure Management in Estoril. I love my course. I have a job too. It's with 'rappel', canyoning, all the adventure activities.

**F:** I'm 27; I've been working for 10 years. Now I'm studying – I'm an actor and now I'm studying theatre in the Conservatória in Amadora.

**N:** And when did you start studying at ELC?

**F:** I started about 1 month and a half ago. I had English in my secondary school but I want to learn more – I want to take an MA in London so I need to practise and talk more.

**J:** I started in January this year.

**N:** Why did you start studying here?

**J:** Because I'm on a tourism course and English is really needed. I had the basic but I always thought I don't speak too much. Here – I heard that you speak a lot, you will speak more than you imagine – and that is what is happening!

**F:** Well, because of my area – I want to work with texts. If I want to interpret an English text in need better English.

**N:** So, what do you like about studying here?

**J:** Here I learn pronunciation, new vocabulary – it helps to speak with a lot of people about different things.

**F:** Well, ELC is important for me first, because it obliges me to make a structure with our thoughts. It's important to talk each time about a different theme.

**N:** I see. And what areas do you feel you have made most progress in?

**F:** Maybe vocabulary – I have more words. At home I read, with the dictionary.

**J:** You are more relaxing to talk with other people. And I think that happens with me too! I

have improved my pronunciation of some words – it's good when I give presentations in my school.

**N:** How do you think English will help you in the future?

**F:** English is a universal language – so if I want to go to China or Indonesia, I know people there can talk in English. It's important if we want to work in different countries. In the search for work, you have more in English than Portuguese.

**J:** For me I have to talk with a lot of English people in my profession, but I have some sports that started in English countries – all the books and instructions are in English. For example canyoning, it's not a well-known sport, but it's growing but in English.

**N:** What advice would you give to younger / other students?

**J:** Don't live for tomorrow! Try to do the First Certificate. I came to a phase of my life that I know I don't have a big curriculum so if you start early you will not have the same problem.

**F:** English is very important for your future; it makes you more rich, more open minded and if you want to increase your opportunities and life, it's important.

**N:** Thank you very much for taking the time to have this interview – nice to meet you!



Interviewer: Neil Rush  
Students: Frederico Barata & Joana Chaves  
Teacher: Gaynor Doyle

**Money and Power**

It's a fact that nowadays, people don't seem to care about anything besides themselves.

We're living in a world of money and power and it is affecting our behavior. If we think carefully, we'll notice that there are things which we're so used to, that we have stopped paying attention to them. For example, can you spend the whole day without buying something? I don't think so, me neither.

We've changed our thinking: we don't value of money and we break something, we can replace it by new or even replacing it better. Unfortunately, we most important feeling in achieve happiness by

We must appreciate love and can't be replaced after we have

It's time to transform, to get better!



w a y o f understand the we don't care if since we know buying something for something keep forgetting the world. We won't purchasing an object. friendship because this thrown it away.

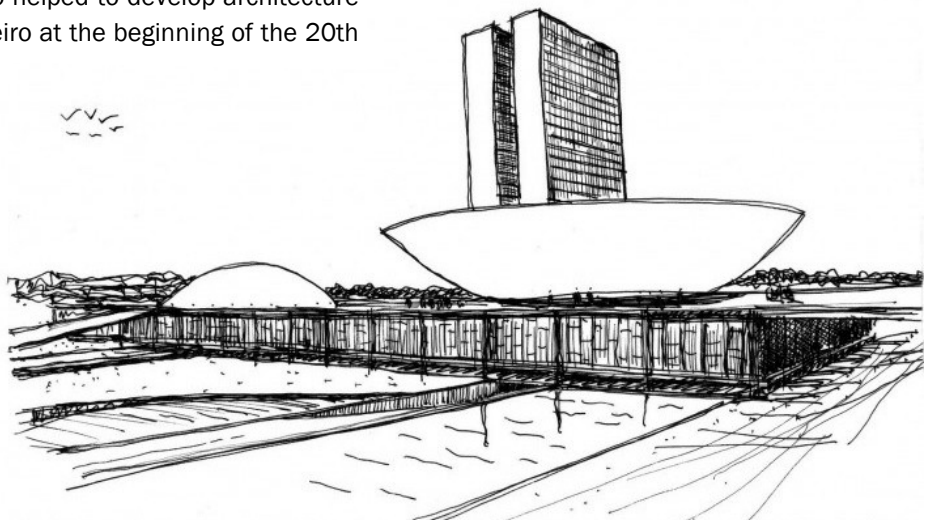
*Mariana Santos*



**Oscar Niemeyer**

Oscar Niemeyer was one of the most famous architects in our time, he not only executed great projects, he also helped to develop architecture as we know it today. Born in Rio de Janeiro at the beginning of the 20th century, he became one of the most active architects in Brazil with projects not also in is country as well as worldwide, but apparently he never forgot his family. He educated his daughter Anna Maria together with his wife. Oscar was never too busy to accept a new challenge, but unfortunately he left us last year. The artist has gone but his work will keep him alive forever.

*Hugo Correia*



**How I feel about my city !**

From my point of view, Cascais is one of the paradises in Portugal comparing with other popular cities here such as Porto and the Algarve. My city can combine the calm and the quiet that you cannot find in the Algarve and at the same time it has the daily light, the summer and the nice weather that you rarely find in the north of Portugal. Furthermore, we have beaches as your second home or your daily refuge.

Mainly as a holiday destiny every summer we can feel a spill of foreign people onto the streets, hotels and pubs enjoying what our city has to offer them. We can see it through their happiness here, the burnt, red skin that they show and even the queues at Santini's that are also so loooooong in this period. I love this spirit. I love this fresh air. I love the fuss of the tourist.

What's more, the summer music festival here - the sea festival - a very recognized one and always a good place to eat and drink traditional things, mainly codfish, sardines and wine and also the right place to find a friend that you did not see so far. To conclude, Cascais is my city, my home. It is here that I am happy, free and myself.

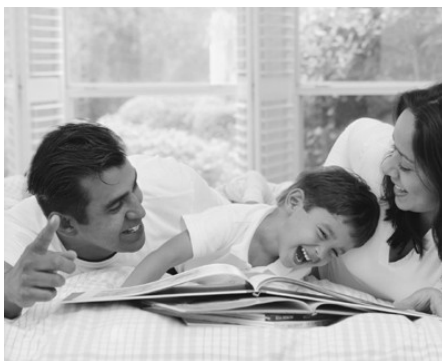
*Mariana Marques*

### Being a father today

I am writing to respond to your article about the theme “ Being a father today”.

I have always felt that being a father is much more than taking financial responsibility, such as feeding and clothing a child. To be a father it is not only provide the basic needs, but also to spend quality time investing in the education of one’s own child.

I personally believe that if a father spends at least one hour every day



with his children, listening to their stories, problems, fears, playing and teaching, they will develop more confidence in themselves and become future responsible adults.

However, the demands of today’s society do not leave much free time to be a father. Free time is becoming a rare commodity.

In conclusion, to educate a child today to be a responsible adult one has to make choices in life and evaluate and prioritize what is really important. We can not forget that the father you are is the father your child will be.

*Paula Pires*





## Food, Glorious Food: 2013 writing competition winners

This year's school writing competition – held in the run-up to Easter – had the theme 'Food, glorious food'. It proved to be a popular topic and the judges were inundated with entries from every class. There were four categories and the winners each received a book and a chocolate bunny. So, get yourself comfortable and feast on the winning entries.



### A new kind of café

If you want to experience a new way of thinking, there's a new café located in the center of Lisbon, which brings the traditional and the new together.

Grab n' Run is a café, which serves throughout the whole day, a vast selection of the best tasting sandwiches and hamburgers as well as some low-fat snacks, that are sure to improve your day. So far it sounds like every other café out there, but here's the twist, besides an area where you can enjoy your meal comfortably while using the free Internet access, Grab n' Run has an outdoor "walk-through", where, after you've made an online account, you can pick up your order at any time settled the day before through their website.

So, if you are always in a hurry to get to work, want to sleep a little more, or just want to enjoy a good meal, I seriously recommend you to try Grab n' Run, you won't regret it.

*António Pacheco, CPE*

### The food I like

Hello! My name is Leonor Seco. I like fruit, meat, bread, orange juice, cereal, cake, chips, pizza, hamburger, hot dogs, chocolates, sweets, popcorn, coca-cola, eggs, toast, soup, rice, potatoes, pasta. I usually eat milk, bread, fruit for breakfast. I usually eat soup, rice, potatoes, meat, fish, pasta for lunch.



I usually eat soup, pasta, pizza, hamburger, hot dogs, meat, fish, potatoes, rice for dinner. My favourite food is spaghetti bolognese.

*Leonor Seco, TA1*

### My favourite food

My name is Tomás. I am nine years old. I like fish, meat, pasta, rice, hot dogs, and fruit.



Usually I eat for breakfast cereal with milk or toast, at the weekend I sometimes eat eggs. I at lunch or at dinner eat fish or meat with pasta or rice, with a salad and with a banana or a pear.

My favourite food is pasta with spinach. This food is very tasty and I even when I just eat more or less repeat twice. I eat this food many times and sometimes with bacon.

*Tomás Pinto, K4*

### Restaurant review: "Taj Mahal"

This was the first time I went to an Indian restaurant but I can say one thing it was wonderful.

The food in the restaurant is really good, they have many traditional Indian dishes and also have many other. Majority of the traditional dishes are a little spicy, not very much but there are very spicy dishes too. The Indian drinks are made with milk or yogurt and taste very good.

The atmosphere in the restaurant is very calm and attractive. When you are eating you can hear relaxing Indian music or watch a football

game on television. Inside the restaurant has typical Indian decorations that are very beautiful and attractive too. The service in the restaurant is great, and the waiters are very friendly. The food is very well

served in some very interesting plates with a candle inside.

If I don't count some details that had disturbed me a bit, I can say this is a great restaurant to eat there with your friends, family or even alone, you will be always welcome there.

If it were necessary to review this restaurant from 1 to 5 I would give it a 4.5 because this restaurant deserves it.



Finally I advise all to go there and I hope you like it too.

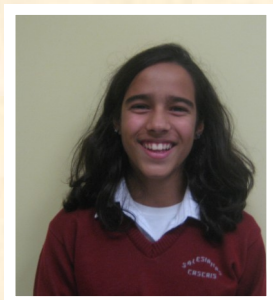
*Vlad Yarosh, TB1.2*



# Students of the month



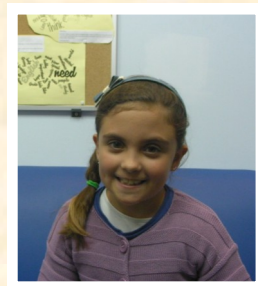
*Tomás Oliveira*



*Andreia Leitão*



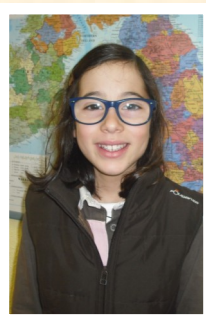
*Bernardo Santos*



*Beatriz Inácio*



*Sofia Bulhão*



*Constança Paixão*



*Maria Lourdes Almeida*



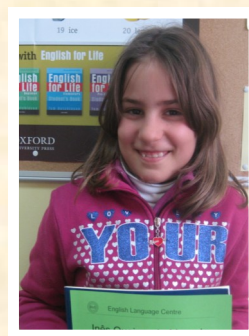
*Mariana Jerónimo*



*Mariana Machado*



*Catarina Solipa*



*Inês Cunha*



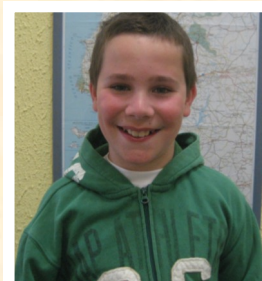
*Liliana Marques*



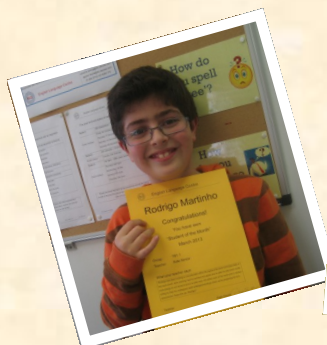
*Marianna Leite*



*Francisca Rodrigues*



*Francisco Torrão*



*Rodrigo Martinho*



*Rita Sales*



*Spring Class  
of the Term - TA2*



*Autumn Class of the Term - TB2*



*Summer Class  
of the Term - TB1.1*





*Greetings from Cascais*



**CURSOS PARA:**

- Crianças e adolescentes
- Adultos e Profissionais
- Preparação para exames: Cambridge First Certificate, Cambridge Advanced / Proficiency, IELTS / TOEFL

**Aberto de 2ª a Sábado, no centro de Cascais.**



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 caroline.darling@elc-cascais.com • [www.elc-cascais.com](http://www.elc-cascais.com)

**ALDEIAS DE CRIANÇAS SOS PORTUGAL** ALDEIA DE BICESSE

Aos  
 Alunos do English Language Center  
 A/C Caroline Darling

**Assunto: Agradecimento**

Em meu nome pessoal e das famílias residentes na Aldeia de Crianças SOS de Bicesse, agradecemos o esforço de generosidade que a V/ Escola levou a efeito no passado mês de Dezembro.

Tão importante como os produtos que nos foram oferecidos, foi o carinho e a solidariedade que a V/ delegação nos manifestou e que acolhemos como um precioso incentivo para o aperfeiçoamento permanente da nossa acção ao longo presente ano, com a esperança de podermos continuar a contar com o mesmo apoio que nos têm concedido.

Bem hajam!


Bicesse, 12 de Janeiro de 2013

O Director  
 Aldeia de Crianças SOS  
 Aldeia de Bicesse  
 Estrada do Livramento, 292  
 2640-347 ALCANCICHE (Portugal)  
 (Manuel Salvador Espírito Santo)

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**ELC Escola de Verão 2013**

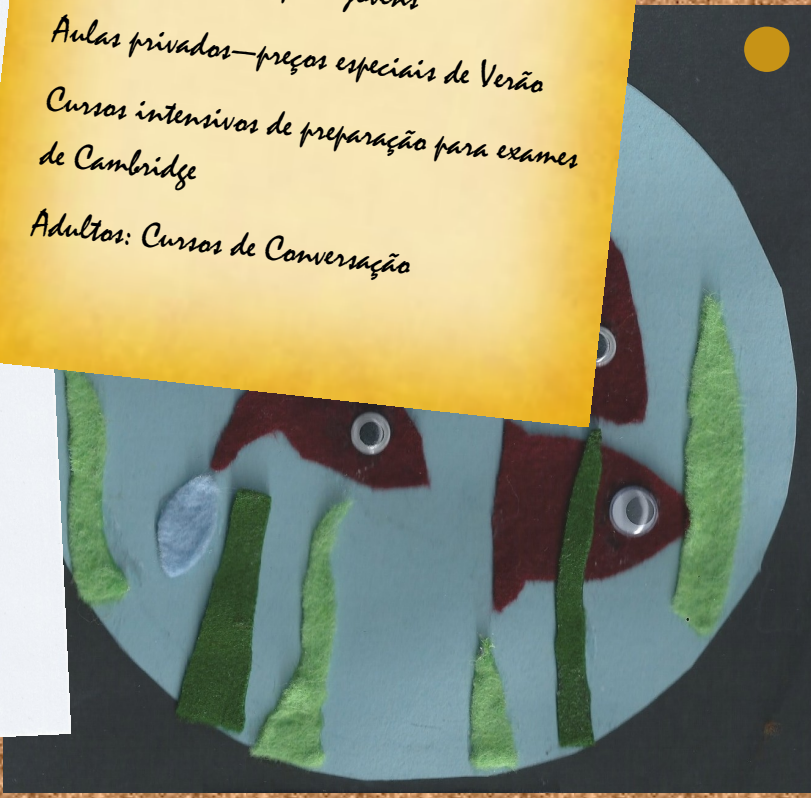
*Dia 1 de julho—dia 9 de agosto*

*Cursos intensivos para jovens*

*Aulas privadas—preços especiais de Verão*

*Cursos intensivos de preparação para exames de Cambridge*

*Adultos: Cursos de Conversação*



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**Ajuda para Disléticos**

Oferecemos uma abordagem multi-sensorial para disléticos, para apoiar as suas necessidades específicas de aprendizagem de Inglês.

Este programa personalizado inclui:

- Um teste de avaliação de conhecimentos para determinar o ponto de partida de um programa estruturado e multi-sensorial feito à medida do dislético.
- Aulas particulares com um professor especialista em dislexia.
- Estratégias para fortalecer a memória a curto prazo e sequenciamento.

Responsável pelo Apoio à Dislexia: Gaynor Doyle



**English Language Centre**



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